

TODAY'S READINGS

Here I am," I said; "send me!" (Isaiah 6:8)
A commission is a special type of command. The person commissioning is not just ordering one task to be done; he or she is entrusting an entire project to another person. There's a lot of responsibility, but a lot of trust as well. It's an honor to receive a commission!

Today's first reading is focused on the commission that God gave to the prophet Isaiah. It began with a revelation of God's glory, which moved Isaiah to repentance. Repentance then brought a cleansing, and cleansing enabled him to hear and accept God's call.

While the details may differ, all of these ingredients—revelation, repentance, openness to God's call, and acceptance—are the foundation for every commission God gives to us. In today's Gospel, we see that Peter's commission contains similar elements. Read it carefully, and see if you can identify them.

Just before he ascended to heaven, Jesus gave his apostles—and all of us—something commonly referred to as the "Great Commission" (Matthew 28:16-20). He asks us to be involved in his mission of reaching the whole world with his message of mercy.

Do you believe that you have a God-given role to play in this Great Commission? Within your home, your parish, your school, at work, or in the market, God wants you to tell people the story of Jesus—by your words as well as by your personal witness. He wants you to make Jesus present.

This challenge is costly because it asks us to go beyond our comfort zones. It calls for courage and strength, discipline and fortitude.

Did Isaiah know how to witness when he said, "Here I am; send me"? Probably not. Did Peter and the other apostles know how to witness when Jesus told them to go out and evangelize the whole world? Hardly. So take heart—you're in excellent company!

"Here I am, Lord! Fill me, equip me, and send me."

Taken from *The Word Among Us*, January 2016, Vol. 35, Number 2: Used with permission.

THIS WEEK'S READINGS

Sunday 7	Is 6:1-8 / 1 Cor 15:1-11 / Lk 5:1-11
Monday 8	1 Kgs 8:1-7,9-13 / Mk 6:53-56
<i>Sts. Jerome Emiliani & Josephine Bakhita</i>	
Tuesday 9	1 Kgs 8:22-23,27-30 / Mk 7:1-13
Wednesday 10	Jl 2:12-18 / 2 Cor 5:20—6:2 / Mt 6:1-6,16-18
<i>Ash Wednesday</i>	
Thursday 11	Dt 30:15-20 / Lk 9:22-25
<i>Our Lady of Lourdes</i>	
Friday 12	Is 58:1-9 / Mt 9:14-15
Saturday 13	Is 58:9-14 / Lk 5:27-32
Sunday 14	Dt 26:4-10 / Rom 10:8-13 / Lk 4:1-13

LIVING LENT

Lenten Fast and Abstinence – Ash Wednesday (**February 10**) and Good Friday (**March 25**) are days of fast and abstinence. All Catholics who have reached their 18th birthday and are less than 60 years of age

are bound to observe the fast, by which they are limited to a single full meal during the course of the day. All Catholics who have reached their 14th birthday must observe days of abstinence, during which no meat may be eaten. Ash Wednesday, Good Friday and all Fridays of Lent are days of abstinence.

Catholic Relief Services Rice Bowl Program – Join our parish community and nearly 14,000

Catholic communities across the United States in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family's rice bowl after any Mass on **February 13-14** and download the CRS Rice Bowl app! Remember, what you give up for Lent changes lives.

Stations of the Cross – The Via Crucis is a journey made in the Holy Spirit, that divine fire that burned in the heart of Jesus (cf Lk 1:49-50) and brought him to Calvary. The Stations of the Cross, in the form adopted by Pope John Paul II, will be prayed in English on Fridays of Lent at 6pm, beginning on **February 12**, followed by a Simple Lenten Meal, and in Spanish on Sundays of Lent at 2:15pm. Join us for this beautiful devotion, so fitting for Lent.

Wednesday Evening Confessions – This Lent, all Catholic parishes in the Archdiocese of Washington and the Diocese of Arlington will offer confessions every Wednesday from 6:30 to 8pm. Confessions at St. Matthew's in English and Spanish will be heard from 6:30 to 8pm each Wednesday of Lent beginning **February 17**, in addition to our regular confessions (weekdays, 11am-Noon, Saturdays, 4-5pm, after the 1pm Spanish Mass on all Sundays of Lent except March 6).

PARISH CALENDAR

February 7 – 14

Sunday 7—A second collection for Cathedral maintenance is taken at all Masses.

Pancakes are served in the North Conference Room after Masses beginning at 9am.

Children's Faith Formation classes meet at 9:45am at the Education Center.

Las clases de Catequesis, Catecumenado y Catequesis

Familiar continúan a las 11:00 de la mañana.

Padre Rafael tendrá las confesiones después de la misa de 1 de la tarde.

RCIA dismissal is held at the 5:30pm Mass.

