

## Today's Readings

**B**rothers and sisters, whether you eat or drink, or whatever you do, do everything for the glory of God. (1 Corinthians 10:31)

Ash Wednesday is this week. While some of us are keen to begin Lent, some may feel disheartened at the prospect of keeping their Lenten resolutions. If this is you, don't worry. Paul's words have come at just the right time. Not only is this verse encouraging, but it's a fitting theme for Lent—something you can return to again and again for inspiration and direction.

*Brothers and sisters.* First, remember that you won't be embarking on this journey alone. You are swept up into a vast family called the Church. This multitude will be walking arm in arm with you as you follow Jesus on his road to the cross. You can always call on these traveling companions for encouragement and support in prayer. What's more, you can always ask your Father to send down reinforcements of grace if the going gets tough!

*Whether you eat or drink, or whatever you do.* Remember, the kingdom of God isn't a matter of eating and drinking (Romans 14:17). Neither is it a matter of not eating and drinking. So don't get hung up on the details of your resolution. And don't worry if you slip up every now and then. Instead, keep your focus on your love for Jesus. Running errands. Doing laundry. Caring for a spouse. Even fasting. These can all become opportunities to let your love for God work itself outward into every nook and cranny of your life.

*Do everything for the glory of God.* If you're still feeling unsure about Lent, cling to the motto of St. Ignatius of Loyola: "For the greater glory of God." God is shown to be glorious when his children offer their daily tasks to him and find happiness in glorifying him. This is the heart of Lent: putting aside temporary pleasures in order to become satisfied in God.

*"Lord, here's all my life—for your glory."*

Taken from *The Word Among Us*, January/February 2018 Vol. 37, Number 2: Used with permission.

## This Week's Readings

<b>Sunday 11</b>	Lev 13:1-2,44-46 / 1 Cor 10:31—11:1 / Mk 1:40-45
<b>Monday 12</b>	Jas 1:1-11 / Mk 8:11-13
<b>Tuesday 13</b>	Jas 1:12-18 / Mk 8:14-21
<b>Wednesday 14</b>	Jl 2:12-18 / 2 Cor 5:20—6:2 / Mt 6:1-6,16-18
<i>Ash Wednesday</i>	
<b>Thursday 15</b>	Dt 30:15-20 / Lk 9:22-25
<b>Friday 16</b>	Is 58:1-9 / Mt 9:14-15
<b>Saturday 17</b>	Is 58:9-14 / Lk 5:27-32
<i>The Seven Holy Founders of the Servite Order</i>	
<b>Sunday 18</b>	Gn 9:8-15 / 1 Pt 3:18-22 / Mk 1:12-15

## Parish Calendar

February 11 - 18

**Sunday 11**—A Pancake Breakfast is held in the North Conference Room after Masses beginning at 9am.

Children's Faith Formation classes meet at 9:45am at St. Matthew's Education Center.

Las clases de Catequesis, Catecumenado y Catequesis Familiar continúan a las 11 de la mañana.

Landings meets at 1pm at the rectory office.

**Obispo Mario Dorsonville** será el celebrante de la misa de 1:00 de la tarde orando por Venezuela.

Always God's Children meets in the West Conference Room at 3:30pm.

The RCIA Rites of Sending and Dismissal are held at the 5:30pm Mass.

**Tuesday 13**—El grupo de Oración se reúne a las 7 de la tarde en el salón de conferencias del Oeste.

**Wednesday 14**—**Ash Wednesday.** Masses are

✠ celebrated at 7am, 8am, 11am, 12:10pm (Cardinal Donald Wuerl), 1:15pm,

5:30pm and 7pm (en español), with distribution of ashes at all Masses. No confessions are scheduled.

**Stations of the Cross** are prayed at 3pm.

**El Vía Crucis** se rezará (en español) a las 8pm. RCIA meets in the North Conference Room at 7pm.

Sacred Page, Sunday Scripture Reflections, meets in the West Conference Room at 7pm.

