



February 2019

My dear parishioners,

Lent is almost here! It begins on Ash Wednesday, **March 6**. The Lenten season is filled with many challenges and opportunities. The greatest of these is not to turn it into solely an individual journey, but to recognize it as a journey that we share with our faith family, the Church. Lent is for the Church, the people of God who make up the Mystical Body of Christ; as such, **we journey as one**.

As we start our Lenten journey, I would like to share a brief **reflection from Pope Francis**.

"I invite all Christians, everywhere, at this very moment, to a renewed personal encounter with Jesus Christ, or at least an openness to letting him encounter them. No one should think that this invitation is not meant for him or her, since no one is excluded from the joy brought by the Lord. The Lord does not disappoint those who take this risk. Whenever we take a step towards Jesus, we realize that he is already there, waiting for us with open arms.

In the life of every Christian after baptism, there is the experience of a personal encounter with Jesus Christ, who called me to follow him and share in his mission. I must try to discover in my heart the living memory of that call, when Jesus passed my way, gazed at me with mercy and asked me to follow him. This means reviving the memory of that moment when his eyes met mine and he made me realize that he loved me.

Jesus, help me draw closer to you and respond generously to your call."

—Pope Francis, "Take a Step Towards Jesus," from "Renew our Hearts: A Personal Invitation to Lenten Conversion by Pope Francis," All Saints Press 2016

We Need This Lent

During the past several months as the clergy sexual abuse crisis has unfolded, we have felt saddened, disappointed, betrayed. These months have been rough. How can we continue in the Church? How can we maintain our faith? Just the other day we learned that former Archbishop McCarrick has been defrocked; one part of the disastrous saga is done. Now we wait for a new archbishop here in Washington. **We wait. We pray. We hope.** But we still question. Where is Jesus in all of this?

We need Lent this year more than ever. **We need that renewed personal encounter with Jesus.** We need to remember that Jesus IS here, next to us, reaching out to us with open arms. Jesus is our only real hope. With a new archbishop we can look to the future, with Jesus. Together we can all walk together in building a **renewed Church** right here in our midst. Let us join together as brothers and sisters this Lent. Let us join in prayer and fellowship—reaching out to our brothers and sisters in the community—those hurting, those in need, those who are survivors, those who feel hopeless and abandoned. **Let us join together with Jesus.** Let us not waste this season of Lent, a season of grace, a season of hope leading to new life and resurrection. Now is indeed the acceptable time to hear the call to move on from darkness to new life.

Lenten Liturgies at the Cathedral

Lent is a special time in the life of a parish. There is no better way to heed the clarion call of Lent than to join the Church in the celebration of the liturgies. The prayers and readings—the Liturgy of

the Word—and the Liturgy of the Eucharist will give us the strength and the guidance to make the journey through the desert to the empty tomb of promise, to rise with Christ on Easter Sunday after having been plunged into his death at our Baptism. If we make the **journey with integrity**, then we will arrive at the tomb and see the future, and, indeed, share in his resurrection.

Take advantage of the ample opportunities to prepare for the great Feast of the Resurrection of the Lord. Enclosed is our Lenten brochure—keep it close at hand in the weeks ahead. And don't be shy about picking up an extra copy or two for your family, friends and co-workers.



On Ash Wednesday, **March 6**, we will wear the sign of penitence as a reminder of the need for our inner conversion, for the rending of our hearts, not our garments, and for our return to the Lord our God. (Joel 2:13). On Sunday, **March 10**, our **catechumens and candidates** will travel to the Basilica of the National Shrine of the Immaculate Conception to participate in the **Rite of Election**. Please keep these men and women in your prayers.

The **Stations of the Cross** in the form adopted by Pope John Paul II will be celebrated in English on the Fridays of Lent at 6pm and in Spanish on Sundays at 2:15pm. The Stations of the Cross, or Via Crucis, is a journey made in the Holy Spirit, the divine fire that burned in the heart of Jesus and brought him to Calvary. Join in this beautiful devotion, so fitting for Lent.