Monday 8—The Social Justice & Community Services

Committee meets at 6:45pm in the East Conference Room.

Tuesday 9—Legión de María se reúne a las 5:30 de la tarde hasta las 7 en el salón del Oeste.

The Stewardship Committee meets at 6:45pm in the East Conference Room.

El grupo de Oración se reúne a las 7 de la tarde en el salón de conferencias del Oeste.

Wednesday 10—Ash Wednesday. Masses are celebrated at 7, 8, and 11am, and 12:10, 1:15, 5:30 and 7pm (en español), with distribution of ashes at all Masses. **Cardinal Wuerl** is the celebrant at the 12:10pm Mass. No confessions are scheduled.

Stations of the Cross are prayed at 3pm.

El Vía Crucis se rezará (en español) a las 8pm.

RCIA meets at 7pm in the North Conference Room (newcomers welcome!).

Sacred Page, Sunday Scripture Reflections, meets at 7pm in the West Conference Room.

Thursday 11—The Faith Foundations Sacred Scripture class meets at 7pm in the North Conference Room.

Friday 12—**Stations of the Cross** are prayed at 6pm, followed by a Simple Lenten Meal served in the North Conference Room.

Saturday 13—A Lenten Morning of Recollection is held at 9am in the North Conference Room.

A Mass with Anointing of the Sick is celebrated at 12:10pm.

Sunday 14—First Sunday of Lent

Children's Faith Formation classes meet at 9:45am at the Education Center.

Las clases de Catequesis, Catecumenado y Catequesis

Familiar continúan a las 11:00 de la mañana.

Padre Rafael tendrá las confesiones después de la misa de 1 de la tarde.

El Vía Crucis se rezará (en español) a las 2:15 de la tarde.

Always God's Children meets in the West Conference Room at 3:30pm.

RCIA dismissal is held at the 5:30pm Mass.

FAITH IN ACTION

English as a Second Language for Adults

When? February 3 to April 29 (12 weeks)

Tuesday, Wednesday & Thursday
6:30 to 8:30pm

Where? St. Matthew's Education Center
1726 N Street, NW

How much? \$40

Students may register until February 18, in person on Tuesday, Wednesday, and Thursday evenings from 6pm to 8pm at St. Matthew's Education Center. Instruction is provided at Level 1 (Beginner) through Level 5 (Advanced). For more information, visit <http://www.stmatthewscathedral.org/outreach/clases-de-ingles-english-language-classes> or contact Dan Horning at stmattsssl@gmail.com.

Spring Semester of Spanish as a Second Language for Adults – The 12-week spring

semester runs from **February 3 to April 29**.

Classes will be held on Tuesday, Wednesday, and Thursday evenings, 6:30 - 8:30pm. Instruction will be provided at Levels 1 to 3. Students registering for Levels 2 and 3 instruction need prior approval of the Level 2 lead instructor and priority registration. **Priority registration will be given to St. Matthew's parishioners who are currently involved in a ministry.** Students may register in person on class nights between 6 and 8pm at St. Matthew's Education Center, 1726 N Street, NW. The cost is \$80. For more information, contact Dan Horning at stmattsssl@gmail.com.

Housing Those in Need – Friendship Place and Catholic Charities are looking for landlords and property owners who are willing to rent rooms or apartments to their participants. If you can help, please call Sal Corbin of the Home Now program at Friendship Place at 202-997-1666.

VOCATIONS

Day of Recollection – *Bearing Witness to Hope Living in the Light of Eternity* is the theme of The Blessed Teresa of Calcutta Vocation Society's day of recollection led by Fr. Carter Griffin on Saturday, **February 13**, 9:30am to 2pm, at the Church of the Annunciation. RSVP to Maris Moriarty at moriatym@adw.org or 202-632-9020.

FAITH FORMATION

Adult Confirmation Preparation – Each spring during the Easter Season, St. Matthew's offers adult Confirmation preparation for active, baptized Catholics who have already received their First Eucharist. Preparation includes four Thursday evenings (April 14, 21, 28 & May 5) and one Saturday (May 7). The celebration of adult Confirmation in 2016 is at a special Mass on Pentecost Sunday, **May 15**. Registration forms are available on the parish website. Register by **April 11**.

Bible Study on Letter to the Romans – Explore St. Paul's Letter to the Romans during this Year of Mercy. Fr. Jack Hurley will lead this study on Saturdays from 10:30 to 11:45am: **February 20** (Intro); **February 27** (Justification by Faith); **March 5** (God's Love); **March 12** (New Life in the Spirit); **March 19** (Israel in God's Plan). Class will meet in the East Conference Room (February 27 in the North Conference Room).