**Thursday 15**—The Knights of Columbus meet in the West Conference Room at 7:30pm.

**Friday 16**—**Stations of the Cross** are prayed at 6pm, followed by a Simple Lenten Meal served in the North Conference Room.

**Saturday 17**—The Bible study of the Gospel of Mark meets at 10:30am in the East Conference Room.

Light the City with **Cardinal Donald Wuerl** is held at 8pm in the Cathedral.

**Sunday 18**—First Sunday of Lent

The 100th Anniversary of the Independence of Lithuania is celebrated at the 10am Mass.

Children's Faith Formation classes do not meet. Las clases de Catequesis, Catecumenado y Catequesis Familiar continúan a las 11 de la mañana.

Landings meets at 1pm at the rectory office.

**El Vía Crucis** se rezará (en español) a las 2:15 de la tarde.

Cathedral Coffeehouse meets after the 5:30pm Mass in the West Conference Room.

## Faith Formation

**RCIA Rite of Sending** – At this Sunday's 5:30pm Mass our catechumens (preparing for baptism, Confirmation and the Eucharist) and candidates (preparing for Confirmation and the Eucharist) will symbolically "be sent" to the next step in their initiation journey of faith. On Sunday, **February 18** our RCIA catechumens and candidates will be presented to **Cardinal Donald Wuerl** for the RCIA Rite of Election and Continuing Conversion at the Basilica of the National Shrine. Please pray for all in our RCIA process as they walk their journey of faith.

**Cathedral Book Club** – All are welcome on Monday, **March 12** when the Book Club meets from 6:45 to 8pm in the West Conference Room to discuss *The Ninth Hour*, the recent novel of acclaimed local Catholic writer, Alice McDermott. Set in Brooklyn in the early 20<sup>th</sup> century with the focus on an aging nun, the story is described as "testing the limits and the demands of love and sacrifice, of forgiveness and forgetfulness, even across multiple generations." The title recalls the Scriptural timing of the death of Christ on the Cross.

**Returning and Inactive Catholics – Welcome!** – If you are a Catholic who has been away, we invite you to be an active part of us again. Landings is an 8-week series that offers "a safe place to land," a place for listening and being heard, a place for asking questions and reconnecting with the faith. Contact Theresa Prymuszewski, Pastoral Associate for Faith Formation, at [tprymuszewski@stmatthewscathedral.org](mailto:tprymuszewski@stmatthewscathedral.org) or 202-587-5731 for more information on our current series (Sundays from 1 to 2:30pm through **March 25**).

**Adult Confirmation** – Each spring during the Easter season, St. Matthew's offers adult Confirmation preparation for active, baptized Catholics who already have received their First Eucharist. Registration forms for 2018 are available in the rectory office or on the parish website ([www.stmatthewscathedral.org](http://www.stmatthewscathedral.org)). Contact: Theresa Prymuszewski (contact info above)

## Young Adults

**Cathedral Coffeehouse** – Join the Cathedral Young Adults on Sunday, **February 18** immediately following the 5:30pm Mass in the West Conference Room for "Catholic Stuff in 20 minutes or Less." This semester's series theme is "Practice Makes Perfect," so come on down for a cup of Starbucks and learn a bit about our faith. We promise a few laughs, too!

## News and Notes



gathering in celebration of Black History Month.

*Last Sunday's Hospitality Sunday featured a Soul Food Bruch enjoyed by parishioners and friends. Thanks to all who made possible this*

**Schola Cantorum: Return and Openings** – The *Schola Cantorum* returns from winter hiatus for Ash Wednesday, **February 14** and the First Sunday of Lent, **February 18!**

A limited number of openings in the *Schola Cantorum* exist in all voice parts for experienced singers. Prospective singers must have significant adult choral experience, good sight-reading skills, and a pleasant, agile voice. The commitment of time and focused energy is significant, particularly at Christmas and during Holy Week. Rehearsals are Wednesday evenings, 7-9pm, when the choir is singing. If you have the experience and desire to serve our Cathedral Parish community in this special way, please contact the Director of Music Ministries, Tom Stehle, at [tstehle@stmatthewscathedral.org](mailto:tstehle@stmatthewscathedral.org).

