



# Lenten Lecture Series

## Cathedral of St. Matthew the Apostle

### **PRAY ALL — WAYS**

*The three traditional pillars of Lenten observance are almsgiving, fasting, and prayer.*

*In his First Letter to the Thessalonians, Saint Paul exhorts: “**Pray without ceasing**” (5:17).*

*This year’s Lenten Lecture Series will focus on cultivating a richer attitude and practice of prayer in our daily lives.*

Week 1 (Wednesday, February 29 or Thursday, March 1)

#### **PRAYER IN THE CHRISTIAN LIFE**

**Dr. Edward McCormack**, Chair & Associate Professor of Spirituality,  
Washington Theological Union [Wednesday lecture]

**Br. Edward Ogden, OSFS**, Director of Formation, DeSales Hall,  
Oblates of St. Francis de Sales [Thursday lecture]

Week 2 (Wednesday, March 7 or Thursday, March 8)

#### **PRAYING TOGETHER**

**Deacon Augustine Marie Reisenauer, OP**, Dominican House of Studies

Week 3 (Wednesday, March 14 or Thursday, March 15)

#### **PRAYING ALONE**

**Mr. Louis J. Milone**, Director of Adult Faith Formation, St. John the Baptist Church, Silver Spring MD

Week 4 (Wednesday, March 21 or Thursday, March 22)

#### **PERSONALITY AND PRAYER**

**Ms. Heather Kinney**, Director of Faith Formation, Cathedral of St. Matthew the Apostle

Week 5 (Wednesday, March 28 or Thursday, March 29)

#### **PRAYING BETTER**

**Mrs. Lolita Jardeleza**, Prayer Minister, Academy of the Holy Cross, Kensington MD

Wednesday lectures: 12:45pm to 1:45pm

Thursday lectures: 7pm to 8pm

All lectures will be held in the North Conference Room.

Follow the directional signs to the lectures. Lectures are free and open to the public. Join us for any or all.

No RSVP necessary.

Questions? Email [hkinney@stmatthewscathedral.org](mailto:hkinney@stmatthewscathedral.org) or call 202-347-3215, x530.

Cathedral of St. Matthew the Apostle  
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Metro: Red Line to Farragut North (L Street exit)

Parking: limited metered street parking or public garage next to Cathedral  
(\$10 per hour before 4pm-\$16 daily max or \$5 flat fee after 4pm)