

TODAY'S READINGS

I will never forget you. (Isaiah 49:15)
Have you ever noticed how mothers have an unparalleled capacity to love? No matter how tough a job she has raising her children, a mother will pour herself into it with all her heart. She is always worried about the welfare of her children. She makes countless sacrifices for them. She is committed to forming her children and teaching them how to live. She tirelessly protects and defends them, no matter what threats may come their way.

No wonder the prophet in today's first reading uses the vocation of motherhood to illustrate God's love for us! We are so used to thinking of God as our heavenly Father, but it's good every now and then to be reminded how much women—especially mothers—reflect God's goodness, love, and devotion as well.

Every time we see a mother comforting her child, we can get a glimpse of the way God wants to comfort us. Every time we see a mother staying up all night with a sick child, we can remember God's promise to carve us in the palm of his hand (Isaiah 49:16).

Whenever we see a mother worrying about choices her adult children are making, we can recall Jesus' words: "How many times I yearned to gather your children together as a hen gathers her brood under her wings!" (Luke 13:34).

Every time we see a mother giving her child advice or correction, we should think about the psalmist's prayer, "Your hands made me and fashioned me; give me insight to learn your commands" (Psalm 119:73).

It's impossible to say where the world would be without a mother's love. And it is just as hard to imagine where we would be without our loving God.

So every time you think about your mother today, think about God. And rejoice in the love that surrounds you!

"Here I am, God. I am so grateful to be your child!"

Taken from *The Word Among Us*, February 2014, Vol. 34, Number 2: Used with permission.

THIS WEEK'S READINGS

Sunday 2	Is 49:14-15 / 1 Cor 4:1-5 / Mt 6:24-34
Monday 3	1 Pt 1:3-9 / Mk 10:17-27
Tuesday 4	1 Pt 1:10-16 / Mk 10:28-31
<i>St. Casimir</i>	
Wednesday 5	Jl 2:12-18 / 2 Cor 5:20—6:2 / Mt 6:1-6,16-18
<i>Ash Wednesday</i>	
Thursday 6	Dt 30:15-20 / Lk 9:22-25
Friday 7	Is 58:1-9 / Mt 9:14-15
<i>St. Perpetua & St. Felicity</i>	
Saturday 8	Is 58:9-14 / Lk 5:27-32
<i>St. John of God</i>	
Sunday 9	Gn 2:7-9; 3:1-7 / Rom 5:12-19 / Mt 4:1-11
<i>First Sunday of Lent</i>	

LECTURAS DE HOY

Busquen primero el Reino de Dios. (Mateo 6, 33)

Este es un consejo muy bondadoso del Señor; pero ¿cómo saber si las prioridades que tenemos son las correctas? Para saberlo, podemos empezar por analizar a qué es lo que le dedicamos tiempo, dinero y esfuerzo. Así descubriremos aquello que realmente

consideramos importante.

Cuando reflexionamos en lo que hacemos o no hacemos, posiblemente veamos que la montaña de obligaciones y proyectos que tenemos pendientes es agobiante.

Sin duda cosas buenas y urgentes, pero también otras que no lo son tanto. Es posible que haya cosas triviales a las que demos más tiempo del que sea prudente, y esto nos hace desviar la atención de lo que es más importante: buscar el Reino de Dios.

"No se inquieten" (Mateo 6,31) nos dice el Señor, porque por su intermedio Dios ha derramado sobre sus hijos el Espíritu Santo para que haga su morada en nuestro ser para fortalecernos, ayudarnos, aconsejarnos y corregirnos. San Pablo dice que el poder de Dios se muestra mejor en la debilidad (2 Corintios 12, 9), de modo que si confiamos en el poder del Espíritu Santo, él nos fortalecerá para dar los pasos correctos que nos permitirán acercarnos más a Dios cada día.

Algunas acciones que te ayudarán a ti y a mí a mantenernos en el camino correcto son las siguientes: Comienza cada día haciendo diez minutos de oración personal y leyendo la Sagrada Escritura. Toma la decisión de no caer hoy día en un pecado habitual que tengas, o de rezar por la conversión de una persona determinada. Al anochecer, dale gracias a Dios por las bendiciones recibidas y arrepíentete si has caído en falta o incumplido alguna de tus promesas. El próximo día podrás comenzar de nuevo con la conciencia tranquila.

"Jesús, Señor y Dios mío, me entrego por entero a ti. Quitá de mí, Señor, te lo ruego, todo lo que pretenda usurpar tu lugar en mi vida y lléname de tu fuerza para mantenerme fiel."

Escogida con el permiso de *La Palabra Entre Nosotros*, Vol. 33, Número 3: febrero 2014.

LIVING LENT ✝

*Ash Wednesday, the beginning of Lent, is **March 5**. Each year on Ash Wednesday, we are reminded that all we see and experience in our world will pass away. Our only hope is in the Lord, who will rescue and bring us to eternal life in Him. While we battle with the trials and sufferings of this world, God is constantly there to refresh us. My prayer for you this Lent is that you will reach out to the Lord with a spirit renewed through prayer and penance and with an ever-increasing awareness of the power of His love for us. —Msgr. Jameson*

LENTEN FAST AND ABSTINENCE – Ash Wednesday, **March 5**, and Good Friday, **April 18**, are days of fast and abstinence. All Catholics who have reached their 18th birthday and are less than 60 years of age are bound to observe the fast, by which they are limited to a single full meal during the course of the day. All Catholics who have reached their 14th birthday must observe days of abstinence, during which no meat may be eaten. Ash Wednesday, Good Friday and all Fridays of Lent are days of abstinence.