**Volunteer Cantor Position Available** – The Cathedral Music Ministry is looking for experienced cantors to be placed in occasional rotation for the 5:30pm Saturday evening Masses and the 8:30am Sunday Masses. If you have an interest and the requisite skills, please contact Tom Stehle (contact info above).

**Federal Holiday** – Monday, **February 19** is Presidents' Day, a Federal holiday. The Cathedral will open at 7:30am and close at 1pm. Masses will be celebrated at 8am and 12:10pm. There will be no Confessions and the rectory office will be closed. **Our Eucharistic Holy Hour normally held on the third Monday each month is rescheduled to Monday, February 26.**

**Pope Francis' February 2018 Prayer Intention** – Please pray for Pope Francis' **February** intention, that those who have material, political or spiritual power may resist any lure of corruption.

**2017 Contribution Statements** – In an effort to go "green," Year-End-Contribution Statements will be prepared upon request. To receive a summary of your 2017 contributions, contact Gloria Harrington at 202-347-3215 ext. 517 or [gharrington@stmatthewscathedral.org](mailto:gharrington@stmatthewscathedral.org).

## LIVING LENT



*"Let us not waste this season of Lent, so favorable a time for conversion!" (Pope Francis)*



[View and share the English Lenten brochure.](#)  
[Vea y comparte el folleto de](#)

[Cuaresma en español.](#)

*Please help us get the word out by sharing copies with family, friends and co-workers.*

**Catholic Relief Services' Rice Bowls** – Join our parish community and nearly 14,000 Catholic communities across the United States in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family's Rice Bowl, a paper piggy bank, this weekend to collect change throughout Lent and support CRS' mission of helping those in need. Help change lives for our brothers and sisters in different parts of the world.

Lent begins on [Ash Wednesday, February 14](#). Masses with the distribution of ashes will be celebrated at 7am, 8am, 11am, 12:10pm (**Cardinal Wuerl**), 1:15pm, 5:30pm and 7pm (en español). Stations of the Cross will be prayed at 3pm and at 8pm (en español).

**Lenten Fast and Abstinence** – Ash Wednesday (**February 14**) and Good Friday (**March 30**) are days of fast and abstinence. All Catholics who have reached their 18th birthday and are less than 60 years old are bound to observe the fast, by which they are limited to a single full meal during the course of the day. All Catholics who have reached their 14th birthday must observe days of abstinence, during which no meat may be eaten. Ash Wednesday, Good Friday and all Fridays of Lent are days of abstinence.

**Simple Lenten Meal** – The Social Justice Committee invites all to this year's first [Simple Lenten Meal](#) on Friday, **February 16** in the North Conference Room, following the 6pm Stations of the Cross. The **Social Justice Committee** will prepare and serve the meal while representatives of **Interfaith Power & Light** speak on their mission to promote faithful stewardship of Creation by safeguarding earth's ecosystems and natural resources. All donations collected that evening will benefit their good works.

**Saturday Bible Study** – Join this new Lenten [study of the Gospel of Mark](#) led by Fr. Jack Hurley. On Saturday, **February 17** the topic is "Introduction to the Mystery." Join us from 10:30am to 11:45am in the East Conference Room.

**Light the City with Cardinal Wuerl** – Join **Cardinal Donald Wuerl** on Saturday night, **February 17** here in the Cathedral for [Light the City](#). See the insert in today's bulletin.



**Lenten Lecture Series** – Join us for the first session of our Lenten series, [Exploring Ways of Gospel Living](#) on Tuesday, **February 20** when Ms. Valencia Camp and Ms. Leah Favia share experiences of the single life, at 7pm in the North Conference Room.

