

Today's Readings

It is . . . an appeal to God for a clear conscience. (1 Peter 3:21)

While St. Peter is describing the Sacrament of Baptism here, he could just as easily be talking about Reconciliation. For what could possibly be a better way to experience a clean conscience than by going to Confession?

We know that when we confess our sins, we are forgiven—completely! But then comes the real challenge: keeping our consciences clear after we have received absolution. It's one thing to experience God's forgiveness, but what will change us so that we don't end up confessing the same things over and over again?

You may be surprised to find that the answer lies—again—in Confession! The sacrament doesn't just empty us of the past; it also fills us with grace for the future. That's because in Confession we meet Jesus, who came not only to pardon our sins but also to make us holy. In Confession, Jesus lifts the weight of our past sins from our shoulders so that we can go out into the world free from guilt, inspired by grace to say an even firmer no to sin than before.

Of course, we all face temptation, just as Jesus did in today's Gospel. But because Jesus triumphed in the wilderness, we can triumph as well. Jesus, the victor, is always ready to help us when we call out to him. He is right next to us, reminding us of his forgiveness and urging us to accept the grace he has stored up for us. He is here to remind us that he has overcome sin and that we can now enjoy the fruits of his victory.

So make sure you celebrate the Sacrament of Reconciliation this Lent. And when you do, know that the grace of this sacrament is there to cleanse you and to fill you with God's power. It is an ongoing grace that brings you closer to Jesus and strengthens you against any and all temptation.

"Thank you, Lord, for the grace that comes with Confession! Give me greater confidence in your mercy and love."

Taken from *The Word Among Us*, Lent 2018 Vol. 37, Number 4: Used with permission.

This Week's Readings

Sunday 18	Gn 9:8-15 / 1 Pt 3:18-22 / Mk 1:12-15
Monday 19	Lev 19:1-2,11-18 / Mt 25:31-46
Tuesday 20	Is 55:10-11 / Mt 6:7-15
Wednesday 21	Jon 3:1-10 / Lk 11:29-32
<i>St. Peter Damian</i>	
Thursday 22	1 Pt 5:1-4 / Mt 16:13-19
<i>The Chair of St. Peter the Apostle</i>	
Friday 23	Ez 18:21-28 / Mt 5:20-26
<i>St. Polycarp</i>	
Saturday 24	Dt 26:16-19 / Mt 5:43-48
Sunday 25	Gn 22:1-2,9-13,15-18 / Rom 8:31-34 / Mk 9:2-10

News and Notes

Federal Holiday – Monday, **February 19** is Presidents' Day, a Federal holiday. The Cathedral will open at 7:30am and close at 1pm. Masses will be celebrated at 8am and 12:10pm. There will be no Confessions and the rectory office will be closed. **Our Eucharistic Holy Hour normally held on the third Monday each month is rescheduled to Monday, February 26.**

Collection for the Church in the Developing World – Next weekend, **February 24-25**, the second collection will be for the Church in the Developing World, which benefits the Churches in Latin America, Central and Eastern Europe, and Africa. It supports evangelization, the education of clergy and laity, youth ministry, catechesis, social service programs, and church construction and renovation. Please be generous. Thank you.

Pope Francis' February 2018 Prayer Intention – Please pray for Pope Francis' **February** intention, that those who have material, political or spiritual power may resist any lure of corruption.

2017 Contribution Statements – In an effort to go "green," Year-End-Contribution Statements will be prepared upon request. To receive a summary of your 2017 contributions, contact Gloria Harrington at 202-347-3215 ext. 517 or gharrington@stmatthewscathedral.org.

Annual Jubilarian Mass – This year's Jubilarian Celebration of marriage honoring couples married 25, 30, 35, 40, 45, 50 and 51+ years will be held Sunday, **June 17** at 2pm at the Basilica of the National Shrine of the Immaculate Conception. **Cardinal Wuerl** will preside at the Mass. Call 202-587-5143 to register from St. Matthew's by Monday, **April 16**.

Stay Connected and Spread the Word!

Website www.stmatthewscathedral.org

Facebook www.facebook.com/st.matthews.cathedral

Twitter [@msgriameson](https://twitter.com/msgriameson)

Instagram (new!) [@stmatthewsdc](https://www.instagram.com/stmatthewsdc)

360° Virtual Tour tour.stmatthewscathedral.org

Parish Calendar

February 18 – 25

Sunday 18—The 100th Anniversary of the Independence of Lithuania is celebrated at the 10am Mass.

Children's Faith Formation classes do not meet.

Las clases de Catequesis, Catecumenado y Catequesis Familiar continúan a las 11 de la mañana.

Landings meets at 1pm at the rectory office.

El Vía Crucis se rezará (en español) a las 2:15 de la tarde.

Cathedral Coffeehouse meets after the 5:30pm Mass in the West Conference Room.

Monday 19—Presidents' Day, a Federal holiday. The Cathedral opens at 7:30am and closes after the 12:10pm Mass. Masses are celebrated at 8am and 12:10pm, and there are no Confessions.

The Rectory office is closed.

Eucharistic Adoration is not held this evening.

Tuesday 20—Our Lenten Lectures begins with "Exploring the Single Life" with Ms. Leah Favio and Ms. Valencia Camp at 7pm in the North Conference Room.

El grupo de Oración se reúne a las 7 de la tarde en el salón de conferencias del Norte.

Wednesday 21—Confessions are heard from 6:30 to 8pm in English and Spanish.

RCIA meets in the North Conference Room at 7pm.

Sacred Page, Sunday Scripture Reflections, meets in the West Conference Room at 7pm.