STATIONS OF THE CROSS – The Via Crucis is a journey made in the Holy Spirit, the divine fire that burned in the heart of Jesus (cf Lk 1: 49-50) and brought him to Calvary. The Stations of the Cross, in the form adopted by Pope John Paul II, will be prayed on **Ash Wednesday** at 3pm in English and at 8pm in Spanish, each **Friday** during Lent in English at 6pm, each **Sunday** during Lent in Spanish at 2:15pm, and on **Good Friday** at 7:30pm. Join us for this beautiful devotion, which is particularly fitting for Lent.

SIMPLE LENTEN MEALS – Join us Friday evenings of Lent for Simple Lenten Meals in the North Conference Room, after the 6pm Stations of the Cross. Each week, a simple meal will be prepared and served by a different parish group, and a different local charity will speak briefly on the services they provide in our community. Donations will benefit the featured charity. The first meal, on **March 7**, will be prepared by the Social Justice Committee. Donations will benefit our Emergency Assistance program that helps parish families.

LENTEN PRAYERS FOR SEMINARIANS – Please take a moment to stop by the “Vocations Tree” at the Cathedral main entrance. The tree has cards for all 73 seminarians of the Archdiocese of Washington and the upcoming ordination class of permanent deacon candidates. You are invited to choose one (or more!) and pray for him each day during Lent. Make it a beautiful Lenten offering to the Lord to pray for these men who are called to give their lives to serve His people.

CRS RICE BOWL – Our parish will participate in Catholic Relief Services (CRS) Rice Bowl program as a way to encounter Jesus through others, especially the most vulnerable. Paper coin boxes or “Rice Bowls” will be available to take home with you beginning next Sunday, **March 9**. Your prayers, fasting and almsgiving this Lent will help CRS continue to provide life-saving assistance in nearly 100 countries. For more information, visit www.crsricebowl.org or contact Norma Canedo at ncanedo@stmatthewscathedral.org.

PARISH CALENDAR

March 2 – March 9

SUNDAY 2—A second collection for Cathedral maintenance is taken at all Masses.

HCEF offers gifts from the Holy Land for sale in the North Conference Room after Masses.

Las clases de Catequesis, Catecumenado y Catequesis Familiar continúan a las 11:00 de la mañana.

Ensemble 42 presents a concert at 7pm in the Cathedral.

MONDAY 3—The Parish Council meets at 6:45pm in the East Conference Room.

TUESDAY 4—El grupo de Oración comienza a las 7 de la tarde con el rosario, y a continuación el taller de Oración y Vida en el salón de conferencias del Oeste.

WEDNESDAY 5—**Ash Wednesday**.

Masses (with distribution of ashes) are celebrated at 7am, 8am, 11am, 12:10pm, 1:15pm, 5:30pm and 7pm (en español). No confessions are scheduled. Stations of the Cross are prayed at 3pm and 8pm (en español).

Breaking Open the Word meets at 7pm in the West Conference Room.

THURSDAY 6—Legión de María se reunirá a las 6:30 de la tarde en el salón de conferencias del Este.

The Social Justice Ministry holds a Prayer and Fellowship gathering at 6:30pm in the West Conference Room.

FRIDAY 7—**Stations of the Cross** are prayed at 6pm, followed by a Simple Lenten Meal served in the North Conference Room.

SATURDAY 8—A Lenten Morning of Reflection is held at 9am in the North Conference Room.

SUNDAY 9—First Sunday of Lent

Las clases de Catequesis, Catecumenado y Catequesis Familiar continúan a las 11:00 de la mañana.

The Cathedral Club meets at 1pm in the West Conference Room.

El Vía Crucis se rezará (en español) a las 2:15 de la tarde.

Always God’s Children meets in the West Conference room at 3:30pm.

FAITH FORMATION

rites of Sending and Election – This Sunday, **March 2**, we will celebrate the Rite of Sending at the 11:30am Mass for fifteen adults and two children who have been preparing to become Catholic through the Rite of Christian Initiation of Adults. During this brief ceremony, the parish community will affirm these individuals and send them to Cardinal Wuerl for a special liturgy at the Basilica of the National Shrine of the Immaculate Conception on the First Sunday of Lent. During this Rite of Election and Call to Continuing Conversion, Cardinal Wuerl will welcome these women and men and encourage them on their faith journeys. At the Easter Vigil, nine of these individuals will become Christians through Baptism in the Catholic Church, four will formally join the Catholic Church from other Christian denominations, and two will complete their Catholic initiation. Please keep these women and men in your prayers.

BOOK CLUB: SAINT THOMAS AQUINAS – “THE DUMB OX”

All are welcome to join the Book Club on Monday, **March 10** for a discussion of *Saint Thomas Aquinas – “The Dumb Ox”* by G. K. Chesterton. Published in 1933, this book is recognized as one of the finest introductions to St. Thomas Aquinas and his scholarly works. The Book Club will meet at 6:45pm in the West Conference Room (accessible via the alley to the left of the front of the Cathedral).

BECOMING CATHOLIC – Throughout the year, adults come forward seeking to learn about the Catholic faith. For those who are interested in learning about the Catholic faith or thinking about becoming Catholic, St. Matthew’s offers Inquiry, a casual, ongoing conversation about the Catholic faith, once a month. Inquiry is the first step in the process of discerning one’s commitment to full initiation in the Catholic Church. Inquiry meets on the second Wednesday of the month from 6:30 to 7:30pm in the East Conference Room (accessible through the glass-and-iron door at the base of the driveway leading into the public parking garage to the right of the front of the Cathedral). A brief overview of the entire adult initiation process (RCIA), which begins formally in June each year, can be presented after Inquiry for those who are interested. The next Inquiry will be held Wednesday, **March 12**. For more information, contact Heather Kinney at hkinney@stmatthewscathedral.org.