Sacred Page - Read, Reflect, Pray – Our Cathedral seminarians lead this weekly study of Scripture readings for the upcoming Sunday each Wednesday evening from 7 to 8pm in the West Conference Room.

Archdiocese of Washington, My Catholic Faith Delivered-Faith Foundations Sacred Scripture Course at St. Matthew's – This 6-week course will be offered from 7 to 9pm on Thursdays, **February 11, 18, 25, and March 3, 10 & 17**. The cost is \$29; a discount is offered to those who plan to take the course for a certificate. Register by contacting Theresa Prymuszewski (contact info below).

To follow up on the following ongoing items, contact Theresa Prymuszewski, Pastoral Associate for Faith Formation, at 202-587-5139 or tprymuszewski@stmatthewscathedral.org.

RCIA Call for Sponsors – We are blessed with a growing number of Inquirers who need sponsors. Would you like to explore being a sponsor?

Spiritual Direction – St. Matthew's provides and refers interested persons to qualified spiritual directors.

Sharing Area Events – St. Augustine Catholic Church screening of *Slavery By Another Name*, 2:45pm on Sunday, **February 14**; discussion of *The New Jim Crow: Mass Incarceration in an Age of Colorblindness* at 6:15pm on Monday, **February 15**. For more information, email maceda@aol.com or call 202-361-0501.

Live Jesus! 2016 - A morning of Salesian reflection, fellowship and prayer on **March 5**, sponsored by the Oblates of St. Francis de Sales, at Our Lady of Good Counsel (Vienna, VA)

JUBILEE YEAR OF MERCY



Fifth Sunday in Ordinary Time – During the upcoming Season of Lent, we take a good look at our lives, and see how we have fallen short in showing God's love to the world around us. It's a season for taking stock. Examine how you're faring in your relationships with your husband

or wife, with your kids, or with your parents. Take a look at how you spend your time and how you spend your money. Of course, we're going to become aware of all the ways that our lives have gone off the track. But for me, the really big question is: How can I do better? How can I get my life back on track?" *Listen to the rest of this reflection from Fr. Frank Wright at mercy.adw.org.*

NEWS AND NOTES

Interested In Becoming a Lector? – An orientation and training session for prospective lectors at the Cathedral will be held Saturday, **February 20** in the North Conference Room from 9:30am to 1pm. We welcome registered parishioners and our "weekday parishioners"—members of other parishes who work downtown and attend weekday Masses at the Cathedral. Attendees also will be asked to audition in the Cathedral at a later date. Candidates who are invited to become lectors will be asked to commit to reading at Mass at least twice each month. To register for the session, call the Rectory at 202-347-3215 x517 by Thursday, **February 18**.

Bring Your Old Palms – Please bring your old palms to the Sacristy and give them to the Sacristan. They will be used to prepare ashes for Ash Wednesday. If the Sacristan is unavailable or the Sacristy is closed, please place the palms in the basket outside the Sacristy door.

Annual Jubilarian Mass – This year's Jubilarian Celebration of marriage honoring couples married 25, 30, 35, 40, 45, 50 and 51+ years will be held Sunday, **June 19** at 2pm at the Basilica of the National Shrine of the Immaculate Conception. Cardinal Wuerl will preside at the Mass. Call 202-587-5143 to **register by Friday, April 1**.

LECTURAS DE HOY

En el Evangelio de hoy vemos que, ante la orden de Jesús, Simón Pedro echó las redes al mar y sacó una increíble cantidad de peces. Simón se quedó atónito, porque hasta entonces no había pescado nada. Viendo tan patente milagro, se dio cuenta de que estaba delante del Señor y cayó de rodillas arrepentido. Pero Jesús le dijo: “No temas; desde ahora serás pescador de hombres.”

El profeta Isaías tuvo la misma reacción cuando tuvo una visión del Señor y se sintió lleno de miedo: “Ay de mí, estoy perdido, porque soy un hombre de labios impuros... porque he visto con mis ojos al Rey y Señor de los ejércitos” (Isaías 6, 5). Pero un ángel le tocó los labios con una brasa del altar y lo purificó de toda culpa. Luego, el profeta escuchó que el Señor decía: “¿A quién enviaré? ¿Quién irá de parte mía?” Sin dudarle un instante, Isaías exclamó: “Aquí estoy, Señor, envíame” (6, 8).

Dios está deseoso de enviar a cada uno de nosotros como envió al profeta Isaías y al apóstol Pedro. Si estamos dispuestos a recibir el amor del Señor, también escucharemos su llamada al discipulado; nos reconoceremos indignos de semejante honor, pero también sabremos que, si somos fieles, podemos recibir el poder del Espíritu Santo para interceder, perdonar y anunciar el Evangelio.