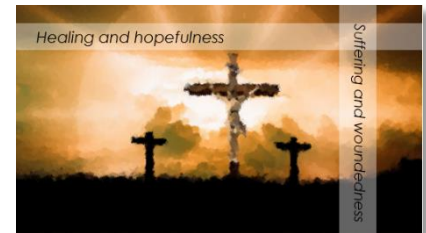
**Wednesday Evening Confessions** – This Lent all parishes in the Archdiocese of Washington and the Diocese of Arlington will offer confessions every Wednesday from

6:30 to 8pm. Confessions at St. Matthew's in English and Spanish will be heard from 6:30 to 8pm on Wednesdays beginning **February 21**, in addition to our regular confession times (weekdays, 11am-Noon, Saturdays, 4-5pm).



**Stations of the Cross** – The Via Crucis is a journey made in the Holy Spirit, that divine fire

that burned in the heart of Jesus and brought him to Calvary. The Stations of the Cross in the form adopted by Pope John Paul II are prayed in English on Fridays of Lent at 6pm, followed by a Simple Lenten Meal, and in Spanish on Sundays of Lent at 2:15pm. Join us for this beautiful devotion, so fitting for Lent.



**Lenten Day of Reflection - Towards a Lenten Spirituality: Balancing Crucifixion and Resurrection** –

The Lenten season provides powerful metaphors for our spiritual journey—suffering and woundedness balanced by healing and hopefulness. Only by disarming our hearts can we be open to encountering the God of surprises and embracing His reign breaking through. Come, rest awhile, and practice seeing with new eyes, led by lay theologian Robert McCarty, D.Min. on Saturday, **February 24**, 10am-2:30pm in the Great Hall, including Mass at 12:10pm and lunch (provided).

## Lecturas de Hoy

**S**e le acercó a Jesús un leproso. (Marcos 1, 40)  
La ley judía prohibía que los leprosos tuvieran contacto con la comunidad (Levítico 13 y 14). Por eso, en el Evangelio de hoy, el leproso tenía que superar primero el temor de infringir la ley para buscar la curación. Ciertamente creía que Jesús podía sanarlo, y el Señor, viendo la fe del hombre, sintió compasión, lo tocó y lo sanó.

Este pasaje del Evangelio nos muestra también la incomparable naturaleza de la salvación que Jesús nos mereció y nos prepara para entender el resto del Evangelio a la luz de esta salvación; nos muestra que todos necesitamos el toque sanador de Cristo, y que si nos acercamos a su lado con fe, confiando en que realmente él desea curarnos, recibiremos la salvación. La curación que experimentó el leproso y la que Jesús quiere darnos a nosotros hoy no es algo meramente físico; sino una experiencia en la que llegamos a un encuentro con Dios.

Mientras dialogamos con Jesús haciendo oración, leyendo la Escritura y participando en la liturgia, el Espíritu Santo puede revelarnos la excelencia de Cristo y el amor de Dios, a fin de que queramos acercarnos a su lado. Recordemos que San Francisco de Asís encontró a Cristo en un leproso. En efecto, Dios le inspiró una fe tan profunda que lo llevó a componer la oración que repetimos en el Vía Crucis: "Te adoramos, Cristo Jesús, y te bendecimos, porque por tu santa cruz redimiste al mundo."

En general, no solemos reconocer conscientemente la incomparable realidad de la salvación que recibimos en Jesús. Los problemas que enfrentamos durante el día y el deseo de adquirir cosas que consideramos que nos harán sentirnos cómodos y felices, nos hacen centrarnos en nosotros mismos y olvidarnos del amor que Dios nos demuestra en Cristo. En tales momentos, es conveniente detenernos un momento y pensar en la gloria del Señor y el deseo que él tiene de que un día lleguemos a compartir con él la gloria del Reino.

