

PASTORAL FORMATION

Focus on opportunities for faith sharing, effective communication, collaboration and leadership skills development through:

Landings



St. Matthew's Cathedral is a certified Landings parish providing "a safe place to land" for Catholics seeking to participate more fully in the Catholic liturgy and sacraments. On Sundays starting October 1 through November 19, from 1:00 pm to 2:30 pm, a small group of Catholics gathers in an open nonjudgmental setting to ask questions about Christ and the Catholic Faith.

Small Groups

From time to time members from St. Matthew's choose a book for study and faith sharing on a weekly basis.

The Cathedral Book Club, led by Fr. Jack Hurley, meets on a bi-monthly basis on Monday evenings from 6:45pm to 8:00pm in the West Conference Room. Participants suggest upcoming book selections. *Benedict XVI: Last Testament* by Peter Sewald will be discussed on September 11.

◆ THE FAITH FORMATION COMMITTEE MISSION STATEMENT

The Faith Formation Committee is concerned with Christian education and spiritual enrichment of parishioners with activities designed, in the words of the Second Vatican Council's Declaration on Christian Education, to give clarity and vigor of faith; nourish a life lived according to the spirit of Christ; and lead to the proclamation of the Good News, to apostolic action and evangelization through words and deeds, and to knowing and active participation of the liturgy. All are welcome to attend the Committee's monthly meetings.

For information on specific events, visit our website at www.stmatthewscathedral.org or contact

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FAITH FORMATION 2017-2018



CATHEDRAL OF
ST. MATTHEW
THE APOSTLE

WASHINGTON, DC

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The Cathedral of St. Matthew the Apostle provides ongoing Faith Formation throughout the lifespan. Our Faith Formation opportunities can be grouped according to the four standards derived from the United States Conference of Catholic Bishops' document, *Co-Workers in the Vineyard of the Lord*. Please come and see!

SPIRITUAL FORMATION

Focus on opportunities to deepen one's understanding and experience of the liturgical life of the Church, schools of spirituality, and prayer through:

Advent and Lenten Days of Reflection

Advent and Lenten Days of Reflection are usually convened on the Saturday before the First Sunday of Advent, December 2 "*During Advent, God Unveils What Jesus' Dwelling Among Us Truly Means*" with Fr. Richard DeLillio, OSFS, from 10:00am to 3:00pm. We break for the 12:10pm Mass, followed by a luncheon that is provided. These seasonal days of reflection are led by Catholic ordained and laity, men and women recognized for their spiritual depth and ability to articulate their gifts through reflection and prayer.

The Pentecost Retreat

The Pentecost Retreat is an annual Saturday Day of Reflection, May 12, 2018 during the Novena for Pentecost. Primarily for adults preparing for the Sacrament of Confirmation on Pentecost Sunday, May 20. This retreat focuses on the spirituality of the Holy Spirit. All are invited to participate.

Spiritual Direction

Spiritual Direction is an ancient form of Christian listening, usually through one-on-one monthly conversations in which the person seeking spiritual direction shares something of his or her faith journey with another. Spiritual Direction is provided at St. Matthew's by Theresa Prymuszewski, who also provides referrals to other qualified spiritual directors in the area.

HUMAN FORMATION

Focus on opportunities to discover and understand one's gifts, strengths, special charisms, how to work well with others, and the virtues of Christian Missionary Discipleship through:

The Catechist Formation Process

The Catechist Formation Process extends itself to all adults desiring a deeper faith. Courses are taught throughout the year by Theresa Prymuszewski, an archdiocesan-approved instructor. Courses include: Living Catholic, Catechesis 101, Introduction to Scripture, Sacraments and Liturgy, Christian Morality, The Creed, and Prayer. The course on Prayer will be taught on 6 consecutive Thursdays starting October 12 through November 16.

INTELLECTUAL FORMATION

Focus on the opportunities to experience and deepen authentic Catholic theological understanding of the Creed, Sacraments, and Moral Teachings of the Catholic Church with the ability to articulate the substance of one's faith with others. Intellectual Formation is available through:

Sunday Children's Faith Formation

Sunday Children's Faith Formation meets Sunday mornings from 9:45 am to 11:00 am in St. Matthew's Education Center located at 1726 N Street, NW throughout the school year for children in Kindergarten through Grade 8. Parents are invited to participate in adult faith formation sessions led by Cathedral seminarians while children meet with trained Catechists.

Rite of Christian Initiation of Adults (RCIA)

RCIA is a process of spiritual, intellectual, and pastoral formation for unbaptized adults who would like to become Catholic, adult Christians baptized in another Christian tradition who wish to profess their faith as a Catholic Christian, and baptized adult Roman

Catholics who would like to complete their initiation in the Catholic Church through receiving their First Eucharist (First Holy Communion) and the Sacrament of Confirmation. RCIA meets on Wednesday from 7:00 pm to 9:00 pm in the North Conference Room. "Come and See"!

Saturday Bible Study

Saturday Bible Study provides an opportunity to explore the Sacred Scriptures within a community of faith, led by Fr. Jack Hurley on October 7 and 14, and November 4, 11, and 18 from 10:30 am to 11:45 am in the East Conference Room. Cake and coffee are provided. Many stay for the Saturday 12:10 am Mass.

Wednesday Evening Bible Study

Wednesday Evening Bible Study meets throughout the academic year on Wednesdays from 7:00 pm to 8:00 pm in the West Conference Room. Sessions are led by Cathedral seminarians and focus on the upcoming Sunday Bible Mass readings.

Seasonal Lectures are held in the fall and spring. These evening lectures address a variety of current and timeless topics to deepen our Catholic Faith. Dr. Susan Timoney from the Washington Archdiocese will lead 3 lectures on Pope Francis' *Amoris Laetitia (The Joy of Love) Post Synodal Apostolic Exhortation* on October 3, and 17 and November 7 at 7:00 pm in the North Conference Room.

Adult Confirmation Preparation invites adult baptized Catholics who have received their First Eucharist (First Holy Communion) to attend preparation sessions Thursday evenings: April 19, 26 and May 3 and 10 from 7:00 pm to 9:00 pm to prepare for the Sacrament of Confirmation. Attendance at the yearly Confirmation Retreat is also part of the process. The Sacrament of Confirmation for Adults is celebrated yearly on Pentecost Sunday, May 20, 2018.