Thursday 22—Exploring the Creed meets in the North Conference Room at 7pm.

Friday 23—**Stations of the Cross** are prayed at 6pm, followed by a Simple Lenten Meal served in the North Conference Room.

Saturday 24—Retiro de Cuaresma de 8:30 de la mañana a 4:30 de la tarde en el salón de conferencia de Norte.

The Lenten Day of Recollection is held from 10am to 2:30pm in the Great Hall.

A concert by Voix de Femmes is given at 7pm in the Cathedral.

Sunday 25—Second Sunday of Lent

A second collection for the Church in the Developing World is taken at all Masses.

Children's Faith Formation classes meet at 9:45am at St. Matthew's Education Center.

Las clases de Catequesis, Catecumenado y Catequesis Familiar continúan a las 11 de la mañana.

Landings meets at 1pm at the rectory office.

El Vía Crucis se rezará (en español) a las 2:15 de la tarde.

RCIA Dismissal is held at the 5:30pm Mass.

Cathedral Coffeehouse meets after the 5:30pm Mass in the West Conference Room.

Faith Formation

RCIA Rite of Election and Continuing Conversion

– On Sunday, **February 18**, our RCIA catechumens and candidates will be presented to **Cardinal Wuerl** for the RCIA Rite of Election and Continuing Conversion at the Basilica of the National Shrine of the Immaculate Conception. Please pray for all in our RCIA process as they walk their journey of faith during this time.

Cathedral Book Club – All are welcome on Monday, **March 12** when the Book Club meets from 6:45 to 8pm in the West Conference Room to discuss *The Ninth Hour* by local Catholic writer, Alice McDermott. Set in Brooklyn, the story is described as "testing the limits and the demands of love and sacrifice, of forgiveness and forgetfulness, even across multiple generations." The title recalls the Scriptural timing of the death of Christ on the Cross.

Returning and Inactive Catholics – Welcome! – If you are a Catholic who has been away, we invite you to be an active part of us again. Landings is an 8-week series that offers "a safe place to land," a place for listening and being heard, a place for asking questions and reconnecting with the faith. Contact Theresa Prymuszewski, Pastoral Associate for Faith Formation, at 202-587-5143 or tprymuszewski@stmatthewscathedral.org for more information on our current series (Sundays from 1 to 2:30pm through **March 25**).

Adult Confirmation – Each spring during the Easter season, St. Matthew's offers adult Confirmation preparation for active, baptized Catholics who already have received their First Eucharist. Registration forms for 2018 are available in the rectory office and on the parish website (www.stmatthewscathedral.org). Contact: Theresa Prymuszewski (contact info above)

Young Adults



Cathedral Coffeehouse – Join the Cathedral Young Adults on Sunday, **February 25** immediately following the 5:30pm Mass in the West Conference Room for "Catholic Stuff in 20 minutes or Less." This semester's series theme is "Practice Makes Perfect," so come on down for a cup of Starbucks and learn a bit about our faith. We promise a few laughs, too!

LIVING LENT ✕

"Let us not waste this season of Lent, so favorable a time for conversion!" (Pope Francis)

[View and share the English Lenten brochure.](#)

[Vea y comparte el folleto de Cuaresma en español.](#)

Please help us get the word out by sharing copies with family, friends and co-workers.



*Great food, fun and fellowship at the **Cathedral Young Adults** Mardi Gras Pancake Breakfast!*



Thanks to all who made it so welcoming and delicious, and to the parishioners and friends who stopped in. Yes, that's Bishop Dorsonville with our YAs; he came by after celebrating the 1pm Mass for Venezuela.

Lenten Fast and Abstinence – Ash Wednesday (**February 14**) and Good Friday (**March 30**) are days of fast and abstinence. All Catholics who have reached their 18th birthday and are less than 60 years old are bound to observe the fast, by which they are limited to a single full meal during the course of the day. All Catholics who have reached their 14th birthday must observe days of abstinence, during which no meat may be eaten. Ash Wednesday, Good Friday and all Fridays of Lent are days of abstinence.

Choral Highlights – The Office of Music Ministries resumes its [Choral Highlights](#) feature (website front page) that describes the upcoming Sunday's choral works and their relationship to the readings and Mass prayers, with digital versions of several works for your listening pleasure and inspiration during these weeks of Lent. Enjoy!



Lenten Lecture Series – Join us for the first session of our

Lenten series, [Exploring Ways of Gospel Living](#) on Tuesday, **February 20** when Ms. Valencia Camp and Ms. Leah Favia share experiences of the single life, at 7pm in the North Conference Room.

Wednesday Evening Confessions – This Lent all parishes in the Archdiocese of Washington and the Diocese of Arlington will offer confessions every Wednesday from 6:30 to 8pm. Confessions at St. Matthew's in English and Spanish will be heard from 6:30 to 8pm on Wednesdays beginning **February 21**, in addition to our regular confession times (weekdays, 11am-Noon, Saturdays, 4-5pm).

Stations of the Cross – The Via Crucis is a journey made in the Holy Spirit, that divine fire that burned in the heart of Jesus and brought him to Calvary. The Stations of the Cross in the form adopted by Pope John Paul II are prayed in English on Fridays of Lent at 6pm, followed by a Simple Lenten Meal, and in Spanish on Sundays of Lent at 2:15pm. Join us for this beautiful devotion, so fitting for Lent.



