



**LAUDATO SI'  
WEEK 2024**



*Care for Creation*  
**GREEN TEAM**  
CATHEDRAL OF SAINT MATTHEW THE APOSTLE

Sponsored by the Dicastery For Promoting Integral Human Development

## **Seeds of Hope**

May 19-26, 2024

This [Laudato Si' Week](#) and **Pentecost**, let us gather in community to contemplate and nurture seeds of hope for our “suffering planet” (LD 2). **Laudate Deum** is a reminder about the urgency of the Laudato Si' message and the need for both personal and cultural transformation amidst our ecological and climate crises.

This year's [Laudato Si' Week](#) theme is inspired by the symbol for Season of Creation 2024, “Firstfruits.” Let us be seeds of hope in our lives and our world, rooted in faith and love.

“There are no lasting changes without cultural changes ... and there are no cultural changes without personal changes” (LD, 70)

Download the [Celebration Guide](#) and celebrate each day. Laudato Si'!

If you want to **celebrate with us**, join us each day from 12:00p-12:30p on [ZOOM](#)

Meeting ID: 861 8157 4570; call in: 301 715 8592 US (Washington DC)

Day 1 **Ecological Conversion** Sunday, May 19

Day 2 **Sustainable Transportation** Monday, May 20

Day 3 **Sustainable Food** Tuesday, May 21

Day 4 **Renewable Energy** Wednesday, May 22

Day 5 **Waste Reduction** Thursday, May 23

Day 6 **Water Conservation** Friday, May 24

Day 7 **Catechesis and Integral Ecology** Saturday, May 25

Day 8 **Reflection and Commitment** Sunday, May 26