Each Wednesday of Lent beginning on **March 13**, priests will be available for **confessions** in both English and Spanish from 6:30pm until 8pm (and from 6:00pm to 7:15pm on Wednesday of Holy Week). We will continue our regularly scheduled confessions on weekdays, 11am to Noon and on Saturdays, 4pm to 5pm. On Tuesday, **April 16**, we will hold a **Communal Penance Service** at 12:10pm with at least 15 priests available for individual confessions.

Lenten Faith Formation Offerings

We hope to see you at our Lenten Faith Formation events—see the enclosed brochure for details. Highlights include our **Day of Recollection** on Saturday, **March 9** with **Fr. Gabriel Myers, O.S.B.**, a regular 10am Latin Mass celebrant and presenter of last year's Good Friday Reflection, on "**Dismantling Self-Righteousness, Getting Real: Lenten Gospels from Luke**," and a Tuesday evening **lecture series** entitled "**Metanoia**," focusing on Lenten themes of a transformative change of heart and spiritual conversion, with presentations by **Linda McDonald Budney, J.C.L.**, **Rev. Luke Melcher**, and **Robert J. Wicks, Psy.D.**

Know Someone Who Is Looking for Something? Maybe It's God

As you make your own Lenten preparations, I ask you to take advantage of the opportunity the season gives us to reach out to people who you know have drifted from their faith. Please, take a few minutes to think about people in your life who might appreciate a **special invitation to come back to Church**, for prayer, Mass or the Sacrament of Reconciliation.

The Lenten season is always a very busy one around the Cathedral. Please keep the staff and me in your prayers and be assured of my prayers and personal best wishes for a blessed season of Lent.

Sincerely yours in Christ,

A handwritten signature in black ink that reads "W. Ronald Jameson". The signature is written in a cursive, flowing style.

Rev. Msgr. W. Ronald Jameson
Rector

Enclosure

HOLY WEEK 2019

APRIL 14: PALM SUNDAY OF THE PASSION OF THE LORD

Schedule of Masses with the distribution of palms:

5:30PM (Saturday, April 13), 7AM, 8:30AM (cantor), 9:45AM Blessing of Palms followed by Mass at 10AM (choir), † 11:30AM (choir), 1PM Blessing of Palms followed by Mass (en Español), 5:30PM (contemporary choir)

APRIL 15: MONDAY OF HOLY WEEK

7AM Mass
8AM Mass
11AM to NOON Confessions
12:10PM Mass
1PM to 6PM *The Cathedral is closed & reopens at 6PM.*
† 7PM CHRISM MASS & BLESSING OF OILS (choir)

APRIL 16: TUESDAY OF HOLY WEEK

7AM Mass
7:30AM Morning Prayer, St. Anthony Chapel
8AM Mass
11AM *No Confessions scheduled*
† 12:10PM COMMUNAL PENANCE SERVICE
5:30PM Mass

APRIL 17: WEDNESDAY OF HOLY WEEK

7AM Mass
8AM Mass
11AM to NOON Confessions
12:10PM Mass
5:30PM Mass
6PM to 7:15PM Confessions
7:30PM TENEBRÆ (choir)
† Interpreted for the deaf

The summit of the Liturgical Year is the Easter Triduum—from the evening of Holy Thursday to the evening of Easter Sunday. Though chronologically three days, they are liturgically one day unfolding for us the unity of Christ's Paschal Mystery.

The single celebration of the Triduum marks the end of the Lenten season and leads to the Mass of the Resurrection of the Lord at the Easter Vigil.

APRIL 18: HOLY THURSDAY

8AM *The Cathedral opens.*
9AM Morning Prayer, St. Anthony Chapel
11AM to NOON Confessions
12:10PM MASS OF THE LORD'S SUPPER (contemporary choir)
† 5:30PM SOLEMN MASS OF THE LORD'S SUPPER (choir)
Adoration of the Blessed Sacrament until 10PM
9:45PM NIGHT PRAYER
The Cathedral closes at 10PM.

