

TODAY'S READINGS

At the name of Jesus every knee should bend. (Philippians 2:10)
 In a.d. 326, St. Helena, the mother of the Roman emperor Constantine, discovered the true cross of Jesus near the site that generations had venerated as the Mount of Crucifixion. Upon discovering the cross, everyone fell to their knees and cried out, "Lord, have mercy!" A church was built on the site—the Church of the Holy Sepulcher—and the cross was placed in a prominent position within the building. The church was consecrated on September 13, 335, and the feast of the Exaltation of the Cross was celebrated annually on the following day, September 14.

About three hundred years later, the cross was taken as plunder by the Persian emperor Khosrau II but was reclaimed four-teen years later by the Roman emperor Heraclius, who brought it to Constantinople where it was once again triumphantly exalted.



This short history lesson has some resemblance to the way we live out our faith. For instance, when we see the glory of the cross and the sacrifice Jesus made for us, we rejoice. With grateful hearts we say, "Lord, I love you; have mercy on me." But then we lose sight of this gift of salvation. Without even realizing it, we let the cross get buried underneath our many priorities and responsibilities.

Then, when we are touched, maybe by a tragic event, by a book we read, or by a moving homily at Mass, we "excavate" the cross and exalt it once more. We give it a place of prominence in the sanctuary of our hearts. But then we lose our focus and let our guard down. A stronger foe conquers us and steals the joy of the cross from us. Finally, with newfound determination we take the cross back and we say once more, "Jesus, I exalt your cross. I make it my foundation. Lord, have mercy on me!"

May we all do our best to exalt the cross and make it the first foundation of our lives!

"Lord, as I lift up the cross, I ask you to have mercy on me."

Taken from *The Word Among Us*, September 2014, Vol. 33, Number 8: Used with permission.

THIS WEEK'S READINGS

Sunday 14	Nm 21:4-9 / Phil 2:6-11 / Jn 3:13-17
Monday 15 <i>Our Lady of Sorrows</i>	1 Cor 11:17-26,33 / Jn 19:25-27
Tuesday 16 <i>Sts. Cornelius & Cyprian</i>	1 Cor 12:12-14,27-31 / Lk 7:11-17
Wednesday 17 <i>St. Robert Bellarmine</i>	1 Cor 12:31—13:13 / Lk 7:31-35
Thursday 18	1 Cor 15:1-11 / Lk 7:36-50
Friday 19 <i>St. Januarius</i>	1 Cor 15:12-20 / Lk 8:1-3
Saturday 20 <i>Sts. Andrew Kim Tae-gon & Paul Chong Ha-sang and Companions</i>	1 Cor 15:35-37,42-49 / Lk 8:4-15
Sunday 21 <i>St. Matthew the Apostle</i>	Is 55:6-9 / Phil 1:20-24,27 / Mt 20:1-16

WELCOME!

Visitors to the Cathedral, we want you to know how welcome you are—whether you have come from another part of the country, from across the world, or from another parish here in the Archdiocese or across the river. Thank you for praying with us. Thank you also for your generosity, which helps us to celebrate our liturgies in a fitting and beautiful way, and to offer a wide range of services to needy people in the Washington, DC area. Enjoy your visit!

PARISH CALENDAR

September 14 - 21

Sunday 14—A second collection for the Catholic University of America is taken at all Masses.

The Health & Wellness Fair is held in the North and East Conference Rooms from 9:30am until 3:30pm.

The Cathedral Club meets at 1pm in the West Conference Room.

Always God's Children meets in the West Conference Room at 3:30pm.

Monday 15—A **Eucharistic Holy Hour** is held in the Cathedral at 6pm with Confessions available in English and Spanish. Wine and Wisdom meets at 7pm in the East Conference Room.

Tuesday 16—The Faith Formation Committee meets at 6:30pm in the East Conference Room.

El grupo de Oración se reúne a las 7 de la tarde en el salón de conferencias del Oeste.

Thursday 18—Legión de María se reúne a las 6:30 de la tarde en el salón de conferencias del Este.

The Knights of Columbus meet at 7:30pm in the West Conference Room.

Sunday 21—**Solemnity of St. Matthew the Apostle**, the Cathedral's patronal feast day.

Cardinal Wuerl celebrates a Mass for the 75th Anniversary of the Archdiocese of Washington at 11:30am.

La Misa en español comienza a la 1:30 de la tarde.

