

# LENT 2019



## CATHEDRAL OF ST. MATTHEW THE APOSTLE

Washington, DC

Rev. Msgr. W. Ronald Jameson  
Rector

Rev. Agustín López

Each year on Ash Wednesday, we are reminded that all we see and experience in our world will pass away. Our only hope is in the Lord, who will rescue and bring us to eternal life in Him. While we battle with the trials and sufferings of this world, God is constantly there to refresh us. My prayer for you this Lenten season is that you will reach out to the Lord with a spirit renewed through prayer and penance, with an ever-increasing awareness of the depth and power of His love and mercy. I hope this Lent will be a time when all of us will grow ever deeper in our love for the Lord Jesus and His Church.

Please join us to experience this season of penance and renewal through liturgies, musical events, prayer, lectures, and other programs here at the Cathedral

—Rev. Msgr. W. Ronald Jameson, Rector

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## MARCH 6: ASH WEDNESDAY

*Schedule of Masses with the distribution of ashes:*

7AM, 8AM, 11AM (cantor), † 12:10PM (choir), 1:15PM (cantor),  
5:30PM (cantor), 7PM (en Español con cantor)

*Schedule for Stations of the Cross (Via Crucis):*

3PM, 8PM (en Español)

† Interpreted for the deaf

## STATIONS OF THE CROSS (VIA CRUCIS)

The *Via Crucis* is a journey made in the Holy Spirit, the divine fire that burned in the heart of Jesus (*cf Luke 12:49-50*) and brought him to Calvary. The Stations in the form adopted by St. John Paul II are prayed during Lent on Fridays at 6PM (in English), on Sundays at 2:15PM (en Español), and on Ash Wednesday and Good Friday at the times listed.

## LENTEN CONFESSIONS

In addition to the regularly scheduled Confessions (see back), Confessions are heard on Wednesdays of Lent (except Ash Wednesday) from 6:30 to 8PM, and on Wednesday of Holy Week from 6 to 7:15PM.

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## LENTEN MUSIC ~

### LÆTARE VESPERS

Lætare Sunday, March 31, 4PM

This annual Lenten evening prayer is sung by the *Schola Cantorum* entirely in Gregorian plainchant with renaissance and later motets.

### TENEBRÆ

Wednesday of Holy Week, April 17, 7:30PM

In this ancient and time-honored Liturgy of Tenebræ, the *Schola Cantorum* leads the assembly in the singing of psalms and canticles while soloists chant the traditional Lamentations of Jeremiah.

### REFLECTIONS ON THE LORD'S PASSION

Good Friday, April 19, Noon

REV. TIMOTHY O'BRIEN, S.J., Associate Pastor, Holy Trinity Catholic Church, reflects on the Seven Last Words of Christ, joined by the *Schola Cantorum*.

*All musical programs are given in the Cathedral and are open to the public. Free-will donations are greatly appreciated. For more information, contact Thomas Stehle, Pastoral Associate for Liturgy and Director of Music Ministries, at [tstehle@stmatthewscathedral.org](mailto:tstehle@stmatthewscathedral.org).*

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## LENTEN FAITH FORMATION ~

### DAY OF RECOLLECTION

#### “DISMANTLING SELF-RIGHTEOUSNESS, GETTING REAL: LENTEN GOSPELS FROM LUKE”

Saturday, March 9, 10AM – 3PM

REV. GABRIEL MYERS, O.S.B., Principal Musician and Junior Master for St. Anselm's Abbey, leads our day of recollection in the Great Hall of the Rectory.

### LECTURE SERIES

#### “METANOIA”

Our series focuses on our personal *metanoia* regarding a transformative change of heart and spiritual conversion that includes repentance. This Lent we *encounter* the world, ourselves, and our God through this new outlook. Let us *accompany* each other on this journey of faith. All lectures are held in the North Conference Room from 7 to 8PM.

Tuesday, March 12 – “Exploring *Co-Workers in the Vineyard*”

LINDA MCDONALD BUDNEY, J.C.L., canon lawyer, and consultant to the Sub-committee on Lay Ministry for the document, “Co-Workers in the Vineyard of the Lord”

Tuesday, March 26 – “The Transformative Power of the Mass: The Source and Summit of our Faith”

REV. LUKE MELCHER, Director of Textual Resources of the International Commission of English in the Liturgy

Tuesday, April 2 – “The Simple Care of a Hopeful Heart: Strengthening Your Inner Life in Challenging Times”

ROBERT J. WICKS, PSY.D., clinical psychologist, international speaker, and spiritual writer

### STUDY OF THE GOSPEL OF LUKE

Rev. John Hurley leads a study of the Gospel of Luke on Saturdays, March 16 and 30 and April 6, in the East Conference Room from 10:30 to 11:45AM.