A medida que crezcamos en unión con Cristo, también creceremos en amor a Dios y estaremos dispuestos, como Isaías y Pedro, a dejarlo todo para seguir al Señor. No tengamos miedo de ser humildes delante de Dios ni de recibir la misión que él quiera darnos. No se trata de salir a la calle a predicar, sino de aprovechar las oportunidades que tengamos, en las conversaciones normales, de dar a entender o decir abiertamente que creemos en Cristo y que él nos ha cambiado la vida. No hay honor más grande que ser siervo del Señor, enviados a “pescar” almas para su Reino.

“Señor Jesús, purifícame del pecado y lléname de tu poder mediante tu presencia. ¡Aquí estoy, Señor! ¡Envíame, con tu poder, a propagar tu Reino! Enséñame a pronunciar tu palabra y demostrar tu amor a los demás.”

”Escogida con el permiso de la Palabra Entre Nosotros. Vol 35, Numero 2; enero – febrero 2016.

LECTURAS DE LA SEMANA

Domingo 7	Is 6:1-8 / 1 Cor 15:1-11 / Lc 5:1-11
Lunes 8	1 Re 8:1-7,9-13 / Mc 6:53-56
<i>San Jerónimo Emiliani y Santa Josefina Bakhita</i>	
Martes 9	1 Re 8:22-23,27-30 / Lc 7:1-13
Miércoles 10	Jl 2:12-18 / 2 Cor 5:20—6:2 /
<i>Miércoles de Ceniza</i>	Mt 6:1-6,16-18
Jueves 11	Deut 30:15-20 / Lc 9:22-25
<i>Nuestra Señora de Lourdes</i>	
Viernes 12	Is 58:1-9 / Mt 9:14-15
Sábado 13	Is 58:9-14 / Lc 5:27-32
Domingo 14	Deut 26:4-10 / Rom 10:8-13 / Lc 4:1-13

MASS INTENTIONS

INTENCIONES DE MISAS

February 7 – 14

Sunday, February 7

5:30pm Vigil (February 6) – Sara Brady
 7am – Yoshimi Yoshida
 8:30am – All Parishioners
 10am – Rev. Gerald Stockhausen, S.J.
 11:30am – Emil J. Broada
 1pm – Edmundo Castillo
 5:30pm – Sue Cykowski

Monday, February 8

7am – Special Intention JA & V
 (living)
 8am – Anthony Zbier
 12:10pm – Benjamin Gruber
 5:30pm – Paul McGuinness, Jr.

Tuesday, February 9

7am – Conchita Picciotto
 8am – Beverly Fleming (living)
 12:10pm – Paul McNerny
 5:30pm – Jose Miguel Quintana

Wednesday, February 10

7am – Jerome La Vere
 8am – Rev. Edward Glynn, SJ
 11am – Cándido Menjivar
 12:10pm – Mary Alice O'Connor
 1:15pm – Ofie Vitek (living)
 5:30pm – Kanen Cox
 7pm – Melanie Aybar

Thursday, February 11

8am – Martin De León (living)
 12:10pm – Panos Lagos
 5:30pm – Richard Weaver

Friday, February 12

8am – Victor Hugo Barahona (living)
 12:10pm – Sandy Payne
 5:30pm – Cándido Menjivar

Saturday, February 13

5:30pm – Phil Theodosiou

Sunday, February 14

7am – Juan & Consuelo Pardo de Figueroa
 8:30am – Stanley & Kathleen Mackun
 10am – All Parishioners
 11:30am – Edward Hudak
 1pm – Carmen Pavelo
 5:30pm – Ariano Felice & family

NOTICIAS DE LA PARROQUIA

Traigan sus Ramos – Por favor traigan sus ramos del previo Domingo de Ramos a la Sacristía y entrégueñlos al sacristán. Los ramos serán usados para preparar las cenizas para el Miércoles de Ceniza. Si el sacristán no está o si la Sacristía está cerrada, los ramos se pueden dejar en la canasta que está colocada afuera de la Sacristía en la Capilla Matrimonial.

Ayunar – Miércoles de Ceniza (**10 de febrero**) y Viernes Santo (**25 de marzo**) son días de ayuno y abstinencia. Los católicos que ya llegaron a los 18 años de edad, pero que son menores de 60 años, están obligados al ayuno, que consiste en una sola comida completa durante el día. Todos los católicos que han cumplido 14 años están obligados a los días de abstinencia en los cuales no se debe de comer carne. Miércoles de Ceniza, Viernes Santo y todos los viernes de Cuaresma son días de abstinencia.

Unción de los Enfermos – Se celebrará una misa bilingüe de Unción de los Enfermos en la Catedral el **13 de febrero** a las 12:10 del mediodía. La registración previa es requerida para nosotros asistirle mejor. Hoy encontrara en el boletín el formulario para inscribirse.