ADULT CONFIRMATION PREPARATION – Each spring during the Easter season, St. Matthew’s offers adult Confirmation preparation for active, baptized Catholics who already have received their First Eucharist. Preparation includes four Thursday evenings (**May 1, 8, 15 & 22**) and one Saturday (**May 17**). The celebration of adult Confirmation in 2014 will occur at a special Mass on Ascension Sunday, **June 1**. Registration forms are available in the Cathedral rectory and on the parish website. The deadline to register is Friday, **April 4**. Contact: Heather Kinney at hkinney@stmatthewscathedral.org.

BIBLE STUDY ON THE GOSPEL OF JOHN



Time: 10:30 to 11:45am
(Consider staying for our 12:10pm Mass afterward.)

Dates: **Saturdays,**

March 15, 22 & April 5

Place: **East Conference Room**

Facilitator: **Father Jack Hurley**

March 15 – The Last Supper

March 22 – The Passion

April 5 – The Resurrection

Please bring a Bible and your own morning beverage. Homemade coffee cake will be provided.

No RSVP Necessary & No Cost to Attend!

All Are Welcome!

Contact: Heather Kinney
Director of Faith Formation
hkinney@stmatthewscathedral.org

SOCIAL CONCERNS

PRAYER AND FELLOWSHIP – The Social Justice & Community Services Committee invites current volunteers and interested parishioners to a gathering on Thursday, **March 6**. Join us for fellowship and to learn more about committee activities. The evening will begin with a joint prayer with the Community of Sant’Egidio at 6:30pm in the West Conference Room (entrance on left side of the cathedral). Light refreshments and snacks will follow. Contact Franz Kuo at franzkuo@gmail.com for more information.

SPEAK OUT FOR THOSE IN NEED – In anticipation of the DC mayoral primary on April 1, the Washington Interfaith Network (WIN) is holding events encouraging candidates to focus on the needs of the city’s poor and homeless. WIN will hold an event led by young voters under 35 and living in DC on **March 6** at 6:30pm at All Souls Church (1500 Harvard Street, NW). If you would like to participate or have questions, contact Tyler Martin at stmattsadvocacy@gmail.com.

ORDINATIONS



Br. Gabriel Torretta, O.P., a Dominican student brother assigned to St. Matthew's Cathedral, will be ordained to the transitional diaconate on Saturday, **March 8** at 10:30am at the Dominican House of Studies. Br. Gabriel entered the Order of Preachers in 2008; before that, he studied Japanese literature at Columbia University in New York. At the Cathedral, Br. Gabriel has been assisting in an adult catechesis program and working with the Cathedral Young Adults, in particular helping to run the C†YA for a Discussion series, *Who Is God?* He will continue to serve at the Cathedral until May 2015, when he will be ordained to the priesthood.

Br. Gabriel thanks the parishioners, staff, and priests of St. Matthew's for their generous welcome, and for the opportunity to pray and witness to the faith of Jesus Christ together. Please keep him and all seminarians in your prayers.

NOTICIAS DE LA PARROQUIA

LECTURAS DE LA SEMANA

Domingo 2 Is 49:14-15 / 1 Cor 4:1-5 / Mt 6:24-34

Lunes 3 1 Pe 1:3-9 / Mc 10:17-27

Martes 4 1 Pe 1:10-16 / Mc 10:28-31

San Casimiro

Miércoles 5 Jl 2:12-18 / 2 Cor 5:20—6:2 /

Miércoles de Ceniza Mt 6:1-6,16-18

Jueves 6 Dt 30:15-20 / Lc 9:22-25

Viernes 7 Is 58:1-9 / Mt 9:14-15

Santa Perpetua y Santa Felicitá

Sábado 8 Is 58:9-14 / Lc 5:27-32

San Juan de Dios

Domingo 9 Gén 2:7-9; 3:1-7 / Rom 5:12-19 /

Primer domingo de Cuaresma Mt 4:1-11

ORACIONES POR LOS SEMINARISTAS EN CUARESMA

– Por favor, tome un momento y pase a la entrada de la Catedral, para ver el “Árbol de Vocaciones,” un arbolito que tiene 73 tarjetas en sus ramas por todos los seminaristas de la Arquidiócesis de Washington y los candidatos de la ordenación al diaconado. Está invitado a elegir una o (más) y rezar por él cada día durante la Cuaresma. Haga una bonita ofrenda al Señor en Cuaresma, rezando por estos hombres que han sido llamados a dar sus vidas para servir a Su pueblo.

AYUNAR – Miércoles de Ceniza (**5 de marzo**) y Viernes Santo (**18 de abril**) son días de ayuno y abstinencia. Los católicos que ya llegaron a los 18 años de edad,

pero que son menores de 60 años, están obligados al ayuno, que consiste en una sola comida completa durante el día. Todos los católicos que han cumplido 14 años están obligados a los días de abstinencia en los cuales no se debe de comer carne. Miércoles de Ceniza, Viernes Santo y todos los viernes de Cuaresma son días de abstinencia.

