

**Sunday, Jan 08, 2023**

### **Bless this mess**

Do a perimeter walk of your home. What do you see? Each room tells a story, every corner contains a chapter about who lives here and what happens between these walls. *Catholic Household Blessings and Prayers* recommends we bless our homes annually on Epiphany in imitation of the wise ones who once followed the divine presence to a humble dwelling. What sort of blessing might each area need? What requires a blessing: the kitchen table, living room sofa, or home office desk? A child's room or elder's sickbed? Don't forget the front door—the passageway to every other story that involves us.

SOLEMNITY OF THE EPIPHANY OF THE LORD

TODAY'S READINGS: Isaiah 60:1-6; Ephesians 3:2-3a, 5-6; Matthew 2:1-12 (20). *"Rise up in splendor, Jerusalem! Your light has come."*

**Monday, Jan 09, 2023**

### **Be a carrier of peace**

Pigeons and doves are different species within the same family of birds. The homing pigeon, also called the mail or carrier pigeon, is a variety bred for its ability to find its way home over extremely long distances of up to 1,000 miles or more. Because of this skill, they were used to carry messages throughout history. The dove, of course, is a symbol of peace and hope, and famously carried an olive branch to Noah on the Ark after the great flood. If you want to send a similar message, you don't have to go nearly as far. Just extend peace and hope across the dinner table or over the neighbor's fence.

FEAST OF THE BAPTISM OF THE LORD

TODAY'S READINGS: Isaiah 42:1-4, 6-7 or Acts 10:34-38; Matthew 3:13-17 (21). *"He saw the Spirit of God descending like a dove and coming upon him."*

**Tuesday, Jan 10, 2023**

### **Give peace every chance**

On this day in 1920, the Treaty of Versailles formally ended World War I. On this same day in 1946—following World War II—the UN General Assembly met for the very first time, gathering on church property at the Methodist Central Hall in London. And on January 10, 1984 the United States and Vatican City re-established full diplomatic relations after 117 years. It's not enough for Christians to worship the Prince of Peace. "We must work tirelessly to avoid war between nations and peoples," writes Pope Francis in *Fratelli Tutti* (On Fraternity and Social Friendship). "There is a need to ensure ... tireless recourse to negotiation, mediation, and arbitration." Learn more at Pax Christi USA.

FIRST WEEK IN ORDINARY TIME

TODAY'S READINGS: Hebrews 2:5-12; Mark 1:21-28 (306). *"The people were astonished at his teaching, for he taught them as one having authority and not as the scribes."*

**Wednesday, Jan 11, 2023**

### **Measure with mercy**

On this day in 314—or the day before; the history is unclear—Pope Saint Miltiades died after a life of historic twists and turns that would help define the Early Church. Born to North African parents, Miltiades was the second of the Catholic Church's three African popes, having been elected in 311, shortly after the end of the persecutions of Emperor Diocletian. As pope, Miltiades was most famous for rejecting the Donatists, who argued that apostates who

repent needed to be re-baptized (and re-ordained, if priests). In an age of manifestly imperfect priests, may we model Pope Miltiades' mercy and forgiveness for all the fallen—starting with ourselves!

TODAY'S READINGS: Hebrews 2:14-18; Mark 1:29-39 (307). *"They immediately told him about her. He approached, grasped her hand, and helped her up."*

**Thursday, Jan 12, 2023**

### **Pull back the curtain with contemplative prayer**

Fans of *The Wizard of Oz* relish the moment when a curtain is drawn and the Great and Terrible Oz is shown to be an ordinary man. In a way, the tradition of contemplative prayer is an attempt to pull back the curtain but with reverse results. Instead of seeing the wondrous as ordinary, contemplation is meant to move people to see the depth and intricacy and wonder of the ordinary. In other words, contemplative prayer wants us to see God's face everywhere. Consider the times when God's presence became tangible for you. Build a time into today to seek that presence.

TODAY'S READINGS: Hebrews 3:7-14; Mark 1:40-45 (308). *"Moved with pity, he stretched out his hand, touched the leper, and said to him, 'I do will it. Be made clean.'"*

**Friday, Jan 13, 2023**

### **The word is out**

Saint Hilary, born in Poitiers in southwest France in 315, had a learned education but was not raised Christian. Able to read the biblical languages, however, he was drawn to Christianity by the beauty and power of the prologue of the Gospel of John (John 1:1-18) and spent his life in strong defense of the divinity of Jesus, a controversial subject at the time. Recognition of his tireless efforts eventually earned him the high title of doctor of the church. Perhaps John's prologue has a word to speak to you as well. Why not dip into its powerful language today?

MEMORIAL OF HILARY, BISHOP, DOCTOR OF THE CHURCH

TODAY'S READINGS: Hebrews 4:1-5, 11; Mark 2:1-12 (309) *"Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, pick up your mat and walk'?"*

**Saturday, Jan 14, 2023**

### **Accepted unconditionally**

Levi was an outcast of his people. Because of his position at the Roman customs post, not only he but also his family were held in disdain. His alliance with the Romans was considered treasonous and his wealth ill-gotten. Levi had many character flaws, yet Jesus chose him as a disciple, and he accepted. This is good news for the outcasts of our generation, the people our society and sometimes our church counts as unacceptable. It's good news for all of us, to be honest, as we all fall short in one way or another. Thankfully, Jesus sees past our shortcomings. Imitate Jesus before judging others.

OPTIONAL MEMORIAL OF THE BLESSED VIRGIN MARY

TODAY'S READINGS: Hebrews 4:12-16; Mark 2:13-17 (310). *"I did not come to call the righteous but sinners."*

*Invest just five minutes a day, and your faith will deepen and grow—a day at a time*



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