



## LENT 2023

### CATHEDRAL OF ST. MATTHEW THE APOSTLE

Washington, DC

Rev. Msgr. W. Ronald Jameson, Rector

Rev. John Benson, Parochial Vicar

Each year on Ash Wednesday, we are reminded that all we see and experience in our world will pass away. Our only hope is in the Lord, who will rescue and bring us to eternal life in Him. While we battle with the trials and sufferings of this world, God is constantly there to refresh us. My prayer for you this Lenten season is that you will reach out to the Lord with a spirit renewed through prayer and penance, with an ever-increasing awareness of the depth and power of His love and mercy. I hope this Lent will be a time when all of us will grow ever deeper in our love for the Lord Jesus and His Church.

Please join us to experience this season of penance and renewal through liturgies, musical events, prayer, lectures, and other programs here at the Cathedral.

For details on the liturgies and events listed below, visit our [Events Calendar webpage](#) and watch for our [weekly eletter updates](#).

—Rev. Msgr. W. Ronald Jameson, Rector

## FEBRUARY 22: ASH WEDNESDAY

*Schedule of Masses with the distribution of ashes:*

7:30AM, 11AM, 12:10PM (WILTON CARDINAL GREGORY), 1:15PM, 5:30PM, 7PM (en Español)

*Schedule for Stations of the Cross (Via Crucis):*

3PM, 8PM (en Español)

*Ashes will not be distributed outside of Mass. No confessions are scheduled today.*

## STATIONS OF THE CROSS (VIA CRUCIS)

The *Via Crucis* is a journey made in the Holy Spirit, the divine fire that burned in the heart of Jesus and brought him to Calvary. The Stations are prayed in English throughout Lent on Fridays at 6PM and in Spanish on Sundays at 2:15PM, and on Ash Wednesday and Good Friday at the times listed.

## LENTEN CONFESSIONS ~

In addition to the regularly scheduled Confessions, Confessions are heard during Eucharistic Holy Hours on Monday, February 27 and Monday, March 20 from 6 to 7PM, and on Wednesday of Holy Week, April 5, from 6:15 to 7PM.

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## LENTEN MUSIC ~

### LUNCHTIME ORGAN RECITAL

Wednesday, March 1, 12:40PM

JOY-LEILANI GARBUTT, Director of Music for St. Luke's Episcopal Church in San Francisco, gives a 45-minute recital on our Lively-Fulcher organ following the 12:10PM Mass. Dr. Garbutt will play works of five French women composers of the last century.

### PUERI CANTORES CHILDREN'S CHOIRS

Saturday, March 4, 5PM

Catholic Children's Choirs give a prelude concert and accompany the 5:30PM Vigil Mass, with WILTON CARDINAL GREGORY presiding.

## **REFLECTION ON THE LORD'S PASSION**

Good Friday, April 7, Noon

SARA FAIRBANKS, OP, PHD, Associate Professor of Theology and Preaching, Aquinas Institute of Theology, St. Louis, MO, gives a reflection on the Seven Last Words of Christ, joined by the SCHOLA CANTORUM.

*All musical programs are given in the Cathedral and are open to the public. Free-will donations are greatly appreciated. For more information, contact Thomas Stehle, Pastoral Associate for Liturgy and Director of Music Ministries, at [tstehle@stmatthewscathedral.org](mailto:tstehle@stmatthewscathedral.org).*

## **LENTEN MUSIC REFLECTON ~**

### **“THE MANY SOUNDS OF LENT”**

Thursday, March 2, 7PM

THOMAS STEHLE leads a musical and theological reflection on the hymns, motets, and chants of Lent in the North Conference Room. No previous musical experience is required to enjoy and appreciate the way that music can convey profound insights and promptings of the Spirit at this special time of year.

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## **LENTEN FAITH FORMATION ~**

### **MORNING RETREAT | “LETTING GO LIKE JESUS”**

Saturday, February 25, 9AM – 1PM

Letting go is crucial to living the Gospel, to transformation, and to authentic holiness. In this Morning Retreat, explore Gospel letting go through discussion, prayer, spiritual exercises, and meditation on Scripture, led by L.J. MILONE in the Great Hall of the Rectory.