Lenten Concert of Women's Voices – As we enter this reflective time of the year, composers such as

Hildegard of Bingen, Joan Szimko, Ola Gjeilo, Stephen Hatfield and Michelle Roueché encourage us to look at nature and live with hope. *Fear not, trust, let nothing disturb you: the rain will come, the light will shine, all will be well.*

Join us on Saturday, **February 24** at 7pm for a concert by the women's chamber choir **Voix de Femmes**, joined by guest soloist **Hayley Abramowitz**. The concert is open to the public. Free-will donations are greatly appreciated. For more information, contact Thomas Stehle, Pastoral Associate for Liturgy and Director of Music Ministries, at tstehle@stmatthewscathedral.org.

Saturday Bible Study – Join this new Lenten [study of the Gospel of Mark](#) led by Fr. Jack Hurley. On Saturday, **March 10**, the first days of Holy Week will be considered, followed on Saturday, **March 17** by a focus on the events of the latter days of Holy Week: the Passion, Death and Resurrection of the Lord. Join us from 10:30am to 11:45am in the East Conference Room.



Lecturas de Hoy

El Reino de Dios ya está cerca. (Marcos 1, 15)
 Cuando Jesús anunció que el tiempo se había cumplido, acababa de concluir un ayuno de 40 días en el desierto, donde había estado expuesto a los rigores del sol ardiente del día y el frío de la noche, la sed, el hambre y seguramente los posibles ataques de lobos, víboras, alacranes y otras alimañas que merodeaban por todas partes, por lo que su apariencia debe haber sido impresionante.

Pero, aparte de su apariencia, lo que traspasó el corazón de la gente fueron sus palabras tan llenas de convicción y autoridad, porque él mismo sabía en su interior que el tiempo se había cumplido. Durante todo su caminar por el desierto y rechazar tentaciones, Jesús experimentó una unión con su Padre que ninguna trampa del demonio pudo impedir. Y cuando regresó al poblado, lleno de confianza, paz y entusiasmo acerca de lo que Dios iba a hacer, sus palabras resonaban con la convicción y alegría de quien sabía concretamente que un nuevo Reino iba surgiendo en el mundo y así pudo transmitir la misma sensación de expectación en quienes le escuchaban.

La buena nueva significa que ahora mismo todos vivimos en un tiempo que ya “se ha cumplido”. Con su muerte y su resurrección, el Señor ha establecido el Reino de Dios. ¡El pecado ha quedado aplastado y el bien ha triunfado! Ya no tenemos por qué ser esclavos del egoísmo, la arrogancia ni los hábitos de pecado que nos han dominado por muchos años.

En esta Cuaresma, pídele al Señor que te conceda el mismo sentido de confianza y alegría que él tuvo, para que las próximas seis semanas sean una especie de retiro espiritual para ti, un período de oración profunda y ayuno, y así experimentes una mayor intimidad con tu Padre celestial. En este mundo, tan plagado de divisiones, conflictos y peligros, los fieles podemos brillar como luminarias que alumbran el camino hacia el Reino de la justicia, la paz y la alegría.

“Te alabo, Señor mío Jesucristo, por haberme redimido a mí y a todo el mundo y por habernos regalado un Reino de paz y alegrías eternas.”

Escogida con el permiso de la Palabra Entre Nosotros. Vol 37, Numero 3; Cuaresma 2018

Lecturas de la Semana

Domingo 18	Gé 9:8-15 / 1 Pe 3:18-22 / Mc 1:12-15
Lunes 19	Lev 19:1-2,11-18 / Mt 25:31-46
Martes 20	Is 55:10-11 / Mt 6:7-15
Miércoles 21	Jon 3:1-10 / Lc 11:29-32
<i>San Pedro Damián</i>	
Jueves 22	1 Pe 5:1-4 / Mt 16:13-19
<i>La Catedral de San Pedro Apóstol</i>	
Viernes 23	Ez 18:21-28 / Mt 5:20-26
<i>San Policarpo</i>	
Sábado 24	Deu 26:16-19 / Mt 5:43-48
Domingo 25	Gé 22:1-2,9-13,15-18 / Rom 8:31-34 / Mc 9:2-10

Intenciones de Misas

Mass Intentions

February 18 – 25

Sunday, February 18

5:30pm Vigil (February 17) – Colm Coyne
 7am – All Parishioners
 8:30am – John Adolph
 10am – Marianne Esparon (living)
 11:30am – Pedro de Jesus
 1pm – Mercedes y Griselda Baldeon
 5:30pm – Harry J. Stokes

Monday, February 19

8am – Dorothy B. Ahearn
 12:10pm – Marilyn Chavez

Tuesday, February 20

7am – Barbara Hormiga
 8am – Mario Simian (living)
 12:10pm – Jose Maria Urribarri
 5:30pm – Thanksgiving

Wednesday, February 21

7am – Luisa Soto
 8am – Edouard Andrianasolo
 12:10pm – Margie Yusay
 5:30pm – Walter Nulty

Thursday, February 22

7am – Joyce Perry (living)
 8am – Carolina Dell Acqua (living)
 12:10pm – Ronald J. Kubiak, Sr.
 5:30pm – Gloria Wiggins

Friday, February 23

7am – Dr. Edward Chermol, Jr.
 8am – Emilia Soriano
 12:10pm – Leonard Zelonis & Family (living)
 5:30pm – Kevin Asher

Saturday, February 24

8am – M. Taura (living)
 12:10pm – Lilia Vijandre Mapa
 5:30pm – Colm Coyne

Sunday, February 25

7am – Tom Stehle (living)
 8:30am – All Parishioners
 10am – James T. Wierzbowski
 11:30am – Garner Girthoffer
 1pm – Jorge Ernesto Ramos
 5:30pm – Rev. Michael Guglielmelli

Se les recuerda a todas las personas que deseen ofrecer misas por sus difuntos, que tienen que reservarlas por lo menos con tres meses de antelación debido a que solo tenemos una misa en español.

