Letting Go Like Jesus



9:00 AM – 1:00 PM Saturday, February 25 Great Hall

Letting go is crucial to living the Gospel, to transformation, and to authentic holiness. Further, society recognizes letting go as vital to our mental and emotional health. Life is better, richer, and more joyful when we can let go.

Jesu shows us how to let go and teaches us how to let go. Most of all, Christ Crucified reveals letting go as the ultimate path of his followers.

Through discussion, prayer, spiritual exercises, and meditation on Gospel passages we will explore Gospel letting go so we may know the joy of God's love in our lives.

All are invited to this event, free of charge. Led by L.J. Milone.

For more information, please contact L.J. Milone, Director of Faith Formation, ljmilone@stmatthewscathedral.org