### CATHEDRAL BOOK CLUB

Rev. John Hurley leads a discussion of “In the Name of Jesus: Reflections on Christian Leadership,” by Fr. Henri J. M. Nouwen, on Monday, March 11 at 6:45PM in the West Conference Room.

### SACRED PAGE

Our Cathedral Seminarians lead this weekly study of the upcoming Sunday's Scripture readings on Wednesdays of Lent (except March 13 and April 17), from 7 to 8PM in the West Conference Room.

### INTRODUCTION TO SACRED SCRIPTURE

Come and deepen your understanding of sacred Scripture, guided by Theresa Prymuszewski, on Thursdays of Lent through April 11 in the North Conference Room from 6:30 to 9PM.

## RENEW SMALL GROUPS

Small groups read “The Profession of Faith: What We Believe – A Faith Journey through the Catechism” and share weekly reflections. Groups meet Sundays of Lent through April 14 at 4PM in the East Conference Room, or Mondays of Lent through April 8 at 7PM at St. Matthew’s Education Center (1726 N Street, NW).

## LANDINGS – A PAULIST RECONCILIATION MINISTRY AT ST. MATTHEW’S

We offer a welcoming ministry for returning Catholics, or those who “used to be Catholic,” in a small group setting with the opportunity to reexamine one’s faith and place in the Church. Contact Theresa Prymuszewski for a welcome conversation.

## SPIRITUAL DIRECTION

Are you interested in deepening your relationship with God? Perhaps you would benefit from spiritual direction, an ancient form of Christian listening and accompaniment. We provide and refer interested persons to qualified spiritual directors, who may be clergy, vowed religious or laypersons, for monthly meetings.

*For more information on our Faith Formation offerings, contact Theresa Prymuszewski, Pastoral Associate for Faith Formation, at [tprymuszewski@stmatthewscathedral.org](mailto:tprymuszewski@stmatthewscathedral.org).*

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## OTHER LENTEN EVENTS ~

### SIMPLE LENTEN MEALS

Simple Lenten Meals are offered on Friday evenings of Lent in the North Conference Room following the 6PM Stations of the Cross. Each Friday a parish group sponsors a simple meal with the opportunity for almsgiving to a community-based charitable organization. For a list of the charities and the groups serving the meals, see the bulletin or parish website.

*Are you looking for ways to use your time and gifts to help the community and those in need? Our Social Justice Ministries offer many ways to serve. For more information, contact Fr. Agustín López, Parochial Vicar, and Norma Canedo, Coordinator for Social Justice Ministries, at [socialjustice@stmatthewscathedral.org](mailto:socialjustice@stmatthewscathedral.org).*

### LIGHT THE CITY

Saturday, April 6, 7PM

Following a prayer service in the Cathedral, teams of volunteers head out on the streets and invite passersby inside to light a candle and pray. Come at 7PM for volunteer training, and from 8 to 11PM for street evangelization and prayer.

### † COMMUNAL PENANCE SERVICE

Tuesday, April 16, 12:10PM

Experience God’s mercy and forgiveness at “Come Home for Easter,” a communal penance service in the Cathedral, with many priests available for individual Confessions in multiple languages.

### LITURGY OF THE HOURS

Communal prayer in the St. Anthony Chapel is open to all. Morning Prayer is prayed at 7:30AM on Tuesdays and Fridays of Lent (except Good Friday) and at 9AM on Holy Thursday, Good Friday, and Holy Saturday. On Holy Thursday, Night Prayer is prayed at 9:45PM. Prayer leaflets are provided.

† Interpreted for the deaf

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## HOLY WEEK 2019

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### APRIL 14: PALM SUNDAY OF THE PASSION OF THE LORD

*Schedule of Masses with the distribution of palms:*

5:30PM (Saturday, April 13), 7AM, 8:30AM (cantor), 9:45AM Blessing of Palms followed by Mass at 10AM (choir), † 11:30AM (choir), 1PM Blessing of Palms followed by Mass (en Español), 5:30PM (contemporary choir)

### APRIL 15: MONDAY OF HOLY WEEK

7AM Mass

8AM Mass

11AM to NOON Confessions

12:10PM Mass

1PM to 6PM *The Cathedral is closed & reopens at 6PM.*

† 7PM CHRISM MASS & BLESSING OF OILS (choir)