*"Espíritu Santo, ayúdame a reconocer la extraordinaria realidad de la salvación que nos mereció Jesús y la gracia de abrir mi corazón a su toque sanador."*

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## Lecturas de la Semana

<b>Domingo 11</b>	Lev 13:1-2,44-46 / 1 Cor 10:31—11:1 / Mc 1:40-45
<b>Lunes 12</b>	Stgo 1:1-11 / Mc 8:11-13
<b>Martes 13</b>	Stgo 1:12-18 / Mc 8:14-21
<b>Miércoles 14</b>	Jl 2:12-18 / 2 Cor 5:20—6:2 / Mt 6:1-6,16-18
<i>Miércoles de Ceniza</i>	
<b>Jueves 15</b>	Deut 30:15-20 / Lc 9:22-25
<b>Viernes 16</b>	Is 58:1-9 / Mt 9:14-15
<b>Sábado 17</b>	Is 58:9-14 / Lc 5:27-32
<i>Los Siete Fundadores de la Orden de los Siervos de la Virgen María</i>	
<b>Domingo 18</b>	Gé 9:8-15 / 1 Pe 3:18-22 / Mc 1:12-15

## Intenciones de Misas

### Mass Intentions

February 11 - 18

#### Sunday, February 11

5:30pm Vigil (February 10) - Mike O'Neill (living)  
7am - Miguel A. & Pili Embid (living)  
8:30am - All Parishioners  
10am - Richard Weaver (living)  
11:30am - Orly Barbosa (living)  
1pm - Ismar Martin De León (living)  
5:30pm - Orly Barbosa (living)

#### Monday, February 12

7am - M. Taura (living)  
8am - Victor Hugo Barahona (living)  
12:10pm - Col. Orlando Suarez  
5:30pm - Roberto caparas

#### Tuesday, February 13

7am - Norma Gutierrez (living)  
8am - Thanksgiving  
12:10pm - Kirsten Evans  
5:30pm - Pat Fisher

#### Wednesday, February 14

7am - Agnes Engels  
8am - Friends of C-Family (living)  
11am - Thanksgiving  
12:10pm - Abigail Ryan & Benjamin Wenger  
1:15pm - Marilou Bisonoya  
5:30pm - Chester F. Irvin  
7pm - Daniela Maria Gonzalez (living)

#### Thursday, February 15

7am - Geoffrey Shultz  
8am - George D. Conroy  
12:10pm - James Crouch  
5:30pm - Amelia Catalfamo

#### Friday, February 16

7am - Amelia Soriano  
8am - Basilio R. Ramiscal  
12:10pm - Ronald Steffensen  
5:30pm - Jose Bayola

#### Saturday, February 17

8am - John Adolph  
12:10pm - Olga Aspillaga Gherzi  
5:30pm - Colm Coyne

#### Sunday, February 18

7am - All Parishioners  
8:30am - John Adolph  
10am - Marianne Esparon (living)  
11:30am - Pedro de Jesus  
1pm - Mercedes y Griselda Baldeon  
5:30pm - Harry J. Stokes

*Se les recuerda a todas las personas que deseen ofrecer misas por sus difuntos, que tienen que reservarlas por lo menos con tres meses de antelación debido a que solo tenemos una misa en español.*

## Noticias de la Parroquia



[Vea y comparta el folleto de Cuaresma en español.](#)

### **(Catholic Relief Services) Programa Plato de Arroz** – Únase a nuestra

comunidad parroquial y a otras 14,000 comunidades católicas en los Estados Unidos en una jornada de Cuaresma que cambie sus vidas con el programa Plato de Arroz de CRS. Consiga el Plato de Arroz, (una alcancía de cartón), para su familia este fin de semana. Use la caja para recoger cambio durante la Cuaresma y aporte a nuestra misión en ayudar a los necesitados. Ayude a cambiar vidas para nuestros hermanos en diferentes partes del mundo.

**Grupo de Oración** – El grupo de oración se reúne los martes a la 7:00 de la tarde en el salón de conferencias del Oeste. El objetivo del grupo es profundizar nuestra fe por medio de las Sagradas Escrituras. Acompáñenos a una reflexión sobre **¿Cómo me prepararé para la Cuaresma y de que me tengo que convertir?** el martes **13 de febrero**, padre Agustín dará la reflexión. También acompáñenos el **20 de febrero** cuando **Obispo Mario Dorsonville** vendrá a darnos la siguiente reflexión: Creo, Creemos “El Hombre es ‘Capaz’ de Dios, la respuesta del Hombre a Dios” en el salón de conferencia del Norte.