MINISTERIO DE JUSTICIA SOCIAL, ORACIÓN Y FRATERNIDAD

– El comité de Justicia Social & Servicios Comunitarios, invita a los voluntarios y feligreses interesados, a un evento social el jueves **6 de marzo**. Únase a nosotros en amistad y para aprender más sobre las actividades del comité. La tarde empezará con una oración en común con la comunidad de San't Egidio a las 6:30 en el salón del Oeste (entrada al lado izquierdo de la Catedral). Se ofrecerá un ligero refrigerio. Puede ponerse en contacto con Franz Kuo a: franzkuo@gmail.com para más información.

SEA LA VOZ PARA LOS NECESITADOS

– En anticipación de la primaria para la alcaldía el 1 de abril, Washington Interfaith Network, (WIN) organizará un evento dirigido por jóvenes votantes de menos de 35 años que viven en DC, el **6 de marzo** a las 6:30 de la tarde en la iglesia All Souls (1500 Harvard Street, North West). Como miembros de WIN, San Mateo está buscando feligreses que puedan atender (Todos los que se sientan jóvenes de corazón ¡son bienvenidos!). Para participar o más información, contacte a Tyler Martin at stmattsadvocacy@gmail.com.

CENAS SIMPLES DE CUARESMA – Únase a nosotros cada viernes de Cuaresma para una cena simple, en el salón del Norte, después del Vía Crucis (en inglés). Cada semana una cena simple será preparada por un grupo diferente de la parroquia. Una organización local será invitada a dar una breve presentación sobre los servicios que ellos ofrecen a la comunidad. La donación será entregada a la organización que presente esa noche. La primera cena será preparada por el comité de Justicia Social y se llevará a cabo el viernes **7 de marzo**, la donación que se recoja esa tarde será para el programa de asistencia de emergencia de la Catedral que ayuda a las familias de la parroquia.

PARTICIPE EN EL PLATO DE ARROZ – Nuestra parroquia participará en el programa de Plato de Arroz de *Catholic Relief Services (CRS)*, una forma de encontrar a Jesús mediante los demás, especialmente entre los más vulnerables del mundo. Las cajas de cartón, estarán disponibles el domingo **9 de marzo**. Si tiene alguna pregunta, póngase en contacto con Norma Canedo a: ncanedo@stmatthewscathedral.org.

MASS INTENTIONS**March 2– March 9****Sunday, March 2**

7am – All Parishioners
 8:30am – Juan Contalba
 10am – Jim Anthony
 11:30am – Raymonde Grossman
 Haim
 1pm – Acción de Gracias
 5:30pm – Jim Anthony

Monday, March 3

7am – Marjorie Lutz
 8am – Marge Griffin
 12:10pm – Moises, Esteban & Adelina
 Lopez
 5:30pm – Suzanne Griffin (living)

Tuesday, March 4

7am – Kelly Walker
 8am – Alfred T. Stanley
 12:10pm – Antonio Lomero
 5:30pm – Emma Mirasol

Wednesday, March 5

7am – Virgilio del Rosario
 8am – Francisco & Angélica De
 León
 11am – Judith Mary McManus
 Dineen
 12:10pm – Lisa Benbouzid
 1:15pm – Marjorie Lutz
 5:30pm – Jacqueline Gill Hackley
 7pm – Maria Crisitina Ponchon

Thursday, March 6

7am – Terry Bork (living)
 8am – Elizabeth Pyle Whitney
 12:10pm – Leonora Zuñiga
 5:30pm – Ray McDonough

Friday, March 7

7am – Nestor & Teofila Palomino
 8am – Virgen de Guadalupe
 12:10pm – Tino de Zuñiga
 5:30pm – Arthur Drozd

Saturday, March 8

8am – Teresa Cundin
 12:10pm – Josiane Kwaou
 5:30pm – Nancy McKinley

Sunday, March 9

7am – All Parishioners
 8:30am – George William Koch
 10am – Dominador P. Santiago
 (living)
 11:30am – Rose Parrilli
 1pm – Dora Aguirre
 5:30pm – Maria Crisitina Ponchon

NEWS AND NOTES**ALWAYS GOD'S CHILDREN –**

Always God's Children, the Cathedral parish's gay and lesbian ministry, will meet next Sunday, **March 9** in the West Conference Room at 3:30pm.

VOLUNTEERS NEEDED – St.

Matthew's Hospitality Committee has hosted hospitality receptions after Masses on the first Sunday of each month to give parishioners and visitors an opportunity to meet and mingle. Before we can host any such events this year, we need more volunteers. Contact the committee at stmatthshospitality@gmail.com if you're interested, and let them know which Mass you generally attend along with any suggestions for these events. Thank you, and we hope to hear from you soon!

LIVE JESUS 2014 – All are invited to the 11th annual *Live Jesus*—a morning of reflection, fellowship, and prayer with the Oblates of St. Francis de Sales. This year's program is "Francis and Francis – Living the Gospel Today – The Salesian Spirit of the Jesuit Pope." A featured speaker is Fr. Kevin Nadolski, OSFS, who spoke in October at St. Matthew's on the Holy Spirit. *Live Jesus* will be held from 8am to 12:45pm on Saturday, **March 15** at Our Lady of Good Counsel Church in Vienna, VA. Find further details and register at www.oblates.org.

2014 ANNUAL JUBILIAN MASS –

Cardinal Donald Wuerl will celebrate the annual Jubilarian Mass honoring couples married 25, 30, 35, 40, 45, 50 and 51+ years on Sunday, **June 15** at 2pm at the Basilica of the National Shrine of the Immaculate Conception. Please call 202-587-5143 to register by **Monday, April 14**.