APRIL 19: GOOD FRIDAY OF THE PASSION OF THE LORD

8AM *The Cathedral opens.*
9AM Morning Prayer, St. Anthony Chapel
11AM to NOON Confessions
NOON REFLECTIONS ON THE LORD'S PASSION, REV. TIMOTHY O'BRIEN, S.J., Associate Pastor, Holy Trinity Catholic Church
† 1PM LITURGY OF THE LORD'S PASSION (choir)
4PM LITURGIA DE LA PASIÓN DE N.S. JESUCRISTO, ADORACIÓN DE LA SANTA CRUZ, Y SANTA COMUNIÓN (en Español)
7:30PM Stations of the Cross (in English)

APRIL 20: HOLY SATURDAY

8AM *The Cathedral opens.*
9AM Morning Prayer, St. Anthony Chapel
11AM to NOON Confessions
NOON to 7PM *No Masses. The Cathedral closes at Noon & reopens at 7PM.*
† 8PM MASS OF THE RESURRECTION OF THE LORD, EASTER VIGIL (choir)
Reception following in the North Conference Room

APRIL 21: EASTER SUNDAY OF THE RESURRECTION OF THE LORD

Schedule of Masses:

7AM, 8:30AM (cantor), 10AM (choir), † 11:30AM (choir), 1PM (en Español), 5:30PM (contemporary choir)

The rectory office is closed today and Easter Monday, April 22.

† Interpreted for the deaf

MASSES & CONFESSIONS

THROUGHOUT THE YEAR

Sunday Masses:

5:30PM Saturday Vigil Mass (cantor and organ)
7AM Mass
8:30AM Mass (cantor and organ)
10AM Mass in Latin – Ordinary Form (*Schola Cantorum* and organ*)
† 11:30AM Mass (Interpreted for the deaf, *Schola Cantorum* and organ*)
1PM Mass in Spanish (Spanish choir, instruments, piano and organ)
5:30PM Mass (Contemporary Choir except for two brief summer and winter breaks)

* The *Schola Cantorum* sings from the first Sunday after Labor Day until the Baptism of the Lord, and then again from Ash Wednesday until the Solemnity of Corpus Christi.

Weekday Masses:

7AM, 8AM, 12:10PM & 5:30PM

Saturday Masses:

8AM & 12:10PM

Masses on Federal holidays:

8AM & 12:10PM

Confessions (except Holy Days and Federal holidays):

Monday to Friday, 11AM to Noon

Saturday, 4 to 5PM or by appointment

Sundays at 2:15pm, immediately following the 1PM Spanish Mass

The Cathedral is located at 1725 Rhode Island Ave., N.W., between Connecticut Avenue and 17th Street. The nearest Metro rail station is on the Red Line at Farragut North (L Street exit). Metro bus routes stop at Connecticut Avenue and M Street, a few hundred feet to the west of the Cathedral. Metro information can be obtained by contacting 202-637-7000 or www.wmata.com.

For more information, contact the Rectory:

phone: 202-347-3215

fax: 202-347-7184

† Interpreted for the deaf

Email: cathstmatt@stmatthewscathedral.org

Website: www.stmatthewscathedral.org

Facebook:

www.facebook.com/st.matthews.cathedral

Twitter: @msgrjameson

Instagram: @stmatthewsdc

360° Virtual Tour: tour.stmatthewscathedral.org

LENT 2019



**CATHEDRAL OF
ST. MATTHEW THE APOSTLE**

Washington, DC

Rev. Msgr. W. Ronald Jameson

Rector

Rev. Agustín López

Parochial Vicar

Each year on Ash Wednesday, we are reminded that all we see and experience in our world will pass away. Our only hope is in the Lord, who will rescue and bring us to eternal life in Him. While we battle with the trials and sufferings of this world, God is constantly there to refresh us. My prayer for you this Lenten season is that you will reach out to the Lord with a spirit renewed through prayer and penance, with an ever-increasing awareness of the depth and power of His love and mercy. I hope this Lent will be a time when all of us will grow ever deeper in our love for the Lord Jesus and His Church.