NEWS AND NOTES

Rectory Hours – The Rectory office hours for **September 6 through October 1** are as follows:

Monday – Thursday: 9am – 4:30pm
 Friday: 9am – 4pm Saturday – Sunday: Closed

Always God's Children – Always God's Children, the Cathedral parish's ministry to gay and lesbian people and their family and friends, will meet Sunday, **September 14** at 3:30pm in the West Conference Room. All are welcome to attend.

Eucharistic Adoration – You are invited to our monthly Eucharistic Holy Hour on Monday, **September 15** from 6 to 7pm. Dominican Brother Gabriel Torretta will preside and give a short reflection based on Ezekiel 37:12-14. The Sacrament of Reconciliation will be available during the hour in English and Spanish.

The Feast of Saint Matthew – Next Sunday, **September 21**, is the Feast of St. Matthew, apostle and evangelist, and patron saint of civil servants. Jesus' calling of Matthew to discipleship, which will be the subject of the Gospel reading at all Masses next weekend, is depicted in the mural in the west transept of the Cathedral entitled *The Calling of St. Matthew*



(below).

In the mural scene, Christ calls St. Matthew (detail, above right), who appears astounded by the Master's

words. St. Peter, with his keys, stands

to the left of Christ. On either side of the central figures are a man and a woman. The couple on the left looks scornfully at the scene, while the other stands by in veneration. The setting is a portico beyond which are the Lake of Galilee and the distant hills. Above, a choir of six angels offers incense. Take a moment and take a look!

Hospitality – Hospitality Sunday resumes **September 28**. The Hospitality Committee needs volunteers to plan events and programs. Join us as a committee member or event volunteer—the amount of time you give is up to you! Contact us with suggestions or to volunteer at stmattshospitality@gmail.com.

Red Mass – The 62nd Annual Red Mass will be held at the Cathedral on Sunday, **October 5** at 10am. The John Carroll Society hosts the Red Mass for its members and guests, including many government officials with attendant security. It is open to the public, but attendance is very high. If you normally attend the 10am Mass, you may wish to consider attending another Mass that weekend. **Please note that the 8:30am Mass is cancelled that day.** If you plan to attend the Red Mass, please arrive early as the fire marshal will not allow entry once the Cathedral is filled to capacity. Thank you for helping us extend the Cathedral's hospitality to the John Carroll Society for this celebration.

FAITH FORMATION

Interested in Becoming Catholic? – “The RCIA, which stands for Rite of Christian Initiation of Adults, is a process through which non-baptized men and women enter the Catholic Church. It includes several stages marked by study, prayer and rites at Mass. Participants in the RCIA are known as catechumens. They undergo a process of conversion as they study the Gospel, profess faith in Jesus and the Catholic Church, and receive the sacraments of baptism, confirmation and Holy Eucharist. The RCIA process follows the ancient practice of the Church and was restored by the Second Vatican Council as the normal way adults prepare for baptism. In 1974 the Rite for Christian Initiation for Adults was formally approved for use in the United States” (www.usccb.org). The RCIA also is for adults baptized in other Christian traditions who wish to receive the sacraments of Confirmation and Eucharist in the Catholic Church and for adults who were baptized in the Catholic Church and wish to complete their initiation. To inquire about the RCIA process, please email stmfaith@gmail.com or call 202-347-3215 to leave a message (*email preferred*).

Grow in Your Faith! Be an RCIA Sponsor! – Are you looking for a way to grow in your faith? Consider being an RCIA sponsor, and share your faith with someone who is discerning full initiation in the Catholic Church. A sponsor is a companion, a representative of the faith community who models how to live the faith in daily life, meets with the person s/he is sponsoring to discuss their faith journeys, prays for that person, and participates in the stages and rituals of the RCIA process. Fifteen to twenty women and men began the RCIA process this summer. Each needs a sponsor. To learn more, please email stmfaith@gmail.com or call 202-347-3215 to leave a message (*email preferred*).