**Miércoles de Ceniza 14 de Febrero** – Misas con distribución de cenizas: 7:00, 8:00, 11:00 de la mañana, 12:10 del mediodía (**Cardenal Donald Wuerl**), 1:15, 5:30 de la tarde y 7:00 de la tarde (en español). Estaciones del Vía Crucis 3:00 de la tarde en inglés y 8:00 de la noche (en español).

**Ayunar** – Miércoles de Ceniza (**14 de febrero**) y Viernes Santo (**30 de marzo**) son días de ayuno y abstinencia. Los católicos que ya llegaron a los 18 años de edad, pero que son menores de 60 años, están obligados al ayuno, que consiste en una sola comida completa durante el día. Todos los católicos que han cumplido 14 años están obligados a los días de abstinencia en los cuales no se debe de comer carne. Miércoles de Ceniza, Viernes Santo y todos los viernes de Cuaresma son días de abstinencia.

**Únase a nosotros para la primera Cena Simple de Cuaresma** – El Comité de Justicia Social invita a los feligreses y amigos a participar en las Cenas Simples de Cuaresma, cada viernes en el Salón del Norte, después del Vía Crucis (en inglés) de las 6:00 de la tarde. **El Comité de Justicia Social** preparará y servirá la cena,

también tendremos como invitados a representantes de **Interfaith Power & Light** quienes hablarán sobre su misión de promover el cuidado de la Creación y nuestro uso de recursos naturales como una responsabilidad de nuestra fe. Todas las donaciones que se recogerán esa tarde beneficiarán a las buenas obras de la organización.

**Vía Crucis** – El Vía Crucis, revisado por el Papa Juan Pablo II, se rezará en inglés los viernes a las 6 de la tarde y en español los domingos a las 2:15 de la tarde durante la Cuaresma. Les invitamos a unirse a nosotros en esta devoción cuaresmal.

**Día de los Presidentes** – El lunes **19 de febrero** es día de los Presidentes, Fiesta federal. La Catedral abrirá a las 7:30 de la mañana y cerrará a la 1 de la tarde. Se celebrarán las misas de 8 de la mañana y 12:10 del mediodía; no habrá confesiones y las oficinas de la rectoría estarán cerradas. **La adoración al Santísimo se celebrará el siguiente lunes, 26 de febrero.**

**Confesiones los Miércoles de Cuaresma** – En este tiempo de Cuaresma, la Catedral de San Mateo tendrá confesiones disponibles los miércoles de Cuaresma de 6:30 a 8 de la noche comenzando el **21 de febrero**, tendremos confesiones en inglés y español, exceptuando el Miércoles de Ceniza y Miércoles Santo, además del horario regular de confesiones (lunes-viernes, 11-12; sábados 4-5 de la tarde).

**Día de Retiro** – El sábado **24 de febrero**, tendremos un día de Retiro, todos están invitados. Tema: *El Valor Salvífico del Sufrimiento*. Carta Apostólica de Juan Pablo Segundo. El retiro se ofrece en el salón del Norte, 9:30 de la mañana a 4:00 de la tarde. Padre Agustín López y Carolina Ordoñez darán el retiro.

**Declaración de Contribución de Fin de Año** – Las declaraciones de contribución de fin de año estarán disponibles a petición. Si desea un resumen de contribución del año 2017, por favor llame a la rectoría al 202-347-3215 x517 o envíe un correo electrónico a [garrington@stmatthewscathedral.org](mailto:garrington@stmatthewscathedral.org).

**Intenciones de Oración del Papa Francisco para febrero 2018** – Por favor únase en oración en todo el mundo por las intenciones del Papa Francisco este mes: para que, aquellos que tienen un poder material, político o espiritual no se dejen dominar por la corrupción.