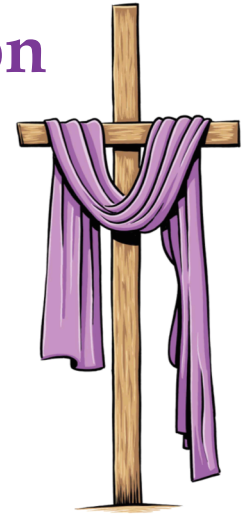


2019 Lenten Day of Recollection

Dismantling Self-Righteousness, Getting Real:
Lenten Gospels from St. Luke



WHEN: Saturday, March 9, 2019
10:00am – 3:00pm

WHERE: Cathedral of Matthew's
1725 Rhode Island Avenue, NW
Great Hall (entrance near the parking garage)
Two blocks north of the Farragut North (Red Line) Metro station
Four blocks north of the Farragut West (Orange, Silver and Blue Lines) Metro station

We will meditate on several gospel characters, trying to see ourselves in them. Given their flaws, this may not be too difficult! That is, if you are open to seeing, and, in a limited way, sharing your experiences. The point of any prayer, including scripture meditation, also known as “*lectio divina*” (divine reading), is to take our insights into “real” or everyday life. By reflecting with others, instead of going solo (which we often try to do in prayer), will help us take this leap.

CONFERENCE I: Admitting Error

CONFERENCE II: Guilty and Exposed
Break for 12:10pm Mass
Luncheon Provided

CONFERENCE III: No Escape



LED BY: Rev. Gabriel Myers, (Order of St. Benedict) O.S.B.

Father Gabriel Myers entered the Benedictine community of St. Anselm's Abbey in Washington, D.C. in 1987 at age 31. He was ordained by Cardinal Hickey at St. Matthew's Cathedral in 1999. He has taught in the abbey school, but is happiest in preparing the abbey's music and doing pastoral ministry. This includes presiding at the Sunday Latin Mass at the Cathedral each month. He likes books, biking, Bach, and listening to people.

All are invited to this event, free of charge. Free will donations are greatly appreciated.

For more information, please contact Theresa Prymuszewski, Pastoral Associate for Faith Formation, at tprymuszewski@stmatthewscathedral.org or at 202-587-5139.