YOUNG ADULTS

C†YA for a Discussion: *Who Is God?* – First & third Thursday of the month (next: September 18) – 7pm – North Conference Room – Join us as we seek fresh answers to the most fundamental



question: Who is God? Each month we explore an

aspect of God in two different ways: through questions and through art and beauty. On the first Thursday of the month, we meet at a restaurant for a free-flowing discussion over drinks, then at the Cathedral to discuss how a work of art illuminates the mystery at hand. Contact: Mike at m.owens810@gmail.com

C†YA for Happy Hour – Friday, September 19 – 6 to 9pm – **The Madhatter (1319 Connecticut Avenue / Dupont Circle)** – All young adults are invited to attend our September happy hour, and to bring friends or coworkers. Come up the stairs at the back left of the Madhatter; we'll be at the top of the steps. Contact: Sarah at zick.sarah@gmail.com

C†YA for Supper – Thursday, September 25 – 7pm – **Sette Osteria (1666 Connecticut Avenue / Dupont Circle)** – All young adults, friends, coworkers, and fellow foodies are invited to join us for one of our monthly suppers! This month enjoy traditional Italian dishes together at Sette Osteria in Dupont Circle. RSVP at <http://goo.gl/5fdBQk> by September 22. Contact: Sean at jsm243@gmail.com

Inter-parish Kickball Tournament – Saturday, September 27 – 1pm – **National Mall (23rd & Constitution / Foggy Bottom)** – The Archdiocesan-wide young adult kickball tournament returns with another year of bragging rights at stake. Join us for a day of fellowship and friendly competition. Lunch will be served. The Cathedral team is forming. If you're interested in playing or have questions, email stmattsyam@gmail.com.

FAITH IN ACTION

Adult English Conversation Classes –

When? **September 16 to December 11** (13 weeks), Tuesdays & Wednesdays, 6:30 – 8:30pm

Where? St. Matthew's Education Center, 1726 N Street, NW

How much? \$40

Students may register in person on Tuesday, Wednesday and Thursday evenings beginning **September 16** from 6:30pm to 8:30pm, at St. Matthew's Education Center. Student registrations will be accepted until October 7. At registration, each student will be assessed to determine the appropriate class level. Language instruction is provided at Level 1 (Beginner) through Level 5 (Advanced). For more information, visit: <http://www.stmatthewscathedral.org/outreach/esl> or contact Dan Horning at stmattsesl@gmail.com.

Spanish Class for Adults –

When? **September 16 to December 11** (13 weeks), Tuesday, Wednesday, and Thursday from 6:30pm to 8:30pm

Where? St. Matthew's Education Center 1726 N Street, NW

Level? Language instruction is provided at Levels 1 and 2

How much? \$80

Students must register in person during class nights between 6 and 8pm, at St. Matthew's Education Center. Priority registration will be reserved for students who are parishioners of St. Matthew's, particularly those currently involved in a ministry. There are no classes during the week of November 24. For more information, visit <http://www.stmatthewscathedral.org/outreach/spanish-language-classes-0> or contact Dan Horning at stmattsssl@gmail.com.



Join *JustFaith*: Faith-sharing program on living the Gospel and serving the poor

– Are you interested in exploring the social justice tradition of our faith? Do you want to know more about the spiritual journey of the saints and the prophets? Consider taking part in a new justice formation process, *JustFaith*, to begin at our parish this fall. The program includes readings, videos, conversations on the Gospel's call to serving those in need, face-to-face encounters with the poor, and an investigation into the intersection of spirituality and Christian action. Parishes have offered *JustFaith* across the country and across our Archdiocese with dramatic effects. For more information, email Franz Kuo and Tyler Martin at stmattsadvocacy@gmail.com.

Walk for Suicide Prevention – In the U. S., a person dies by suicide every 13.7 minutes, claiming more than 38,000 lives each year. It is estimated that an attempt is made every minute, with close to one million people attempting suicide annually. Join the Respect Life Ministry on **September 20** for the American Foundation for Suicide Prevention's annual walk to raise awareness and funds for suicide prevention. Register or make a donation at <http://www.afsp.org/out-of-the-darkness-walks>. Look for the DC Walk and search for our parish's team called St. Matthew's Cathedral. For more information, email Justin Silvers at stmattthewsrespectlife@yahoo.com.

LECTURAS DE HOY

Hoy la Iglesia celebra la Exaltación de la Santa Cruz, la fuerza espiritual más potente que existe en el universo. Pensemos en el poder de la cruz: ¿Ha habido otro hecho en la historia humana por medio del cual se haya obtenido el perdón para todos y cada uno de los pecados cometidos por todos los seres humanos a través de los siglos? ¿Ha habido otro acontecimiento en el que se haya derrotado completamente al maligno y a todos sus diabólicos seguidores que tratan de hacernos caer y separarnos de Dios? ¿Ha habido algún otro suceso tan poderoso que haya sido capaz de rasgar el velo que separaba el cielo y la tierra y dejar al descubierto un camino nuevo y vivificante hacia el Padre?

