

Cathedral of St. Matthew the Apostle

Simple Lenten Meals

SOUP * BREAD * WATER



Every Friday during Lent
Following the 5:30pm Mass & the 6:00pm Stations of the Cross
North Conference Room

PRAYER

The Social Justice Committee invites you for fellowship and reflection during this time of Lent. Join us every Friday, following the evening Mass and Stations of the Cross.

FASTING

Different groups from various parish ministries will prepare and serve a simple meal of meatless soup, bread, and water.

ALMSGIVING

Charitable organizations will be invited to present on their mission and the services they provide to our neighbors in need. The donations that will be collected during every meal will be offered to that evening's presenter.

For more information on this year's participants, please visit: www.stmatthewscathedral.org

February 20

St. Matthew's Emergency Assistance Program

Helping families in need.

Meal Provider:

Social Justice & Community Service Committee

February 27

Catholic Mobilization Network

*Searching for an end to the death penalty
and upholding restorative justice.*

Meal Provider: RCIA Catechumens

March 6

Christ House

*Offering healing and hope for the homeless
in Washington.*

Meal Provider: Hispanic Community

March 13

L'Arche Community

*Offering a home for adults with
intellectual disabilities.*

Meal Provider: Cathedral Young Adults

March 20

Northwest Center

*Supporting mothers through their pregnancy center
and maternity home.*

Meal Provider: Knights of Columbus

March 27

Little Sisters of the Poor

Religious sisters caring for the elderly poor.

Meal Provider: Liturgy Committee