To arrange a Mass intention, speak to our rectory receptionist. There is no fee but an offering is customary. Intentions are reserved in advance so particular dates may be unavailable.

Noticias de la Parroquia

[Vea y comparta el folleto de Cuaresma en español.](#)



El Obispo Mario Dorsonville celebró una misa por Venezuela el domingo pasado a la 1:00 de la tarde y padre Agustín concelebró. Hubo música venezolana y una colecta humanitaria para el pueblo de Venezuela.

Vía Crucis – El Vía Crucis, revisado por el Papa Juan Pablo II, se rezará en inglés los viernes a las 6 de la tarde y en español los domingos a las 2:15 de la tarde durante la Cuaresma. Les invitamos a unirse a nosotros en esta devoción cuaresmal.

Día de los Presidentes – El lunes **19 de febrero** es día de los Presidentes, Fiesta federal. La Catedral abrirá a las 7:30 de la mañana y cerrará a la 1 de la tarde. Se celebrarán las misas de 8 de la mañana y 12:10 del mediodía; no habrá confesiones y las oficinas de la rectoría estarán cerradas. **La adoración al Santísimo se celebrará el siguiente lunes, 26 de febrero.**

Grupo de Oración – El grupo de oración se reúne los martes a la 7:00 de la tarde en el salón de conferencias del Oeste. El objetivo del grupo es profundizar nuestra fe por medio de las Sagradas Escrituras. Acompáñenos el **20 de febrero** a la reflexión: Creo, Creemos “El Hombre es ‘Capaz’ de Dios, la respuesta del Hombre a Dios” el **Obispo Mario Dorsonville** dará la reflexión en el salón de conferencia del Norte.

Confesiones los Miércoles de Cuaresma – En este tiempo de Cuaresma, la Catedral de San Mateo tendrá confesiones disponibles los miércoles de Cuaresma de 6:30 a 8 de la noche comenzando el **21 de febrero**, tendremos confesiones en inglés y español, exceptuando el Miércoles de Ceniza y Miércoles Santo, además del horario regular de confesiones (lunes- viernes, 11-12; sábados 4-5 de la tarde).

Día de Retiro – El sábado **24 de febrero**, tendremos un día de Retiro, todos están invitados. Tema: *El Valor Salvífico del Sufrimiento*. Carta Apostólica de Juan Pablo Segundo. El retiro se ofrece en el salón del Norte, 8:30 de la mañana a 4:30 de la tarde. Padre Agustín López y Carolina Ordoñez darán el retiro.

Ayunar – Miércoles de Ceniza (**14 de febrero**) y Viernes Santo (**30 de marzo**) son días de ayuno y

abstinencia. Los católicos que ya llegaron a los 18 años de edad, pero que son menores de 60 años, están obligados al ayuno, que consiste en una sola comida completa durante el día. Todos los católicos que han cumplido 14 años están obligados a los días de abstinencia en los cuales no se debe de comer carne. Miércoles de Ceniza, Viernes Santo y todos los viernes de Cuaresma son días de abstinencia.

Colecta para la Iglesia en Desarrollo en el Mundo – El próximo fin de semana, **24 y 25 de febrero**, la segunda colecta será para la Iglesia en desarrollo en el mundo; la cual beneficiará a las iglesias en América Latina, Europa Central y Oriental y África. Esta colecta apoya la evangelización, la educación de clérigos y laicos, ministerio juvenil, catequesis, programas de servicio social en construcción y renovación. Por favor sean generoso. Gracias.

Declaración de Contribución de Fin de Año – Las declaraciones de contribución de fin de año estarán disponibles a petición. Si desea un resumen de contribución del año 2017, por favor llame a la rectoría al 202-347-3215 x517 o envíe un correo electrónico a gharrington@stmatthewscathedral.org.

Intenciones de Oración del Papa Francisco para febrero 2018 – Por favor únase en oración en todo el mundo por las intenciones del Papa Francisco este mes: para que, aquellos que tienen un poder material, político o espiritual no se dejen dominar por la corrupción.

Misa de Jubileo Matrimonial 2018 – El Cardenal **Wuerl** estará presidiendo la misa anual de Jubileo Matrimonial para conmemorar a las parejas que están celebrando 25, 30, 35, 40, 45, 50 o más años de matrimonio el domingo **17 de junio** del 2018 en la Basílica de la Inmaculada Concepción a las 2:00 de la tarde. Para registrarse llame a la rectoría al 202-347-3215, a más tardar el lunes **16 de abril**.

Retiro para Padres cuyos Hijos están Lejos de la Iglesia – La oficina para la Vida Familiar tendrá un retiro de medio día; para padres cuyos hijos están alejados de la Iglesia “Reúne a todos sus hijos esparcidos por el mundo” Este retiro se ofrecerá el sábado **3 de marzo** de 10:00 de la mañana a 3:30 de la tarde. El retiro es gratis se proporcionará almuerzo, refrigerio y recursos. El retiro será traducido a español. Para más información llamen al 301-853-4499 o visite www.signovisible.org

Lenten Day of Recollection

Towards a Lenten Spirituality: Balancing Crucifixion and Resurrection

The Lenten season provides powerful metaphors for our spiritual journey...suffering and woundedness balanced by healing and hopefulness. Only by disarming our hearts can we open ourselves to encounter the God of surprises and to embrace the Reign of God breaking through. Come apart, rest awhile, and practice seeing with new eyes.