Catholic Relief Services programa de plato de arroz – Únase a nuestra comunidad parroquial y a casi 14,000 comunidades católicas en los Estados Unidos en una jornada de Cuaresma que cambia vidas con el programa Plato de Arroz de CRS. Consiga el Plato de Arroz para su familia el **13 y 14 de febrero**, ¡y no se olvide descargar la aplicación de Plato de Arroz de CRS! Recuerde, sus sacrificios de Cuaresma cambian vidas.

Via Crucis – El Vía Crucis, revisado por el Papa Juan Pablo II, se rezará en inglés los viernes a las 6 de la tarde y en español los domingos a las 2:15 de la tarde durante la Cuaresma. Les invitamos a unirse a nosotros en esta devoción cuaresmal.



Confesiones los Miercoles de Cuaresma – En este tiempo de Cuaresma, la Catedral de San Mateo tendrá confesiones disponibles los miércoles de Cuaresma de 6:30 a 8 de la noche comenzando el **17 de febrero**, tendremos confesiones en inglés y español, exceptuando el Miércoles de Ceniza y Miércoles Santo, además del horario regular de confesiones (lunes-viernes, 11-12; sábados 4-5 de la tarde y todos los domingos de Cuaresma después de la Misa de 1:00 de la tarde en español menos el 6 de marzo).

Día de Retiro – Todos los miembros de la comunidad Hispana, están invitados a una mañana de retiro espiritual, el sábado **20 de febrero** de 9:30 de la mañana a 4 de la tarde. Salón de conferencias del Norte.

Clases de inglés como segundo idioma para adultos

¿Cuándo? **3 de febrero a 29 de abril** de 2016
(12 semanas) martes, miércoles y jueves por la tarde de 6.30 a 8.30

¿Dónde? St. Matthew's Education Center
1726 calle N, NW

¿Cuánto? \$40

Los estudiantes pueden matricularse en persona, los martes, miércoles o jueves en la tarde entre las 6:00 y las 8:00 de la noche, en el St. Matthew's Education Center. Las clases de inglés serán impartidas desde el Nivel 1 (principiante) hasta el Nivel 5 (avanzado). Los estudiantes se podrán inscribir hasta el 18 de febrero. Para más información, por favor visite <http://www.stmatthewscathedral.org/outreach/clases-de-ingles-english-language-classes> o póngase en contacto con Dan Horning al stmattsesl@gmail.com.

Grupo de Oración – El grupo de oración se reúne los martes a la 7:00 de la tarde en el salón de conferencias del Oeste. El objetivo del grupo es profundizar nuestra fe por medio de las Sagradas Escrituras. El grupo de Oración tendrá charlas programadas a través del año. El Tema es: **"La Profesión de la Fe."** La próxima charla: **El Padre**, será el martes **23 de febrero** y padre **Mariano Vicchi, IVE** será la invitada especial.

Misa de Jubileo Matrimonial 2016 – El Cardenal Wuerl estará presidiendo la misa anual de Jubileo Matrimonial para conmemorar a las parejas que están celebrando 25, 30, 35, 40, 45, 50 o más años de matrimonio el domingo **19 de junio** del 2016 en la Basílica de la Inmaculada Concepción a las 2:00 de la tarde. Para registrarse llame a la rectoría al 202-347-3215, **a más tardar el viernes 1 de abril**.

Declaración de Contribución de Fin de Año – En un esfuerzo por ir "verde", las declaraciones de contribución de fin de año estarán disponibles a petición. Si desea un resumen de contribución del año 2015, por favor llame a Gloria Harrington al 202-347-3215 x517 o envíe un correo electrónico a gharrington@stmatthewscathedral.org. Gracias por su contribución.

Cathedral of St. Matthew the Apostle

Simple Lenten Meals

SOUP * BREAD * WATER



Every Friday during Lent
Following the 5:30pm Mass & the 6:00pm Stations of the Cross
North Conference Room

PRAYER

The Social Justice Committee invites you for fellowship and reflection during this time of Lent. Join us every Friday, following the evening Mass and Stations of the Cross.

The Meals begin at about 6:30pm.

FASTING

Different groups from various parish ministries will prepare and serve a simple meal of meatless soup, bread, and water.

ALMSGIVING

Charitable organizations will be invited to present on their mission and the services they provide to our neighbors in need. The donations that will be collected during every meal will be offered to that evening's presenter.

