

# Lenten Day of Recollection

## Towards a Lenten Spirituality: Balancing Crucifixion and Resurrection

*The Lenten season provides powerful metaphors for our spiritual journey...suffering and woundedness balanced by healing and hopefulness. Only by disarming our hearts can we open ourselves to encounter the God of surprises and to embrace the Reign of God breaking through. Come apart, rest awhile, and practice seeing with new eyes.*

### **WHEN:**

Saturday, February 24, 2018

10:00am – 2:30pm

Break for 12:10pm Mass; luncheon to be provided

### **WHERE:**

St. Matthew's Cathedral

1725 Rhode Island Avenue, NW

Great Hall (entrance near the parking garage)

*1½ blocks from the Farragut North Metrorail red line station*



### **DIRECTED BY:**

#### **Bob McCarty, D.Min.**

Bob McCarty is a pastoral ministry consultant and trainer and has been in professional ministry since 1973, serving in parish, school, diocesan, and national settings. He offers workshops and training programs in ministry skills and issues internationally. Bob serves as chair of the board at Saint Mary's Press and he is the project coordinator for their research project, *Going, Going, Gone: The Dynamics of Disaffiliation in Young Catholics*. His recent books are *Thriving in Youth Ministry*, *The Vision of Catholic Youth Ministry: Fundamentals, Theory and Practice*, *Be A Champion for Youth: Standing With, By and For Young People*, co-authored with his wife, Maggie, and his newest book, *Raising Happy, Healthy and Holy Teenagers: A Primer for Parents*.

Bob is a volunteer in his parish youth ministry and catechetical program at St. Francis of Assisi Parish in Fulton, MD. Bob has a BS in Sociology/Theology from St. Joseph's University, an MA in Religious Education from LaSalle University and a D.Min. from the Graduate Theological Foundation in Indiana. Bob is adjunct faculty at The Catholic University of America, The University of Dallas, and at St. John's University, Collegeville, MN. His hobbies include rock climbing, cycling, and grandparenting!

**All are invited to this event, free of charge.**

For more information, please contact Theresa Prymuszewski, Pastoral Associate for Faith Formation, at [tprymuszewski@stmatthewscathedral.org](mailto:tprymuszewski@stmatthewscathedral.org) or at 202-587-5139.