YOUNG ADULTS**C+YA AT MASS – Weekly on Sundays**

– **5:30pm – Cathedral** – Don't sit alone at Mass—celebrate with other young adult parishioners. Join us in the first few rows on the right of the nave, in front of the pulpit near the choir – look for the "reserved" signs on the pews. Contact: Lara at lara.ericson@gmail.com.

C+YA for a Discussion: Questions on Faith – Thursday, March 6 – 7 to

8:30pm – Uptown Tap House (3412 Connecticut Avenue NW / Cleveland Park) – Join us for our next monthly discussion on core aspects of our faith. This month, we will explore the topic of the crucifixion. No need to have attended earlier discussions. All are welcome to question, challenge, or just listen in a casual setting! Contact: Mike m.owens810@gmail.com

Volunteering at the Northwest Center – Tuesday, March 11 – 6 to

8pm – Northwest Center (2702 Ontario Road NW / Columbia Heights) – Please help us in supporting a great organization that provides comprehensive care to pregnant women and babies! Each month, we help with odd jobs like sorting donations, cleaning, painting, or yard work. For more information or to sign up, contact Natalie Committee at natalie.committee@gmail.com.

Christ in the City: Young Adult Mass – Thursday, March 13 – 6pm

(adoration & confessions) / 7pm (Mass) – Immaculate Conception (N Street at 8th Street NW / Mt. Vernon Square) – Come together with young adults from across the Archdiocese for a special Mass of Thanksgiving in honor of the first anniversary of Pope Francis' election! Contact: Jonathan at dccatholic@adw.org

Stay up to date with all of the Cathedral Young Adult events by checking out our website at

www.stmatthewscathedral.org/cya, and joining our listserv. Want to learn more? Email stmattsyam@gmail.com.

Cathedral of St. Matthew the Apostle
Office of Music Ministry

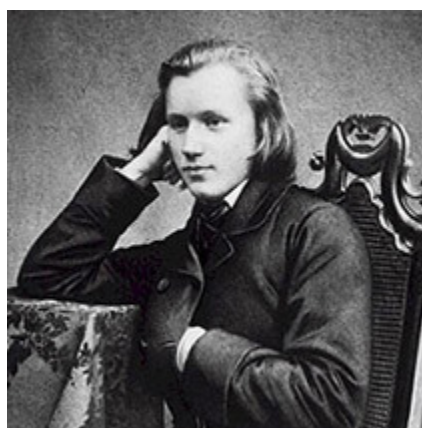
presents

Ensemble 42

DC-BASED WIND-STRINGS CHAMBER MUSIC ENSEMBLE

performing

Serenade No. 1



Johannes Brahms

The piece which Brahms later rearranged for a larger orchestra bursts with the energy and passion of the young Brahms, while hinting at the reflective depth of his later years. In the past, Ensemble 42 had also performed the Schubert Octet and the Beethoven Septet, and had also recorded both pieces. The 45 minute concert is free and open to the public.

Sunday, March 2 at 7:00 p.m.

*For more information, please contact the Office of Music Ministry
at 202/587-5141*

RECONCILED: SALESIAN PERSPECTIVES ON MERCY, HUMILITY, AND FORGIVENESS

Parish Lenten Morning of Recollection

with Father Michael Murray, OSFS

Lent is the forty-day liturgical season during which the Church invites all Christians to renewal and reconciliation. Through the disciplines of prayer, fasting, and almsgiving, we journey with our Lord Jesus to the Cross on Good Friday and to His resurrection on Easter Sunday.

Join us the morning of Saturday, **March 8**, as Father Michael Murray, an Oblate of St. Francis de Sales, returns to lead our annual Lenten Morning of Recollection. The morning will include presentations by Father Murray, time for private reflection, opportunities to mingle, and Mass to close our time together.

Prepare to proclaim Christ's glorious Resurrection this Easter by joining us for our annual Lenten Morning of Recollection!

JOIN US! ALL ARE WELCOME!

DATE: SATURDAY, MARCH 8, 2014
TIME: 9AM – 1PM (includes 12:10pm Mass)
PLACE: NORTH CONFERENCE ROOM

*Please register no later than Sunday, **March 2** to hkinney@stmatthewscathedral.org
(subject line: Lenten Morning of Recollection RSVP) or 202-347-3215 x530.*

FREEWILL OFFERINGS WILL BE GRATEFULLY COLLECTED FOR THE SUPPORT OF
FAITH FORMATION EVENTS AND PROGRAMS AT ST. MATTHEW'S CATHEDRAL.



Father Michael Murray, OSFS is an Oblate of St. Francis de Sales who currently serves as the Executive Director of the De Sales Spirituality Center in Wilmington, Delaware. Father Murray previously spent fourteen years in secondary school ministry at Father Judge High School in Philadelphia, Salesianum School in Wilmington, and Northeast Catholic High School in Philadelphia. He also led St. Matthew's Advent Day of Recollection – "Everyday Holiness: Salesian Perspectives on the Beatitudes of St. Matthew" – in 2013. In addition to his ministerial activities, Father Murray is a freelance writer and photographer.



CATHEDRAL OF ST. MATTHEW THE APOSTLE

1725 Rhode Island Avenue NW • Washington DC 20036

(202) 347-3215 • www.stmatthewscathedral.org

Metro: Red Line to Dupont Circle (South exit) or Farragut North (L Street exit)

Parking: limited street parking in front of Cathedral or \$5 flat fee in public garage next to Cathedral



Lenten Lecture Series

Cathedral of St. Matthew the Apostle

ENCOUNTERING JESUS

*In his apostolic exhortation **Evangelii Gaudium**, Pope Francis writes, “The joy of the gospel fills the hearts and lives of all who encounter Jesus. Those who accept his offer of salvation are set free from sin, sorrow, inner emptiness and loneliness. With Christ joy is constantly born anew” (1). This year’s Lenten Lecture Series will highlight ways in which we can strive to draw closer to Jesus Christ in our everyday lives and share the power of those encounters with others.*

Week 1 (Thursday, March 13)

WHERE DO WE MEET JESUS?