La cruz de Cristo tiene el poder de hacer trizas cualquier hábito de pecado que tengamos en la vida. Como una corriente torrenciosa, puede arrastrar todo impulso de ira, inseguridad y desánimo que surja en el corazón y la mente del cristiano. Al igual que una avalancha, derriba todo lo que pretenda obstaculizar la presencia del Señor. La cruz es efectivamente la senda triunfal, porque nos lleva a un nuevo día, una nueva esperanza, una nueva alegría.

¿Has experimentado tú algo parecido en tu vida? ¿Has visto algún hábito pecaminoso que haya desaparecido cuando le pediste ayuda al Señor? ¿Has experimentado la reconciliación con una amistad que ya habías descartado por considerarla irreconciliable? Si has experimentado algo parecido, hoy es tu día, alégrate con los ángeles y los santos del cielo; es hora de admirar los espléndidos efectos que genera la cruz del Señor, y los que seguirá generando en tu vida y en la de tus seres queridos. La cruz de Cristo, radiante y triunfante, es capaz de superar cualquier obstáculo, ya sea espiritual, físico o emocional, que te impida experimentar el amor de Dios.

“Jesús, Señor y Salvador mío, me maravilla y me sobrecoge el poder de tu cruz. Con alegría, celebros la Exaltación de la Santa Cruz, incluso en aquellas situaciones en las que todavía no he saboreado tu victoria.”

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NOTICIAS DE LA PARROQUIA

Formación de Fe – Grupo de Oración – El grupo de Oración continúa con los temas de Formación en la Fe, durante el grupo de oración, los martes a las 7 de la tarde. Estos temas empiezan después del rosario a las 7:30 de la tarde. El tema para el **16 de septiembre** será: La Conciencia Moral. El padre Bill Carloni será el invitado especial. El martes **7 de octubre**, primer martes del mes, se celebra la misa.

Clases de Inglés para Adultos –

¿Cuándo? **16 de septiembre al 11 de diciembre** (13 semanas), los martes, miércoles y jueves de 6:30 a 8:30 de la noche

¿Dónde? St. Matthew’s Education Center (Centro de Educación de San Mateo), 1726 N Street, NW

¿Cuánto? \$40

Los estudiantes podrán matricularse en persona los martes, miércoles y jueves, empezando el *16 de septiembre* entre las 6:00 y las 8:00 de la noche, en St. Matthew’s Education Center. Los estudiantes podrán inscribirse hasta el 7 de octubre. Cada estudiante recibirá un breve examen para determinar cuál es el nivel de clases más apropiado. Las clases de inglés serán impartidas desde el Nivel 1 (principiante) hasta el Nivel 5 (avanzado). Para más información, visite:

<http://www.stmatthewscathedral.org/outreach/clases-de-ingles> o póngase en contacto con Dan Horning al stmattsesl@gmail.com.

Horario de Misa el próximo domingo – El día 21 de

septiembre a las 11:30 de la mañana, el Cardenal Wuerl celebrará una misa especial por el 75 aniversario de la Arquidiócesis de Washington. La misa en español comenzará a la **1:30 de la tarde**.

Catequesis catecumenado y Catequesis Familiar – Se les recuerda a todos los padres de familia que las clases de Catequesis, Catecumenado y Catequesis Familiar comienzan el **28 de septiembre** a las 11:00 de la mañana en el salón de conferencia del Oeste.

Camine por la Prevención del Suicidio – En los Estados Unidos, una persona muere por suicidio cada 13.7 minutos, con más de 38,000 vidas perdidas al año. Únase a nuestro Ministerio de Respeto a la Vida el **20 de septiembre** para la caminata anual de la Fundación Americana para la Prevención del Suicidio (American Foundation for Suicide Prevention) para atraer atención a este tema y para recaudar fondos para la prevención del suicidio. Para registrarse o para hacer una donación visite

<http://www.afsp.org/out-of-the-darkness-walks>. Busque la información para la caminata en Washington, o sea “DC Walk” y luego busque el nombre de nuestro equipo de “St. Matthew’s Cathedral.” Para más información, mande un email a Justin Silvers al stmatthewsrespectlife@yahoo.com o llame a la rectoría.