For more information on this year's participants, please visit: www.stmatthewscathedral.org

February 12

Catholic Relief Services

*Assisting the poor and vulnerable overseas
& supporting hunger relief programs in the USA.*

Meal Provider:

Social Justice & Community Service Committee

February 19

Courtney's House

*Helping victims escape human trafficking
and find a new life.*

Meal Provider: Cathedral Young Adults

February 26

Northwest Center

*Supporting mothers through their pregnancy center
and maternity home.*

Meal Provider: Knights of Columbus

March 4

L'Arche Community

*Offering a home for adults with
intellectual disabilities.*

Meal Provider: RCIA Catechumens

March 11

Project Rachel

*Providing compassionate ministry for spiritual,
emotional, and psychological healing after abortion.*

Meal Provider: Hispanic Community

March 18

Little Sisters of the Poor

Religious sisters caring for the elderly poor.

Meal Provider: Liturgy Committee

Catedral de San Mateo Apóstol
Cenas Simples de Cuaresma
SOPA * PAN * AGUA



Cada viernes durante la Cuaresma
Siguiendo la Misa de las 5:30 de la tarde & el Vía Crucis de las 6:00 de la tarde
Salón de Conferencias del Norte

ORACIÓN

El Comité de Justicia Social los invita a compartir y reflexionar durante este tiempo de Cuaresma. Únase a nosotros cada viernes, siguiendo la Misa de la tarde y el Vía Crucis. La Cena comienza a las 6:30.

AYUNO

Diferentes grupos de varios ministerios de la parroquia prepararán y servirán una cena simple de sopa sin carne, pan y agua.

DAR LIMOSNA

Organizaciones caritativas serán invitadas a presentar sobre su misión y los servicios que proveen a nuestros vecinos en necesidad. Las contribuciones que se recogerán durante cada cena serán donadas a los presentadores de esa tarde.

Para más información sobre los participantes de este año, por favor visite:
www.stmatthewscathedral.org

12 de febrero

Catholic Relief Services

Ayudando a los pobres y vulnerables en el extranjero & apoyando a programas de alivio del hambre en los EEUU.

Proveedor de la Cena:

Comité de Justicia Social y Servicio Comunitario

19 de febrero

Courtney's House

Ofreciendo ayuda y escape a víctimas del tráfico humano.

Proveedor de la Cena:

Jóvenes Adultos de la Catedral

26 de febrero

Centro Northwest

Ofreciendo apoyo a madres mediante su centro de embarazo y hogar de maternidad.

Proveedor de la Cena: Caballeros de Colón

4 de marzo

Comunidad de L'Arche

Proporcionando un hogar para adultos con discapacidades intelectuales.

Proveedor de la Cena:

Catecúmenos de RICA

11 de marzo

Proyecto Raquel

Ofreciendo apoyo compasivo para la sanación emocional, espiritual y psicológico después de un aborto.

Proveedor de la Cena:

Comunidad Hispana

18 de marzo

Little Sisters of the Poor

Hermanas religiosas que cuidan a ancianos pobres.

Proveedor de la Cena: Comité de Liturgia

Sacrament of the Anointing of the Sick
A Celebration of Mercy
February 13 at 12:10pm Mass

Of the seven sacraments, the Church classifies two of them as the sacraments of healing: Reconciliation (often known as Confession) and Anointing of the Sick. Each of them involves healing the human person; one for our spiritual health and the other for our physical well-being. How these sacraments have been practiced in the life of the Church has differed over time. This brief summary is about the anointing of the sick. Historically, oil was widely used in the ancient world for a variety of life purposes: lighting, cooking, athletic preparation, special marking and especially healing wounds. So, it is not surprising that the New Testament includes reference to the use of oil, once in Mark's gospel and another in a letter of the apostle, James.

In the life of the early church, the common use of oil for healing was given a special blessing by the bishop to call upon God's power for the benefit of the sick. During the early centuries, the application of the blessed oil could be done by any of the baptized faithful, since it was primarily for the healing of physical defects. In later centuries, it began to be associated with the dying to heal the soul before death, especially as it was done concurrent with one's last confession. During these later centuries, this concurrent use of both sacraments led to limiting the sacramental anointing to those who were ordained, in particular, the priest.

All sacraments are for the benefit of the individual, but we are all members of the Body of Christ. So, when one member of the body is afflicted, so is the whole body. And as the physical body makes an effort to assist healing the afflicted part, so also the spiritual body is involved in healing the injured member. To reflect this theology, the Church encourages this sacrament to be administered as much as possible in a public way, even if administered in a hospital or nursing home. So, the sacramental ritual provides for celebrating the anointing as part of a community liturgy, such as Mass, much as we do for baptisms, first communions, and the other sacraments.

Moreover, the renewed rite now is more inclusive of who can be anointed. The anointing can be administered to: children and adults about to undergo or are recovering from surgery; those experiencing or being treated for a serious physical or mental illness; those who are physically handicapped; and those seriously impaired by old age."