Rev. Msgr. Peter J. Vaghi

Pastor, Church of the Little Flower, Bethesda MD

Author, *Encountering Jesus in Word, Sacraments, and Works of Charity*

Week 2 (Wednesday, March 19 or Thursday, March 20)

ENCOUNTERING JESUS IN THE WORD

Sr. Patricia A. Parachini, SNJM

Affiliate Faculty, Loyola University Maryland

Week 3 (Wednesday, March 26 or Thursday, March 27)

ENCOUNTERING JESUS IN THE SACRAMENTS

Rev. Raymond B. Kemp

Special Assistant to the President, Georgetown University

Week 4 (Wednesday, April 3 or Thursday, April 4)

ENCOUNTERING JESUS IN WORKS OF CHARITY

Very Rev. James J. Greenfield, OSFS

Provincial, Wilmington-Philadelphia Province,
Oblates of St. Francis de Sales

Wednesday lectures: 12:45pm to 1:45pm

Thursday lectures: 7pm to 8pm

*All lectures will be held in the
North Conference Room.*

Follow the directional signs to the lectures. Lectures are free and open to the public. Join us for any or all. No RSVP necessary.

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public garage next to Cathedral
(\$10 per hour before 4pm-\$16 daily max or \$5 flat fee after 4pm)*

Origins of Lent



From the earliest centuries (1st/2nd) of the Church's celebration of Easter, particularly in the Eastern Church, there was a strict fast associated with the commemoration of the Paschal feast. This fast (restricted to eating bread with salt and water) occurred on the two days immediately preceding the celebration of the Easter Vigil. During the 3rd century, the fast was extended to a week; later in the early 4th century, a three-week period of a less absolute fast began to be observed in churches around Rome beginning with what came to be known as Laetare Sunday.

In the period 354-384, church writings describe a fast that began 40 days before what is now known as Holy Thursday. Thus, this 40 day fasting period officially began on the 6th Sunday before Easter. But, from the earliest days of the Church, Sundays had always been excluded from any days set aside for fasting. So, church officials, desiring to maintain the idea of 40 days for fasting, tacked on additional days to compensate. Consequently around the beginning of the 6th century, we have the creation of Wednesday as the official beginning of the 40 days of fast. The pope marked this with a solemn procession during which the participants sang the antiphon "Immutemur habitu" (Let us don sackcloth and ashes). Not until the 13th century did the imposition of ashes become formalized and added to the liturgy in what we know today as Ash Wednesday.

Fasting in the early church was always accompanied by meetings for prayer and listening to the Word of God. As a result, the period of Lent was a natural time for catechumens to begin their final preparation for baptism at the Easter Vigil and for baptized sinners to complete their period of penance and be returned to the Christian community during a reconciliation liturgy that occurred on Holy Thursday morning. During the 4th century, the celebration of the "scrutinies" on the 3rd, 4th and 5th Sundays of Lent for catechumens began in Rome, but then was de-emphasized throughout the Church until the reforms of Vatican II.

During the 6th century, church writings described two different celebrations that occurred on the 6th Sunday of Lent. In Jerusalem, this day was marked by a solemn procession retracing the triumphal entry of Christ and his disciples into Jerusalem, often with palms in hand. In Rome, however, this day was marked by the reading of St. Matthew's account of the passion and death of Jesus. Thus, we have the two titles associated with the 6th Sunday of Lent – Palm Sunday and Passion Sunday. It was not until later centuries that the Church combined the forms of celebration (procession with palms and reading of the passion) as part of same liturgy, the solemnity of which was revitalized by the Vatican in 1955 and 1970.

Lent, as a defined liturgical period, ends with the celebration of Vespers on Holy Thursday afternoon. Later on this day, the liturgical celebration of the Lord's Supper begins the extended celebration of the Triduum.

ST. MATTHEW'S WOMEN'S LENTEN WEEKEND RETREAT

March 21 - 23, 2014

All Women Parishioners and Friends Welcome

*"Come away by yourselves to a deserted place
and rest a while." (Mk 6:31)*



Washington Retreat House

4000 Harewood Road, NE
Washington, DC 20017-1595

Retreat Leader – Rev. Paul Henry

Spiritual director for the Archdiocese of Baltimore,
on staff at the St. Mary's Spiritual Center of Baltimore,
and adjunct retreat director for the Jesuit Retreat House in Faulkner, Maryland

Check-in at Washington Retreat House is Friday, March 21 at 5:30pm
(earlier or later arrival is fine also), followed by dinner at 6:30pm.

The retreat ends around noon on Sunday, March 23.

For more information, contact Julie Mitchell,
St. Matthew's Retreat Promoter, at 202-744-1460 or jmitchell@steinmitchell.com,
A non-refundable \$25 deposit is required, with the balance due upon arrival.

Women's Retreat Registration Form

MAIL TO: Julie Mitchell
1100 Connecticut Avenue, NW
#1100
Washington, DC 20036
202-744-1460

Please make _____ reservation(s) for the Weekend
Retreat to be held March 21-23, 2014 at the Washington Retreat
House, 4000 Harewood Road, NE, Washington, DC 20017-1595.
The offering is \$170.00. I understand that a \$25.00 non-
refundable deposit will hold my reservation.
Checks should be made payable to: Washington Retreat House.