### **SMALL GROUP REFLECTION**

Paulist Seminarian ZACHARY TURNER offers a small group reflection on the Sunday readings and other Lenten topics Mondays from 7 to 8PM on Zoom, beginning February 27 and ending on April 10. [Find Zoom link.](#)

### **MYSTICAL LECTURES ON THE BIBLE | SIRACH**

This series focuses on the Book of Sirach. Each session includes contemplative readings of Scripture, brief silent meditation, lectures, and sharing. Sessions are led by L.J. MILONE in the East Conference Room from 7 to 8:30PM on Tuesdays of Lent:

February 28 – Introduction to Sirach

March 7 – Sirach 1 – 10

March 14 – Sirach 11 – 20

March 21 – Sirach 21 - 30

March 28 – Sirach 31 - 40

April 4 – Sirach 41 – 51

### **CATHEDRAL BOOK CLUB**

Wednesday, March 1, 7 – 8PM

REV. JOHN HURLEY leads a discussion of “The Ascent to Joy: Selected Writings of John of the Cross,” introduced and edited by Fr. Marc Foley, OCD, in the West Conference Room.

### **“PURE RELEASE | MEISTER ECKHART'S WAY TO UNITY WITH GOD”**

In this series we reflect on the 14<sup>th</sup> century German mystic Meister Eckhart’s teaching on *gelassenheit* or releasement (meaning letting go/letting be) as the key to unity with God. Sessions are pre-recorded by L.J. MILONE for viewing on demand, with a live Q/A Zoom session rounding out the series.

On Demand sessions – Pre-recorded Zoom sessions. [Find Zoom links.](#)

Live Q/A Zoom session, Thursday, March 30, 7PM – [Find Zoom link.](#)

*For more information on our Faith Formation offerings, contact L.J. Milone, Director of Faith Formation, at [ljmilone@stmatthewscathedral.org](mailto:ljmilone@stmatthewscathedral.org).*

## OTHER LENTEN EVENTS ~

### SIMPLE LENTEN MEALS

Simple Lenten Meals are offered on Friday evenings of Lent in the North Conference Room following the 6PM Stations of the Cross. Each Friday a parish group sponsors a simple meal with the opportunity for almsgiving to a community-based charitable organization. For a list of the charities and the groups serving the meals, see the weekly Cathedral eletter updates during Lent or visit our [Lenten Giving webpage](#).

### ADDITIONAL ALMSGIVING OPPORTUNITIES

St. Matthew's Social Justice Committee offers several opportunities for charitable giving during Lent. Visit our [Lenten Giving webpage](#) for more information on the following:

Catholic Relief Services Rice Bowl

Lenten Food Drive with the John S. Mulholland Family Foundation

Adopt-a-Family Easter Gift Card Drive

*Are you looking for ways to use your time and gifts to help the community and those in need? Our Social Justice Ministries offer many ways to serve. For more information, contact Ricardo Tobar, Coordinator for Social Justice Ministries, or Fr. John Benson, Parochial Vicar, at [socialjustice@stmatthewscathedral.org](mailto:socialjustice@stmatthewscathedral.org).*

### † COMMUNAL PENANCE SERVICE

Tuesday, April 4, 12:10PM

Experience God's mercy and forgiveness at "Come Home for Easter," a communal penance service in the Cathedral, with REV. JOHN BENSON as presider, and many priests available for individual Confessions in multiple languages.

† Interpreted for the Deaf

### LITURGY OF THE HOURS

Communal prayer in the St. Anthony Chapel is open to all. Morning Prayer is prayed at 9AM on Holy Thursday, Good Friday, and Holy Saturday. On Holy Thursday, Night Prayer is prayed at 9:45PM. Prayer leaflets are provided.