MASS INTENTIONS**September 14 – 21****Sunday, September 14**

7am – Racine Family
 8:30am – John Francis Pimmel
 10am – John & Janet Gagat
 11:30am – Father V. Anthony
 Dolski
 1pm – Josefa Acevedo Moran
 (living)
 5:30pm – All Parishioners

Monday, September 15

7am – James Foley
 8am – Paul Blawie
 12:10pm – John & Margaret
 McCormack
 5:30pm – Richard Thomas Dwyer

Tuesday, September 16

7am – Sean Donegan
 8am – Crystal Harrington (living)
 12:10pm – Harry N. Naltchayan
 5:30pm – Ronald Steffenser

Wednesday, September 17

7am – Ms. Burang Naguit
 8am – David P. Mora & Family
 (living)
 12:10pm – Samuel Macasieb
 5:30 – Dra. Felicidad Cua-Lim

Thursday, September 18

7am – Terry Bork (living)
 8am – James DeVol
 12:10pm – Bridget T. Mora &
 Family (living)
 5:30pm – Movement of
 Schoenstatt (living)

Friday, September 19

7am – Alex Roque (living)
 8am – Dr. Paul Shannon
 12:10pm – Leo A. Lapuz
 5:30pm – Mary M. Savinski

Saturday, September 20

8am – Teopista Sabelino
 12:10pm – Joseph Lacson
 5:30pm – Julio Cesar Villatoro

Sunday, September 21

7am – All Parishioners
 8:30am – Kurt Packard & Gloria
 Mora (living)
 10am – Simon Heathcote
 11:30am – Mary Wade (living)
 1pm – María Antonia Prieto
 5:30pm – Adotevi Viderot



Behold the cross, which is the altar where the most pleasing sacrifice was offered to God for the living and the dead. He who hung on it offered himself for all, for those living by grace and for those dead through sin.

-St. Thomas of Villanova

LECTURAS DE LA SEMANA**Domingo 14** Nú 21:4-9 / Fil 2:6-11 / Jn 3:13-17**Lunes 15** 1 Cor 11:17-26,33 / Jn 19:25-27*Nuestra Señora la Virgen de los Dolores***Martes 16** 1 Cor 12:12-14,27-31 / *San Cornelio y San Cipriano* Lc 7:11-17**Miércoles 17** Cor 12:31—13:13 / *San Roberto Belarmino* Lc 7:31-35**Jueves 18** 1 Cor 15:1-11 / Lc 7:36-50**Viernes 19** 1 Cor 15:12-20 / Lc 8:1-3
*San Jenaro***Sábado 20** 1 Cor 15:35-37,42-49 / *San Andrés Kim Taegon y* Lc 8:4-15
*San Pablo Chong Hasang y compañeros***Domingo 21** Is 55:6-9 / Fil 1:20-24,27 / *San Mateo Apóstol* Mt 20:1-16**BAPTISM**

Parents who wish to have their child baptized at the Cathedral should contact the Baptismal Coordinator at baptism@stmatthewscathedral.org or 202-347-3215 x555. Parents are encouraged to contact us **at least six (6) months in advance** of a desired baptismal date, and may request a particular priest to perform the Baptism. Early contact allows parents to be scheduled for the necessary sacramental formation session and godparents to obtain letters from their pastor.

If you are a registered parishioner at St. Matthew's and need a letter of good standing in order to be a godparent for a baptism to be celebrated at another parish, please call the Rectory at 202-347-3215 to ask about obtaining a letter.

Horario de la Rectoría
Comenzando el **6 de septiembre hasta el 1de octubre** el horario de la rectoría es el siguiente:

Lunes-Jueves: 9am – 4:30pm
 Viernes: 9am – 4pm
 Sábado-Domingo: Cerrado

VOCATIONS

Day of Prayer for Women Discerning a Religious Vocation – On Saturday, **September 27**, a day of prayer for women discerning a religious vocation will be held from 9am to 3:15pm at the Washington Retreat House (4000 Harewood Rd., NE). The day will include Adoration of the Blessed Sacrament, opportunity for the Sacrament of Penance, quiet prayer time, and Mass with religious sisters. Reflections will be led by Fr. Luke Mary Fletcher, CFR, Fr. Dominic Langevin, OP, and Sr. Mary Rose Beck, SV. The event is free; breakfast and lunch will be provided. RSVP by September 22. For more information, contact Sr. Mary Dolora Keating, RSM at 301-853-4576 or keatingsmd@adw.org.

MARRIAGE

Couples who are interested in celebrating the Sacrament of Marriage at the Cathedral are encouraged to visit the parish website to review our guidelines for weddings. The next step is to call the Rectory at 202-347-3215 and ask for a particular priest or the priest on duty, who can speak to you about marriage preparation and the possibility of scheduling your wedding at the Cathedral. Couples are expected to contact us **at least nine (9) months in advance** of the date on which they hope to celebrate their wedding.