At St. Matthew's, our communal celebration is being celebrated proximate to the feasts of Our Lady of Lourdes who is particularly associated with the sick. It is celebrated in bi-lingual form to enable our Hispanic parishioners to participate in this special semi-annual sacramental celebration. **See the reverse side of this for the form to participate in the anointing.**

"If anyone of you is ill, he should send for the elders of the church, and they must anoint him with oil in the name of the Lord and pray over him." (James 5: 14)

Deacon Bart Merella

Sacrament of Anointing the Sick
Bilingual Mass – 12:10pm – Saturday, February 13

Participation Form

“If anyone of you is ill, he should send for the elders of the church and they must anoint him with oil in the name of the Lord and pray over him.” (James 4: 14)

Who Can Be Anointed. Faithful who may receive this sacrament should be: children and adults about to undergo or are recovering from surgery; those experiencing or being treated for a serious physical or mental illness; those who are physically handicapped; and those seriously impaired by old age.

Those who would like to receive this sacrament or know someone who may wish to be contacted about receiving the sacrament, please enter the information below.

Print Name: _____

Print Email: _____

Phone Number: _____

Please leave this completed form with a hospitality minister (usher) at Mass or at the rectory office. If further information is needed, please contact Deacon Clayton Nickel (deaconnickel@me.com).

I encourage all parishioners to join in this communal celebration of this sacrament and encourage as many as possible to receive the special sacramental anointing.

Rev. Msgr. W. Ronald Jameson
Rector

Sacramento de la Unción de los Enfermos
Una Celebración de Misericordia
13 de Febrero. Misa a las 12:10 del mediodía

De los siete sacramentos, la Iglesia clasifica dos de ellos como sacramentos de sanación: Reconciliación (conocido como la Confesión) y la Unción de los Enfermos. Cada uno de ellos envuelve el sanar a la persona humana; uno por la salud espiritual y el otro por nuestro bienestar físico. Como se han practicado estos sacramentos en la vida de la Iglesia, ha diferido en tiempo. Este breve resumen es acerca de la unción de los enfermos. Históricamente, el aceite se usaba bastante en el mundo antiguo para una variedad de intenciones: cocinar, iluminar, preparación de los atletas, marcas especiales y sanación de heridas especiales. Por tanto no es sorprendente que el Nuevo Testamento incluya referencias del uso del aceite, una vez en el Evangelio de Marcos y otra en la carta del Apóstol Santiago.

En la vida de los primeros tiempos de la iglesia, era común el uso del aceite para la sanación; el obispo daba una bendición especial que invocaba a Dios por el beneficio del enfermo. Durante los primeros siglos, la aplicación del aceite bendecido, podía ser hecho por cualquier bautizado, ya que era principalmente para la sanación de defectos físicos. Después, empezó a ser asociado con el moribundo para sanar su alma antes de la muerte, especialmente si se hacía junto con la última confesión. Durante estos últimos siglos, este uso de ambos sacramentos, se llegó a limitar solo para aquellos que han sido ordenados, en particular, el sacerdote.

Todos los sacramentos son para beneficio individual, pero todos somos miembros del Cuerpo de Cristo. Por tanto cuando un miembro del cuerpo está afligido, también está el resto del cuerpo. Así como el cuerpo físicamente hace un esfuerzo para sanar la parte dolida, también el cuerpo espiritual, se une en la sanación del miembro injuriado. Reflexionando esta teología, la Iglesia anima que este sacramento se ofrezca lo más posible de una forma pública, aún si se hace en un hospital o casa de hospicio. Así el ritual del sacramento provee la celebración de la unción como parte de una liturgia en comunidad, como la misa, y como hacemos por los bautismos, primeras comuniones, y los otros sacramentos.

Además de eso, el rito es ahora más inclusivo de quien puede ser ungido, no importa la edad. La unción puede ser administrada a: niños o adultos que se preparan o están recuperándose de una cirugía; aquellos que están siendo tratados por enfermedades físicas o mentales; aquellos que están físicamente incapacitados; y aquellos que están seriamente debilitados por la edad.

En San Mateo, nuestra celebración comunal del sacramento de la unción se ofrece cerca a la fiesta de Nuestra Señora de Lourdes, que está relacionada con los enfermos. La celebración es bilingüe, para que la comunidad hispana pueda participar también. **Vean atrás de la hoja el formulario para participar en la unción del sacramento.**

“Si alguno de ustedes está enfermo, llamen a los sacerdotes de la iglesia, para que les unja con el aceite en el nombre de Dios y recen sobre él.” (Santiago 5:14)

Díacono Bart Merella

Sacramento de la Unción de los Enfermos
Misa Bilingüe – 12:10 del mediodía, sábado 13 de Febrero

Formulario para Inscribirse y Participar

“Si alguno de ustedes está enfermo, llamen a los sacerdotes de la Iglesia, para que les unja con el aceite en el nombre de Dios y recen sobre él.” (Santiago 4:14)

Quienes Pueden Ser Ungidos Los fieles que pueden recibir este sacramento deben ser: niños y adultos que vayan a tener una cirugía o se están recuperando de la cirugía; aquellos que están siendo tratados por enfermedades físicas o mentales; aquellos que están físicamente incapacitados y aquellos que están seriamente debilitados por la edad.