WHEN:

Saturday, February 24, 2018

10:00am – 2:30pm

Break for 12:10pm Mass; luncheon to be provided

WHERE:

St. Matthew's Cathedral

1725 Rhode Island Avenue, NW

Great Hall (entrance near the parking garage)

1½ blocks from the Farragut North Metrorail red line station



DIRECTED BY:

Bob McCarty, D.Min.

Bob McCarty is a pastoral ministry consultant and trainer and has been in professional ministry since 1973, serving in parish, school, diocesan, and national settings. He offers workshops and training programs in ministry skills and issues internationally. Bob serves as chair of the board at Saint Mary's Press and he is the project coordinator for their research project, *Going, Going, Gone: The Dynamics of Disaffiliation in Young Catholics*. His recent books are *Thriving in Youth Ministry*, *The Vision of Catholic Youth Ministry: Fundamentals, Theory and Practice*, *Be A Champion for Youth: Standing With, By and For Young People*, co-authored with his wife, Maggie, and his newest book, *Raising Happy, Healthy and Holy Teenagers: A Primer for Parents*.

Bob is a volunteer in his parish youth ministry and catechetical program at St. Francis of Assisi Parish in Fulton, MD. Bob has a BS in Sociology/Theology from St. Joseph's University, an MA in Religious Education from LaSalle University and a D.Min. from the Graduate Theological Foundation in Indiana. Bob is adjunct faculty at The Catholic University of America, The University of Dallas, and at St. John's University, Collegeville, MN. His hobbies include rock climbing, cycling, and grandparenting!

All are invited to this event, free of charge.

For more information, please contact Theresa Prymuszewski, Pastoral Associate for Faith Formation, at tprymuszewski@stmatthewscathedral.org or at 202-587-5139.

Cathedral of St. Matthew the Apostle

Simple Lenten Meals

SOUP * BREAD * WATER



Every Friday during Lent
Following the 5:30pm Mass & the 6:00pm Stations of the Cross
North Conference Room

PRAYER

The Social Justice Committee invites you for fellowship & reflection during this time of Lent. Join us every Friday, following the Stations of the Cross. The Meal begins at about 6:30pm.

FASTING

Different groups from various parish ministries will prepare and serve a simple meal of meatless soup, bread, and water.

ALMSGIVING

Charitable organizations are invited to present on their mission and the services they provide to our neighbors in need. The donations collected during every meal will be offered to that evening's presenter.

For more information on this year's participants, please visit:

www.stmatthewscathedral.org

You may also contact
socialjustice@stmatthewscathedral.org.

February 16

Interfaith Power & Light

A religious response to the care of Creation and faithful stewardship of resources.

Host: Social Justice & Community Service Committee

February 23

Northwest Center

Supporting mothers and families, through their pregnancy center and maternity home.

Host: Knights of Columbus

March 2

L'Arche Community

Offering a home and community for adults with and without intellectual disabilities.

Host: Parish Pastoral Council

March 9

Catholic Legal Immigration Network, Inc. (CLINIC)

A response to the Gospel message of welcoming the stranger, protecting the dignity and rights of immigrants.

Host: RCIA catechumens

March 16

Jesuit Relief Services

Serving refugees and other forcibly displaced persons.

Host: Hispanic Ministry

March 23

Horton's Kids

Provides academic programs and extracurricular activities for children living in Ward 8.

Host: Cathedral Young Adults

Catedral de San Mateo Apóstol

Cenas Simples de Cuaresma

SOPA * PAN * AGUA



Cada viernes durante la Cuaresma

Después de la Misa de las 5:30 de la tarde & el Vía Crucis de las 6:00 de la tarde
Salón de conferencias del Norte

ORACIÓN

El Comité de Justicia Social les invita a compartir y reflexionar durante este tiempo de Cuaresma. Únase a nosotros cada viernes, después del Vía Crucis. La Cena comienza a las 6:30 de la tarde.

AYUNO

Diferentes grupos de varios ministerios de la parroquia prepararán y servirán una cena simple de sopa sin carne, pan y agua.

DAR LIMOSNA

Organizaciones caritativas serán invitadas a presentar sobre su misión y los servicios que proveen a nuestros vecinos en necesidad. Las contribuciones que se recogerán durante cada cena serán donadas a los presentadores de esa tarde.

Para más información sobre los participantes de este año, por favor visite:

www.stmatthewscathedral.org

También puede mandar un correo electrónico a

socialjustice@stmatthewscathedral.org.

16 de Febrero

Interfaith Power & Light

Una respuesta religiosa al cuidado de la Creación y administración de nuestros recursos basada en nuestra fe.

Anfitrión:

Comité de Justicia Social y Servicio Comunitario

23 de Febrero

Centro Northwest

Ofreciendo apoyo a madres mediante su centro de embarazo y hogar de maternidad.

Anfitrión: Caballeros de Colón

2 de Marzo

Comunidad de L'Arche

Proporcionan un hogar y comunidad para adultos con y adultos sin discapacidades intelectuales.

Anfitrión: Consejo Parroquial

9 de Marzo

CLINIC - Red Católica legal de inmigración

Una respuesta al mensaje del Evangelio, dando la bienvenida al extranjero, protegiendo la dignidad y los derechos de los inmigrantes.

Anfitrión: Catecúmenos de RICA

16 de Marzo

Jesuit Refugee Services

Acompañan, sirven y abogan por los refugiados y otras personas forzadas a ser desplazadas.

Anfitrión: Ministerio Hispano

23 de Marzo

Horton's Kids

Proveen programas académicos y actividades extracurriculares para niños que viven en la Zona 8 de DC.

Anfitrión: Jóvenes Adultos de la Catedral



Looking for a convenient way to support our parish offertory?