Please join us to experience this season of penance and renewal through liturgies, musical events, prayer, lectures, and other programs here at the Cathedral
—Rev. Msgr. W. Ronald Jameson, Rector

MARCH 6: ASH WEDNESDAY

Schedule of Masses with the distribution of ashes:
7AM, 8AM, 11AM (cantor), † 12:10PM (choir),
1:15PM (cantor), 5:30PM (cantor), 7PM (en Español con cantor)

Schedule for Stations of the Cross (Via Crucis):
3PM, 8PM (en Español)

† Interpreted for the deaf

STATIONS OF THE CROSS (VIA CRUCIS)

The *Via Crucis* is a journey made in the Holy Spirit, the divine fire that burned in the heart of Jesus (*cf Luke 12:49-50*) and brought him to Calvary. The Stations in the form adopted by St. John Paul II are prayed during Lent on Fridays at 6PM (in English), on Sundays at 2:15PM (en Español), and on Ash Wednesday and Good Friday at the times listed.

LENTEN CONFESSIONS

In addition to the regularly scheduled Confessions (see back), Confessions are heard on Wednesdays of Lent (except Ash Wednesday) from 6:30 to 8PM, and on Wednesday of Holy Week from 6 to 7:15PM.

LENTEN MUSIC ~

LÆTARE VESPERS

Lætare Sunday, March 31, 4PM

This annual Lenten evening prayer is sung by the *Schola Cantorum* entirely in Gregorian plainchant with renaissance and later motets.

TENEBRÆ

Wednesday of Holy Week, April 17, 7:30PM
In this ancient and time-honored Liturgy of Tenebræ, the *Schola Cantorum* leads the assembly in the singing of psalms and canticles while soloists chant the traditional Lamentations of Jeremiah.

REFLECTIONS ON THE LORD’S PASSION

Good Friday, April 19, Noon
REV. TIMOTHY O’BRIEN, S.J., Associate Pastor, Holy Trinity Catholic Church, reflects on the Seven Last Words of Christ, joined by the *Schola Cantorum*.

All musical programs are given in the Cathedral and are open to the public. Free-will donations are greatly appreciated. For more information, contact Thomas Stehle, Pastoral Associate for Liturgy and Director of Music Ministries, at tstehle@stmatthewscathedral.org.

LENTEN FAITH FORMATION ~

DAY OF RECOLLECTION

“DISMANTLING SELF-RIGHTEOUSNESS, GETTING REAL: LENTEN GOSPELS FROM LUKE”

Saturday, March 9, 10AM – 3PM
REV. GABRIEL MYERS, O.S.B., Principal Musician and Junior Master for St. Anselm’s Abbey, leads our day of recollection in the Great Hall of the Rectory.

LECTURE SERIES

“METANOIA”

Our series focuses on our personal *metanoia* regarding a transformative change of heart and spiritual conversion that includes repentance. This Lent we *encounter* the world, ourselves, and our God through this new outlook. Let us *accompany* each other on this journey of faith. All lectures are held in the North Conference Room from 7 to 8PM.