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## HOLY WEEK 2023

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### APRIL 2: PALM SUNDAY

*Schedule of Masses with the distribution of palms:*

5:30PM (Saturday, April 1) REV. MSGR. W. RONALD JAMESON (cantor)

7AM REV. JOHN HURLEY

9AM REV. JIMMY HSU, CSP (cantor)

11AM WILTON CARDINAL GREGORY (choir), with Blessing of Palms

1PM CELEBRANT TO BE ANNOUNCED (en Español), with Blessing of Palms

5:30PM REV. JOHN BENSON (contemporary choir)

### APRIL 3: MONDAY OF HOLY WEEK

7:30AM Mass

8:30AM to 1PM *The Cathedral closes at 8:30AM and reopens at 1PM.*

† 2PM CHRISM MASS & BLESSING OF OILS, WILTON CARDINAL GREGORY, celebrant, concelebrated by the priests of the Archdiocese (choir)

5:30PM Mass

† Interpreted for the Deaf

### APRIL 4: TUESDAY OF HOLY WEEK

7:30AM Mass

11AM *No Confessions scheduled*

† 12:10PM COMMUNAL PENANCE SERVICE, REV. JOHN BENSON

5:30PM Mass

† Interpreted for the Deaf

## **APRIL 5: WEDNESDAY OF HOLY WEEK**

- 7:30AM Mass  
11AM to NOON Confessions  
12:10PM Mass  
5:30PM Mass  
6:15PM to 7PM Confessions  
7:30PM TENEBRAE (choir), REV. MSGR. W. RONALD JAMESON

## **APRIL 6: HOLY THURSDAY**

- 8AM *The Cathedral opens.*  
9AM Morning Prayer, St. Anthony Chapel  
11AM to NOON Confessions  
12:10PM MASS OF THE LORD'S SUPPER, REV. MSGR. W. RONALD JAMESON  
(contemporary choir)  
5:30PM SOLEMN MASS OF THE LORD'S SUPPER, WILTON CARDINAL GREGORY (choir),  
*Adoration of the Blessed Sacrament until 10PM*  
9:45PM Night Prayer, DEACON ERIC HERNANDEZ, CSP  
*The Cathedral closes at 10PM.*

## **APRIL 7: GOOD FRIDAY**

- 8AM *The Cathedral opens.*  
9AM Morning Prayer, St. Anthony Chapel  
11AM to NOON Confessions  
NOON REFLECTIONS ON THE LORD'S PASSION, SARA FAIRBANKS, OP, PhD,  
Associate Professor of Theology and Preaching, Aquinas Institute of Theology,  
St. Louis, MO  
1PM LITURGY OF THE LORD'S PASSION, WILTON CARDINAL GREGORY (choir)  
4PM LITURGIA DE LA PASIÓN DE N. S. JESUCRISTO, ADORACIÓN DE LA SANTA CRUZ, Y  
SANTA COMUNIÓN, CELEBRANT TO BE ANNOUNCED (en Español)  
7:30PM Stations of the Cross, REV. MSGR. W. RONALD JAMESON (in English)

## **APRIL 8: HOLY SATURDAY**

- 8AM *The Cathedral opens.*  
9AM Morning Prayer, St. Anthony Chapel  
11AM to NOON Confessions  
NOON to 7PM *No Masses during the day. The Cathedral closes at Noon & reopens at 7PM.*  
8PM EASTER VIGIL, WILTON CARDINAL GREGORY (choir)

## **APRIL 9: EASTER SUNDAY**

- Schedule of Masses:*  
7AM REV. JOHN HURLEY  
9AM WILTON CARDINAL GREGORY (choir)  
11AM REV. MSGR. W. RONALD JAMESON (choir)  
1PM REV. JOHN BENSON (en Español)  
5:30PM REV. TIMOTHY KESICKI, SJ (contemporary choir)  
*The Rectory is closed today & Easter Monday, April 10.*

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The Cathedral is located at 1725 Rhode Island Avenue, N.W., between Connecticut Avenue and 17<sup>th</sup> Street. The nearest Metro rail station is on the Red Line at Farragut North (L Street exit). Metro bus routes stop at Connecticut Avenue and M Street, a few hundred feet to the west of the Cathedral. Metro information can be obtained by contacting 202-637-7000 or [www.wmata.com](http://www.wmata.com).

For more information, contact the Rectory at 202-347-3215.