Faith Direct is the innovative solution that allows you to support our parish using electronic funds transfer from either a credit card or bank account. It is a hassle-free, simple solution for today's busy families.

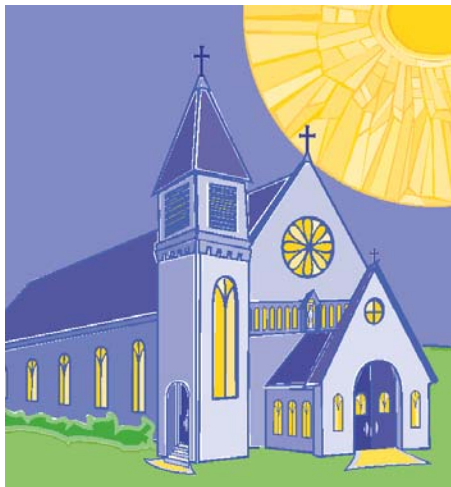
Sign up using the enrollment form on the other side or go online to www.faithdirect.net and use our parish code **DC284** to enroll today!

ENROLL TODAY!

How does Faith Direct work?

Faith Direct is a secure system that works directly with your bank or credit card—much the same as other direct payments you may have set up for utility bills or mortgage payments.

When do transactions take place?



Transactions take place once per month on the 4th or the next business day. The total amount of your gifts for that current month (both offertory & second/special collections) will be debited in one monthly total. The Cathedral will receive the funds 4 business days later.

Can I stop, increase, or decrease my payment at any time?

Yes, by calling *Faith Direct* at 1-866-507-8757 (toll free) by emailing info@faithdirect.net, or by logging in to your account through www.faithdirect.net.

How does the Cathedral benefit from my participation with Faith Direct?

The Cathedral will see a substantial increase in net revenue, a decrease in administrative costs, and a clearer picture of cash flow for their needs.

If you have any questions about the *Faith Direct* program, please call 1-866-507-8757 {toll free} or send an email to info@faithdirect.net, or contact Pam Erwin at the Rectory at 202-347-3215 x537 or perwin@stmatthewscathedral.org.

E-GIVING ENROLLMENT FORM



Cathedral of St. Matthew the Apostle
1725 Rhode Island Avenue, NW
Washington, DC 20036

To enroll online, use code
below or scan here: →

DC284



C

Faith Direct • Attention: Enrollment • P.O. Box 7101 • Merrifield, VA 22116-7101 • 1-866-507-8757 {toll free} • www.faithdirect.net

Process my gifts on the: ☐ 4th *or* ☐ 15th of the month (please check only one box)

"As each one has received a gift, use it to serve one another as good stewards of God's varied grace." (Peter 4:10)

Weekly Offertory Gift: \$ _____

*(Note: The total amount will be determined by the number of
Sundays in the month. Some months have 5 Sundays.)*

You may also choose to give to the following second and special collections as part of the regular monthly transaction.

COLLECTION	AMOUNT	MONTH	COLLECTION	AMOUNT	MONTH
<input type="checkbox"/> Cathedral Maintenance	\$ _____	Monthly	<input type="checkbox"/> Holy Father	\$ _____	June
<input type="checkbox"/> Music Ministry	\$ _____	Monthly	<input type="checkbox"/> Catholic Communications & Human Development	\$ _____	August
<input type="checkbox"/> Poor Box/Outreach	\$ _____	Monthly	<input type="checkbox"/> Assumption	\$ _____	August
<input type="checkbox"/> Solemnity of Mary	\$ _____	January	<input type="checkbox"/> Catholic University	\$ _____	September
<input type="checkbox"/> Church Missions within the US	\$ _____	January	<input type="checkbox"/> Propagation of the Faith/ World Missions	\$ _____	October
<input type="checkbox"/> Churches in the Developing World	\$ _____	February	<input type="checkbox"/> All Saints Day	\$ _____	November
<input type="checkbox"/> Ash Wednesday	\$ _____	February	<input type="checkbox"/> All Souls Day *	\$ _____	November
<input type="checkbox"/> Holy Thursday	\$ _____	March/April	<input type="checkbox"/> Archdiocesan Priests' Retirement	\$ _____	November
<input type="checkbox"/> Holy Land	\$ _____	March/April	<input type="checkbox"/> Retirement Fund for Religious	\$ _____	December
<input type="checkbox"/> Easter Flowers	\$ _____	March/April	<input type="checkbox"/> Immaculate Conception	\$ _____	December
<input type="checkbox"/> Easter Sunday	\$ _____	March/April	<input type="checkbox"/> Christmas Flowers	\$ _____	December
(In addition to regular Sunday gift)	\$ _____	March/April	<input type="checkbox"/> Christmas	\$ _____	December
<input type="checkbox"/> Catholic Relief Services	\$ _____	May			

** Please call the church at 202-347-3215 with the names of your intentions for this collection.*

I would like to enroll in the Faith Direct program for the benefit of the Cathedral of St. Matthew the Apostle. I understand that my **total** monthly contribution amount will be transferred directly from my checking account or credit card as stated above, a record of my gifts will appear on my bank or credit card statement, and my transfers will begin on the 4th or next business day of the month following my enrollment. I understand that I can increase, decrease, or suspend my giving by contacting Faith Direct toll free at 1-866-507-8757.

{All gifts provided to your Church originating as Automated Clearing House transactions comply with US law.}

Signature: X _____ **Date:** _____

Name(s): (please print) _____

Street Address: _____

City/State/Zip Code: _____

Telephone: _____ E-mail: _____

☐ Name as I/we would like it to appear on Offertory Cards: _____

☐ I do not wish to receive Offertory Cards to place in the collection basket as a sign of my electronic giving.