Tuesday, March 12 – “Exploring *Co-Workers in the Vineyard*”

LINDA MCDONALD BUDNEY, J.C.L., canon lawyer, and consultant to the Sub-committee on Lay Ministry for the document, “Co-Workers in the Vineyard of the Lord”

Tuesday, March 26 – “The Transformative Power of the Mass: The Source and Summit of our Faith”

REV. LUKE MELCHER, Director of Textual Resources of the International Commission of English in the Liturgy

Tuesday, April 2 – “The Simple Care of a Hopeful Heart: Strengthening Your Inner Life in Challenging Times”

ROBERT J. WICKS, PSY.D., clinical psychologist, international speaker, and spiritual writer

STUDY OF THE GOSPEL OF LUKE

Rev. John Hurley leads a study of the Gospel of Luke on Saturdays, March 16 and 30 and April 6, in the East Conference Room from 10:30 to 11:45AM.

CATHEDRAL BOOK CLUB

Rev. John Hurley leads a discussion of “In the Name of Jesus: Reflections on Christian Leadership,” by Fr. Henri J. M. Nouwen, on Monday, March 11 at 6:45PM in the West Conference Room.

SACRED PAGE

Our Cathedral Seminarians lead this weekly study of the upcoming Sunday’s Scripture readings on Wednesdays of Lent (except March 13 and April 17), from 7 to 8PM in the West Conference Room.

INTRODUCTION TO SACRED SCRIPTURE

Come and deepen your understanding of sacred Scripture, guided by Theresa Prymuszewski, on Thursdays of Lent through April 11 in the North Conference Room from 6:30 to 9PM.

RENEW SMALL GROUPS

Small groups read “The Profession of Faith: What We Believe – A Faith Journey through the Catechism” and share weekly reflections. Groups meet Sundays of Lent through April 14 at 4PM in the East Conference Room, or Mondays of Lent through April 8 at 7PM at St. Matthew’s Education Center (1726 N Street, NW).

LANDINGS – A PAULIST RECONCILIATION MINISTRY AT ST. MATTHEW’S

We offer a welcoming ministry for returning Catholics, or those who “used to be Catholic,” in a small group setting with the opportunity to reexamine one’s faith and place in the Church. Contact Theresa Prymuszewski for a welcome conversation.

SPIRITUAL DIRECTION

Are you interested in deepening your relationship with God? Perhaps you would benefit from spiritual direction, an ancient form of Christian listening and accompaniment. We provide and refer interested

persons to qualified spiritual directors, who may be clergy, vowed religious or laypersons, for monthly meetings.

For more information on our Faith Formation offerings, contact Theresa Prymuszewski, Pastoral Associate for Faith Formation, at tprymuszewski@stmatthewscathedral.org.

OTHER LENTEN EVENTS ~ SIMPLE LENTEN MEALS

Simple Lenten Meals are offered on Friday evenings of Lent in the North Conference Room following the 6PM Stations of the Cross. Each Friday a parish group sponsors a simple meal with the opportunity for almsgiving to a community-based charitable organization. For a list of the charities and the groups serving the meals, see the bulletin or parish website.

Are you looking for ways to use your time and gifts to help the community and those in need? Our Social Justice Ministries offer many ways to serve. For more information, contact Fr. Agustín López, Parochial Vicar, and Norma Canedo, Coordinator for Social Justice Ministries, at socialjustice@stmatthewscathedral.org.

LIGHT THE CITY

Saturday, April 6, 7PM

Following a prayer service in the Cathedral, teams of volunteers head out on the streets and invite passersby inside to light a candle and pray. Come at 7PM for volunteer training, and from 8 to 11PM for street evangelization and prayer.

† COMMUNAL PENANCE SERVICE

Tuesday, April 16, 12:10PM

Experience God’s mercy and forgiveness at “Come Home for Easter,” a communal penance service in the Cathedral, with many priests available for individual Confessions in multiple languages.

LITURGY OF THE HOURS

Communal prayer in the St. Anthony Chapel is open to all. Morning Prayer is prayed at 7:30AM on Tuesdays and Fridays of Lent (except Good Friday) and at 9AM on Holy Thursday, Good Friday, and Holy Saturday. On Holy Thursday, Night Prayer is prayed at 9:45PM. Prayer leaflets are provided.

† Interpreted for the deaf