### APRIL 16: TUESDAY OF HOLY WEEK

7AM Mass

7:30AM Morning Prayer, St. Anthony Chapel

8AM Mass

11AM *No Confessions scheduled*

† 12:10PM COMMUNAL PENANCE SERVICE

5:30PM Mass

### APRIL 17: WEDNESDAY OF HOLY WEEK

7AM Mass

8AM Mass

11AM to NOON Confessions

12:10PM Mass

5:30PM Mass

6PM to 7:15PM Confessions

7:30PM TENEBRÆ (choir)

*The summit of the Liturgical Year is the Easter Triduum—from the evening of Holy Thursday to the evening of Easter Sunday. Though chronologically three days, they are liturgically one day unfolding for us the unity of Christ’s Paschal Mystery. The single celebration of the Triduum marks the end of the Lenten season and leads to the Mass of the Resurrection of the Lord at the Easter Vigil.*

### APRIL 18: HOLY THURSDAY

8AM *The Cathedral opens.*

9AM Morning Prayer, St. Anthony Chapel

11AM to NOON Confessions

12:10PM MASS OF THE LORD’S SUPPER (contemporary choir)

† 5:30PM SOLEMN MASS OF THE LORD’S SUPPER (choir)

*Adoration of the Blessed Sacrament until 10PM*

9:45PM NIGHT PRAYER

*The Cathedral closes at 10PM.*

### APRIL 19: GOOD FRIDAY OF THE PASSION OF THE LORD

8AM *The Cathedral opens.*

9AM Morning Prayer, St. Anthony Chapel

11AM to NOON Confessions

NOON REFLECTIONS ON THE LORD’S PASSION, REV. TIMOTHY O’BRIEN, S.J., Associate Pastor, Holy Trinity Catholic Church

† 1PM LITURGY OF THE LORD’S PASSION (choir)

4PM LITURGIA DE LA PASIÓN DE N.S.

JESUCRISTO, ADORACIÓN DE LA SANTA CRUZ, Y SANTA COMUNIÓN (en Español)

7:30PM Stations of the Cross (in English)

**APRIL 20: HOLY SATURDAY**

8AM *The Cathedral opens.*

9AM Morning Prayer, St. Anthony Chapel

11AM to NOON Confessions

NOON to 7PM *No Masses. The Cathedral closes at Noon & reopens at 7PM.*

† 8PM MASS OF THE RESURRECTION OF THE LORD, EASTER VIGIL (choir)

*Reception following in the North Conference Room*

**APRIL 21: EASTER SUNDAY OF THE RESURRECTION OF THE LORD**

*Schedule of Masses:*

7AM, 8:30AM (cantor), 10AM (choir), † 11:30AM (choir),

1PM (en Español), 5:30PM (contemporary choir)

*The rectory office is closed today and Easter Monday, April 22.*

† Interpreted for the deaf

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**MASSES & CONFESSIONS THROUGHOUT THE YEAR**

**Sunday Masses:**

5:30PM Saturday Vigil Mass (cantor and organ)

7AM Mass

8:30AM Mass (cantor and organ)

10AM Mass in Latin – Ordinary Form (*Schola Cantorum* and organ\*)

† 11:30AM Mass (Interpreted for the deaf, *Schola Cantorum* and organ\*)

1PM Mass in Spanish (Spanish choir, instruments, piano and organ)

5:30PM Mass (Contemporary Choir except for two brief summer and winter breaks)

\* The *Schola Cantorum* sings from the first Sunday after Labor Day until the Baptism of the Lord, and then again from Ash Wednesday until the Solemnity of Corpus Christi.

**Weekday Masses:**

7AM, 8AM, 12:10PM & 5:30PM

**Saturday Masses:**

8AM & 12:10PM

**Masses on Federal holidays:**

8AM & 12:10PM

**Confessions** (except Holy Days and Federal holidays):

Monday to Friday, 11AM to Noon

Saturday, 4 to 5PM or by appointment

Sundays at 2:15pm, immediately following the 1PM Spanish Mass

The Cathedral is located at 1725 Rhode Island Ave., N.W., between Connecticut Avenue and 17<sup>th</sup> Street. The nearest Metro rail station is on the Red Line at Farragut North (L Street exit). Metro bus routes stop at Connecticut Avenue and M Street, a few hundred feet to the west of the Cathedral. Metro information can be obtained by contacting 202-637-7000 or [www.wmata.com](http://www.wmata.com).

For more information, contact the Rectory:

phone: 202-347-3215

fax: 202-347-7184

† Interpreted for the deaf