If you choose to enroll by mail, you can contact Faith Direct at 1-866-507-8757 {toll-free} to set up online access to your account.

For Bank Account Debit: Please return this completed form and a voided check to Faith Direct Enrollment.

For Credit/Debit Card: Please complete the following... ☐ VISA ☐ MasterCard ☐ American Express ☐ Discover

Credit/Debit Card #: _____ Expiration Date: _____

If you have any questions about the Faith Direct program, please contact us at 1-866-507-8757 {toll free} or info@faithdirect.net.

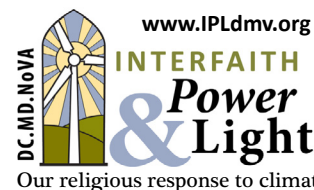
Lenten Creation Care 2018

Lent is a time for prayer, fasting, and more intentional sharing. This year, our church is joining with many others in heeding the call to be stewards of God's Creation throughout this season.

May this calendar remind us to be more mindful of the ways that our daily habits impact both "our common home" and all those with whom we share it.

On behalf of future generations and all living in poverty—those most harmed by our damaged climate—may we answer God's call to be faithful stewards, speaking out for Creation care.

Compiled from many sources by...



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>A prayer from Psalm 51: <i>A clean heart create for me, O God, and a steadfast spirit renew within me.</i></p> <p>Creator God, we begin this Lenten Season asking for Your renewal. Through prayer, fasting, and sharing over these 40 days, we ask that our eyes be opened to the ways we can do better; in our relationships with You, Your creation, and all those with whom we share this, our Common Home. Lord, help us to restore what has been damaged through our sinful overconsumption and the systemic injustices that surround us, returning to You with renewed spirits.</p>			<p>FEBRUARY 14</p> <p>Ash Wednesday Ecclesiastes 3:20 <i>From dust we come; to dust we shall return.</i></p> <p>Reflect with gratitude on the reality that we all are made of and fed by the Earth.</p>	<p>15</p> <p>Consider the gifts given to you. Pray about how you are called to use your time, talent, treasure, and testimony to care for our Common Home.</p>	<p>16</p> <p>Christians have fasted from meat during Lent for centuries. Try eating vegetarian today, and check out Oxfam's Eat for Good online for other ways to use your fast to bless others: bit.ly/eat4good</p>	<p>17</p> <p>Listen for God in nature in your neighborhood today, or join a nature walk this morning with The Center for Spirituality in Nature in Potomac, MD: bit.ly/iplwinterwalk</p>
<p>Talk with your church about ordering "eco palms" for Palm Sunday. These palms help improve workers' living standards and protect forests in Mexico and Guatemala. Order by 3/4 to receive them in time: EcoPalms.org</p> <p>18</p>	<p>Turn down your thermostat by at least 1 degree. Aim for 68° during the day and 60° at night. Buy a programmable thermostat if you can. Always turn the heat off when you leave home.</p> <p>19</p>	<p>Listen to Bill McKibben, a climate writer and United Methodist Sunday school teacher, on his spiritual call to climate action. OnBeing.org > search "The Moral Math of Climate Change"</p> <p>20</p>	<p>Mark 1:10 <i>As he was coming up out of the water ...</i></p> <p>Use water mindfully today, and find one way to support the health of God's sacred waters: bit.ly/IPCaction</p> <p>21</p>	<p>Pick up some trash while you're walking today, and plan a Potomac River Watershed Cleanup project with your community in April: FergusonFoundation.org</p> <p>22</p>	<p>Join St. Columba's Episcopal Church this evening for a film screening and green expo, or you can stream the film at home at BeforetheFlood.com. More information at ipldmv.org/events.</p> <p>23</p>	<p>Genesis 9:9-10 <i>I am establishing my covenant with you, with your descendants, and with every living creature. Take a walk in nature and observe the interdependence of all God's Creation. Use IPC's Spiritual Walk guide: bit.ly/IPC-Walk</i></p> <p>24</p>
<p>Read Blessed Earth's resources at SabbathLiving.org. Rest today. Take a break from the TV and internet. Play a game, go for a walk, or read a book!</p> <p>25</p>	<p>Consider hosting a green film screening at your congregation. Browse IPL's Film Library: ipldmv.org/learn/film-library Want to see more? The DC Environmental Film Festival runs March 15-25: dceff.org</p> <p>26</p>	<p>Romans 4:16 — God's promise depends on faith and is guaranteed to all descendants of Sarah and Abraham. Learn how we can preserve our watershed for our descendants: InterfaithChesapeake.org</p> <p>27</p>	<p>Planning to travel? Consider getting there without flying. Can't avoid flying? Fund a project that prevents one ton of climate pollution for each ton caused by your trip: NativeEnergy.com</p> <p>28</p>	<p>MARCH 1</p> <p>Shift to cleaner energy at home: Support 100% wind power with your energy bill (ipldmv.org/CleanEnergy), and see if a group of neighbors is going solar at ipldmv.org/solarcoops</p>	<p>2</p> <p>Fast from meat and read Acts 7:30-40, in which Moses hears God speaking in the wilderness.</p> <p>Look for holy ground today: How can it embolden you to set the oppressed free?</p>	<p>3</p> <p>Consider composting your food waste, returning nutrients to the soil. Learn about composting online, or get table scraps picked up: CompostCab.com, CompostCrew.com, VeteranCompost.com</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Honor the Lord's day (and the Lord's Creation) by walking, biking, or taking public transportation to church today! 4	Wash laundry in cold water for the week and hang it to dry to save energy and money. Read more here: bit.ly/DitchYourDryer 5	Think about the role of our church in its environment. Could our community better care for Creation? Get involved with our green work, and flock together with other "green sheep" through Interfaith Power & Light (ipldmv.org). 6	Is your local waterway clean enough for baptism? Learn its name and pray: "God of sacred waters, your Son was baptized and tempted as we are. May we be a blessing to Your waters." bit.ly/knowyourstream 7	Talk to your pastor about a Creation care sermon during Faith Climate Action Week (4/14-22) or invite a speaker: ipldmv.org/speakers Earth Day Resources: interfaithchesapeake.org/materials 8	Look to purchase locally-grown food this weekend. Plan to walk to a farmers' market or consider joining a community-supported agriculture (CSA) group to receive fresh, local produce each week: LocalHarvest.org 9	Place an insulating cover on your water heater. "Blankets" can be found at hardware stores. If you have an electric water heater, you can do this yourself. If you have an oil or gas-powered heater, you may need a professional. 10