Name _____

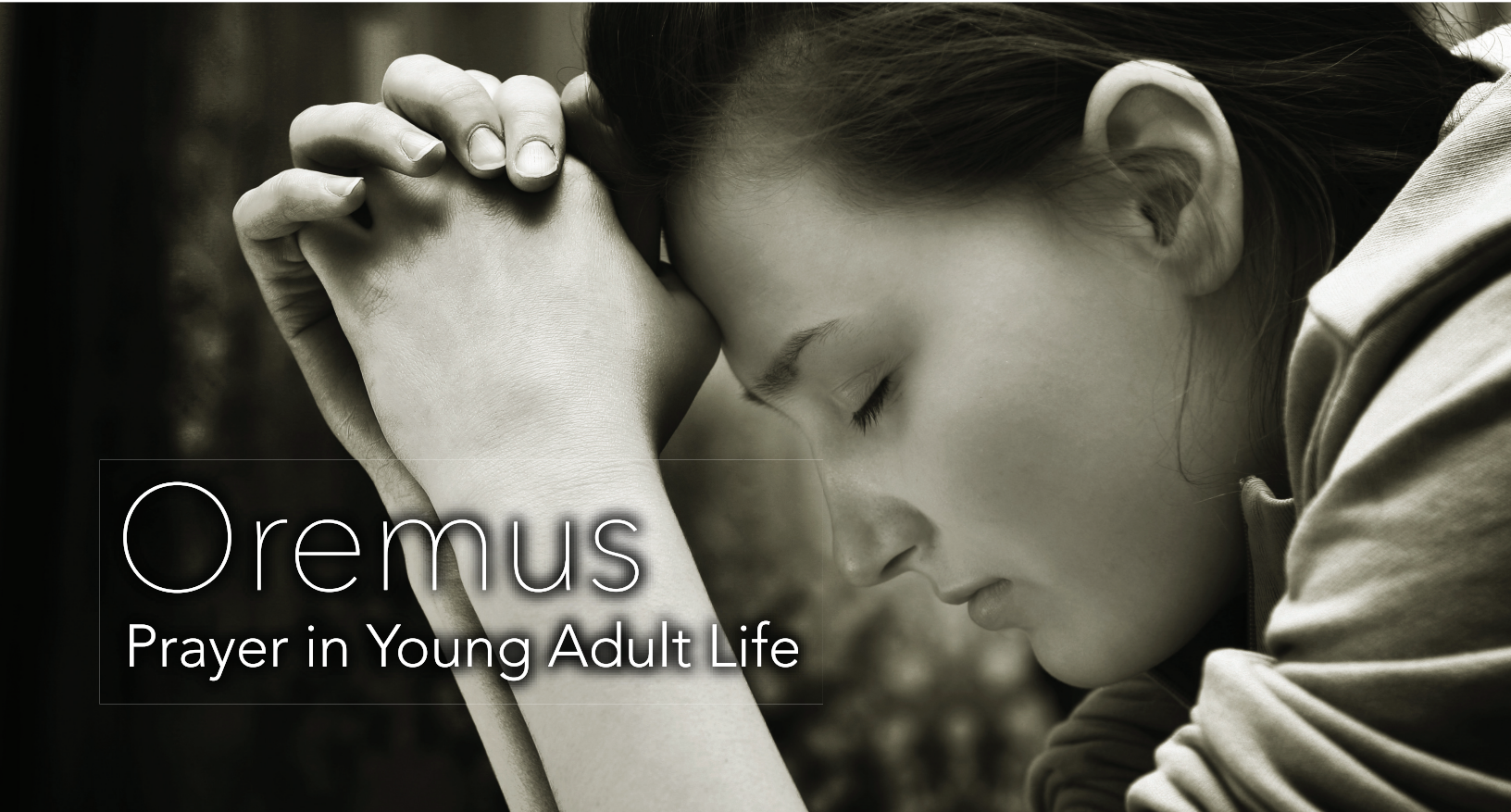
Address _____

Telephone _____

Email address _____



2ND ANNUAL SPRING RETREAT

A black and white photograph of a young woman with her eyes closed, resting her head on her clasped hands in a prayerful pose.

Oremus

Prayer in Young Adult Life

April 5-6th

**BELLARMINE
RETREAT CENTER**

Join other young adults in their 20s and 30s for an overnight retreat to grow in faith and fellowship. With the Blue Ridge Mountains as our backdrop, this retreat is designed to help us focus on our prayer lives through the faith experiences of other young adults, group discussions, and time for personal prayer and reflection. Please contact stmattsyam@gmail.com with any questions.

Register Online

[BIT.LY/1JWMJPQ](http://bit.ly/1JWMJPQ)

\$70 Per person includes transportation, meals and lodging
*Financial assistance is available



Looking for a convenient way to support our parish offertory?

Faith Direct is the innovative solution that allows you to support our parish using electronic funds transfer from either a credit card or bank account. It is a hassle-free, simple solution for today's busy families.

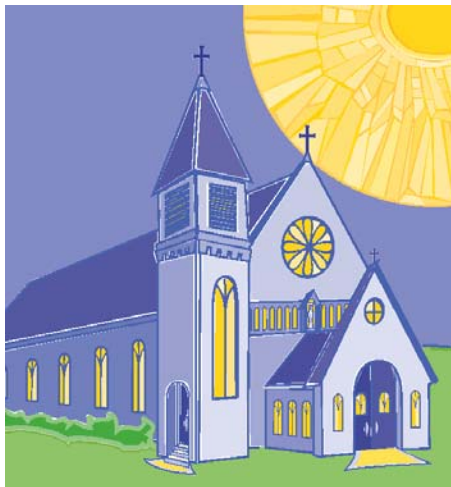
Sign up using the enrollment form on the other side or go online to www.faithdirect.net and use our parish code **DC284** to enroll today!