Para aquellos feligreses que deseen recibir este sacramento o saben de otros feligreses que quisieran ser contactados para recibir el sacramento, por favor, rellenen el formulario que se les provee.

Nombre-----

Email-----

Teléfono-----

Por favor, deje el formulario completo con un ministro de la hospitalidad antes o después de la misa o en la oficina de la rectoría.

Animo a todos los feligreses que se unan en esta celebración comunal de este sacramento y animo a muchos de ellos a que reciban este sacramento especial de la unción.

Rev. Mons. W. Ronald Jameson

Rector

Lenten Morning of Reflection

A JESUIT INSIGHT INTO POPE FRANCIS' IMAGE OF MERCY

WHEN:

Saturday, February 13 from 9:00am – 12:00pm

WHERE:

St. Matthew's Cathedral
North Conference Room
1725 Rhode Island Avenue, NW
www.stmatthewscathedral.org

*Two blocks north of the Farragut North Metro station,
four blocks north of the Farragut West Metro station.*

DIRECTED BY:

Rev. Timothy P. Kesicki, S.J.



Father Timothy P. Kesicki, S.J. is the President of the Jesuit Conference of the United States. In this position, Fr. Kesicki coordinates the national work of the Society of Jesus, the largest order of priests in the Roman Catholic Church. Prior to leading the Jesuit Conference, he served as the Provincial of the Chicago-Detroit Province of the Society of Jesus.

Fr. Kesicki first met the Jesuits when he was an undergraduate at John Carroll University in Ohio, where he studied political science. During his Jesuit formation, he studied at Loyola University, Chicago, and at the Jesuit School of Theology at Santa Clara University in Berkley, CA. After his ordination in 1994, his first mission was with Jesuit Refugee Services in Adjumani, Uganda. Most of his apostolic ministry has been in secondary education. A native of Erie, PA, he enjoys skiing, cycling and playing the piano. For the past year, Fr. Kesicki has been a visiting presider at St. Matthew's for daily and Sunday Masses, and also led the Meditations for the Seven Last Words for the Cathedral's Good Friday Services in 2015.



Sponsored by the Cathedral's Faith Formation Committee. All are invited to this event, free of charge.

For more information, please contact Theresa Prymuszewski, Pastoral Associate for Faith Formation, at tprymuszewski@stmatthewscathedral.org or at 202-587-5139.

BLACK AND CATHOLIC: FAITH-FILLED CITIZENS

In honor of Black History Month, please join us for this exploration of the spirituality and social action of Black Catholics and Catholic Social Teaching.

WHEN:

Tuesday, February 16 from 7:00 – 8:30pm

WHERE:

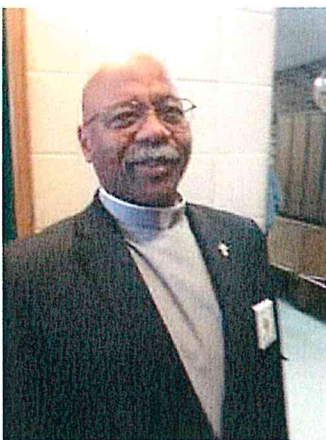
St. Matthew's Cathedral
North Conference Room
1725 Rhode Island Avenue, NW
www.stmatthewscathedral.org

*Two blocks north of the Farragut North Metro station,
four blocks north of the Farragut West Metro station.*



PRESENTED BY:

Deacon Al Douglas Turner, MTS



Deacon Al Turner is the former director of the Office of Black Catholics. He was ordained a permanent deacon for the Archdiocese of Washington in 2000 and is currently assigned to St. Joseph Catholic Church in Largo, MD. He received a Graduate Certificate in Spiritual Direction from the Washington Theological Union in 2006, and earned a Master of Theological Studies from that same institution in 2007.

Deacon Turner was appointed to the Maryland Catholic Conference Respect Life Committee by Donald Cardinal Wuerl. He volunteered at the Northwest Center from 1999 to 2002 and was a member of its Board of Directors from 2002 until 2011. He was also a member of the Board of Trustees of the Loyola Retreat House from 2003 to 2011 and is a member of the Board of Directors of the Mother Lange Guild.

Sponsored by the Cathedral's Faith Formation Committee. All are invited to this event, free of charge.

For more information, please contact Theresa Prymuszewski, Pastoral Associate for Faith Formation at tprymuszewski@stmatthewscathedral.org or at 202-587-5139.