Have an "embrace the silence" Sunday: make it a No Electricity Day! Turn off everything, and unplug if you can. Read Blessed Earth's resources on Sabbath living: SabbathLiving.org 11	Join the many caring DC residents who are working to make climate polluters take responsibility for their impact on our neighbors. Learn more and sign a petition to #PriceltDC at bit.ly/dccarbonprice 12	Continue your stewardship into the Easter season: Organize "E-Cycling" for your congregation to dispose of old phones and TVs responsibly: e-stewards.org/find-a-recycler 13	Luke 9:23-25 <i>What good is it for someone to gain the whole world, and yet lose or forfeit their very self?</i> 14 Reflect and pray for those who seek to gain profit at the expense of Creation.	Eph. 2:10 <i>We are God's handiwork, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.</i> 15 Look at IPC's Menu for Action (bit.ly/IPCAction) for more "good works" for our watershed.	Fast from meat today and read aloud "Prayer After Eating" by Wendell Berry: <i>I have taken in the light that quickened eye and leaf. May my brain be bright with praise of what I eat ... May I be worthy of my meat.</i> 16	John 3:16 <i>For God so loved the Cosmos ...</i> 17 God's circle of love is infinite and all-inclusive. Reflect and open your heart today to those in Creation, human or non-human, who lie outside your circle of love.
Visit the "Spiritual Practice" page at CenterForSpiritualityInNature.org and choose an exercise to practice in nature today. 18	So many of God's children are caring for Creation. Check out this web comic to learn how our Muslim neighbors are going green: bit.ly/GreenMuslimsComic 19	Jer. 31:33 <i>I will write my law upon their hearts.</i> 20 God of the covenant, you call us to be fruitful servants within creation. Fill our hearts with compassion for the suffering of your Creation.	<i>I am the resurrection and the life.</i> It can be difficult to contemplate our own end. Think today about greening your "final arrangements," when the time comes. One option is to help protect natural lands: GreenBurialCouncil.org 21	Planning to make Easter baskets? Purchase chocolate that is Fair Trade, free from child labor, and supports farmer communities: EqualExchange.coop/Interfaith 22	As you fast from meat today, consider plant-based dishes for Easter Sunday: StFrancisAlliance.com/Recipes 23	At 8:30 pm, join hundreds of millions of people around the world who will be switching off all lights for one hour to commit to global climate action and be more mindful of energy use: EarthHour.org 24
Palm Sunday 25 We read that in the Kingdom of Heaven, people shall eat the fruit of the vineyards they plant (Isaiah 65). Start planning what you can plant to remind you of the promise of heaven this spring: bit.ly/vineyardfruit	Make one of your journeys more environmentally friendly today. Could you combine two trips? Carpool rather than driving solo? Bike, walk, or take public transit, instead of driving? 26	Phil. 2:5 <i>Let the same mind be in you that was in Christ Jesus.</i> 27 Pray for the courage of Jesus to sustain your commitment to environmental justice (EJ). Read more about IPC's commitment to EJ at bit.ly/IPC-EJ .	<i>Although we have done everything that we can to separate ourselves from other(s)... from the land and its waters and from God, God has never left us.</i> — Bahnson & Wirzba 28 How will you continue to walk this path after Easter?	Maundy Thursday 29 Today we remember Jesus's last supper with his disciples and his prayers in the garden of Gethsemane. Following Jesus' example, take time today to pray outdoors, remembering all who suffer.	Good Friday 30 Matt. 27:51 <i>At that moment the curtain of the temple was torn in two, from top to bottom. The Earth shook, and the rocks were split.</i>	Holy Saturday 31 <i>God looked at everything God had made, and found it very good.</i> Take a walk and notice new life coming with spring and remember God's provision for us. Journal and take pictures of what you see.

1 **Easter Sunday** — Col 1:19-20
APRIL *For in him all the fullness of God was pleased to dwell, and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.*

"The New Testament does not only tell us of the earthly Jesus and his tangible and loving relationship with the world. It also shows him risen and glorious, present throughout Creation by his universal Lordship" — Pope Francis, *Laudato Si*
Trusting that the One has begun a good work in you will be faithful to complete it (Philippians 1:6), take time to give thanks for the changes of heart and habit you have taken on since Lent began, and continue to live out your call to Creation stewardship with the hope of the resurrection always in your heart!



Take some time today to reflect on all of the activities that you have performed during Lent, and how they have brought you into greater harmony with the Earth and with all life. Conclude your Lenten Creation Care practice by making a personal pledge to serve God and serve others by pursuing a more sustainable way of life.