ENROLL TODAY!

How does Faith Direct work?

Faith Direct is a secure system that works directly with your bank or credit card—much the same as other direct payments you may have set up for utility bills or mortgage payments.

When do transactions take place?



Transactions take place once per month on the 4th or the next business day. The total amount of your gifts for that current month (both offertory & second/special collections) will be debited in one monthly total. The Cathedral will receive the funds 4 business days later.

Can I stop, increase, or decrease my payment at any time?

Yes, by calling *Faith Direct* at 1-866-507-8757 (toll free) by emailing info@faithdirect.net, or by logging in to your account through www.faithdirect.net.

How does the Cathedral benefit from my participation with Faith Direct?

The Cathedral will see a substantial increase in net revenue, a decrease in administrative costs, and a clearer picture of cash flow for their needs.

If you have any questions about the *Faith Direct* program, please call 1-866-507-8757 {toll free} or send an email to info@faithdirect.net, or contact Pam Erwin at the Rectory at 202-347-3215 x537 or perwin@stmatthewscathedral.org.

E-GIVING ENROLLMENT FORM



Cathedral of St. Matthew the Apostle
1725 Rhode Island Avenue, NW
Washington, DC 20036

FOR ONLINE ENROLLMENT
USE CHURCH CODE:

DC284

C

Faith Direct • Attention: Enrollment • P.O. Box 7101 • Merrifield, VA 22116-7101 • 1-866-507-8757 {toll free} • www.faithdirect.net

“As each one has received a gift, use it to serve one another as good stewards of God's varied grace.” (Peter 4:10)

Weekly Offertory contribution: \$ _____

(Note: Total contribution amount will be debited on the 4th of the month or the next business day. The total amount will be determined by the number of Sundays in the month. Some months have 5 Sundays.)

You may also choose to give to the following second and special collections.
The amount indicated will be debited in the month listed as part of the regular monthly transaction.

COLLECTION	AMOUNT	MONTH	COLLECTION	AMOUNT	MONTH
<input type="checkbox"/> Cathedral Maintenance	\$ _____	Monthly	<input type="checkbox"/> Holy Father	\$ _____	June
<input type="checkbox"/> Music Ministry	\$ _____	Monthly	<input type="checkbox"/> Catholic Communications & Human Development	\$ _____	August
<input type="checkbox"/> Poor Box/Outreach	\$ _____	Monthly	<input type="checkbox"/> Assumption	\$ _____	August
<input type="checkbox"/> Solemnity of Mary	\$ _____	January	<input type="checkbox"/> Catholic University	\$ _____	September
<input type="checkbox"/> Church Missions within the US	\$ _____	January	<input type="checkbox"/> Propagation of the Faith/ World Missions	\$ _____	October
<input type="checkbox"/> Churches in the Developing World	\$ _____	February	<input type="checkbox"/> All Saints Day	\$ _____	November
<input type="checkbox"/> Ash Wednesday	\$ _____	March	<input type="checkbox"/> All Souls Day *	\$ _____	November
<input type="checkbox"/> Holy Thursday	\$ _____	March/April	<input type="checkbox"/> Archdiocesan Priests' Retirement	\$ _____	November
<input type="checkbox"/> Holy Land	\$ _____	March/April	<input type="checkbox"/> Retirement Fund for Religious	\$ _____	December
<input type="checkbox"/> Easter Flowers	\$ _____	March/April	<input type="checkbox"/> Immaculate Conception	\$ _____	December
<input type="checkbox"/> Easter Sunday (In addition to regular Sunday gift)	\$ _____	March/April	<input type="checkbox"/> Christmas Flowers	\$ _____	December
<input type="checkbox"/> Catholic Relief Services	\$ _____	May	<input type="checkbox"/> Christmas	\$ _____	December

* Please call the church at 202-347-3215 with the names of your intentions for this collection.

I would like to enroll in the Faith Direct program for the benefit of the Cathedral of St. Matthew the Apostle. I understand that my total monthly contribution amount will be transferred directly from my checking account or credit card as stated above, a record of my gifts will appear on my bank or credit card statement, and my transfers will begin on the 4th or next business day of the month following my enrollment. I understand that I can increase, decrease, or suspend my giving by contacting Faith Direct toll free at 1-866-507-8757.

{All gifts provided to your Church originating as Automated Clearing House transactions comply with US law.}

Signature: X _____ Date: _____

Name(s): (please print) _____

Street Address: _____ Church Envelope #: _____

City/State/Zip Code: _____

Telephone: _____ E-mail: _____

Name as I/we would like it to appear on Offertory Cards: _____

I do not wish to receive Offertory Cards to place in the collection basket as a sign of my electronic giving.

If you choose to enroll by mail, you can contact Faith Direct at 1-866-507-8757 {toll-free} to set up online access to your account.

For Checking Account Debit: Please return this completed form and a voided check to Faith Direct Enrollment.

For Credit Card Debit: Please complete the following... VISA MasterCard American Express Discover

Credit Card #: _____ Expiration Date: _____

Print Name as Appears on Card: _____

Signature: _____

If you have any questions about the Faith Direct program, please contact us at 1-866-507-8757 {toll free} or info@faithdirect.net.