

## PASTORAL FORMATION

Focus on opportunities for faith sharing, effective communication, collaboration and leadership skills development through:

### Landings



St. Matthew's Cathedral is a certified Landings parish providing "a safe place to land" for inactive Catholics seeking to participate more fully in the Catholic liturgy and sacraments. A small group of Catholics will gather in an open nonjudgmental setting to ask questions about Christ and the Catholic Faith. Call for a welcome interview.

### RENEW Small Faith Sharing Group

New groups and topics are selected throughout the year. Check the bulletin to register.

**The Cathedral Book Club**, led by Fr. Jack Hurley, meets on a quarterly basis on Monday evenings from 6:45 pm to 8:00 pm in the West Conference Room. Participants suggest upcoming book selections.

## ◆ CONSORTIUM OF FAITH ◆ FORMATION MINISTRIES MISSION STATEMENT

The Faith Formation Consortium unites representatives from the many and various ministries of our parish concerned with Christian education and spiritual enrichment. The Consortium's mission is to promote communication, sharing, evaluation, support, and planning for continual improvement and renewal. Consortium members are from diverse backgrounds and represent various parish ministries. Some are lifelong Catholics and others are new to the faith; there are men, women, married and single; some have families and children. The ministries represented are the Children's Sunday Faith Formation, RCIA, Landings, RENEW, Sacred Page, Saturday Bible Study, and the Book Club. As new ministries develop, representatives may be invited to join the Consortium. The mission is carried out through quarterly meetings, and communication, consultation, and actions between meetings.

For information on specific events, visit our website at [www.stmatthewscathedral.org](http://www.stmatthewscathedral.org) or contact

Convener: **Edward J. Damich**

Pastoral Council Liaison: Damien Gaul

Staff Liaison: **Theresa Prymuszewski**  
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### Stay connected with St. Matthew's!

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Twitter @msgjrjameson  
Instagram stmatthewsdc

## FAITH FORMATION 2019–2020



CATHEDRAL OF  
ST. MATTHEW  
THE APOSTLE

WASHINGTON, DC

REV. MSGR. W. RONALD JAMESON  
RECTOR

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The Cathedral of St. Matthew the Apostle provides ongoing Faith Formation throughout the lifespan. Our Faith Formation opportunities can be grouped according to the four standards derived from the United States Conference of Catholic Bishops' document, *Co-Workers in the Vineyard of the Lord*. Please come and see!

## SPIRITUAL FORMATION

Focus on opportunities to deepen one's understanding and experience of the liturgical life of the Church, schools of spirituality, and prayer through:

### **Advent and Lenten Days of Reflection**

Advent and Lenten Days of Reflection are usually convened on the Saturday before the First Sunday of Advent and Lent from 10:00 am to 3:00 pm. We break for the 12:10 pm Mass, followed by a luncheon that is provided. These seasonal days of reflection are led by Catholic ordained and laity, men and women recognized for their spiritual depth and ability to articulate their gifts through reflection and prayer.

### **The Pentecost Retreat**

The Pentecost Retreat is an annual Saturday Day of Reflection, June 1, 2019 during the Novena for Pentecost. Primarily for adults preparing for the Sacrament of Confirmation on Pentecost Sunday, June 9. This retreat focuses on the spirituality of the Holy Spirit. All are invited to participate.

### **Spiritual Direction**

Spiritual Direction is an ancient form of Christian listening, usually through one-on-one monthly conversations in which the person seeking spiritual direction shares something of his or her faith journey with another. Spiritual Direction is provided at St. Matthew's by Theresa Prymuszewski, who also provides referrals to other qualified spiritual directors in the area.

## HUMAN FORMATION

Focus on opportunities to discover and understand one's gifts, strengths, special charismas, how to work well with others, and the virtues of Christian Missionary Discipleship through:

### **The Catechist Formation Process**

The Catechist Formation Process extends itself to all adults desiring a deeper faith. Courses are taught throughout the year by Theresa Prymuszewski, an archdiocesan-approved instructor. Courses include: Living Catholic, Catechesis 101, Introduction to Scripture, Sacraments and Liturgy, Christian Morality, The Creed, and Prayer.

## INTELLECTUAL FORMATION

Focus on the opportunities to experience and deepen authentic Catholic theological understanding of the Creed, Sacraments, and Moral Teachings of the Catholic Church with the ability to articulate the substance of one's faith with others. Intellectual Formation is available through:

### **Sunday Children's Faith Formation**

Sunday Children's Faith Formation meets Sunday mornings from 9:45 am to 11:00 am in St. Matthew's Education Center located at 1726 N Street, NW throughout the school year for children in Kindergarten through Grade 8. Parents are invited to participate in adult faith formation sessions led by Cathedral seminarians while children meet with trained Catechists.

### **Rite of Christian Initiation of Adults (RCIA)**

RCIA is a process of spiritual, intellectual, and pastoral formation for unbaptized adults who would like to become Catholic, adult Christians baptized in another Christian tradition who wish to profess their faith as a Catholic Christian, and baptized adult Roman Catholics who would like to complete their initiation

in the Catholic Church through receiving their First Eucharist (First Holy Communion) and the Sacrament of Confirmation. RCIA meets on Wednesday from 7:00 pm to 9:00 pm in the North Conference Room. "Come and See"!

### **Saturday Bible Study**

Saturday Bible Study provides an opportunity to explore the Sacred Scriptures within a community of faith, led by Fr. Jack Hurley from 10:30 am to 11:45 am in the East Conference Room. Cake and coffee are provided. Many stay for the Saturday 12:10 am Mass.

### **Wednesday Evening Bible Study**

Wednesday Evening Bible Study meets throughout the academic year on Wednesdays from 7:00 pm to 8:00 pm in the West Conference Room. Sessions are led by Cathedral seminarians and focus on the upcoming Sunday Bible Mass readings.

**Seasonal Lectures** are held in the fall and during Lent. These evening lectures address a variety of current and timeless topics to deepen our Catholic Faith.

**Adult Confirmation Preparation** invites adult baptized Catholics who have received their First Eucharist (First Holy Communion) to attend preparation sessions on from 7:00 pm to 9:00 pm on specific Thursdays to prepare for the Sacrament of Confirmation. Attendance at the yearly Confirmation Retreat is also part of the process. The Sacrament of Confirmation for Adults is celebrated yearly on Pentecost Sunday, June 9, 2019.