Nothing but God



A Morning Retreat on ZOOM

9:00 AM – 1:00 PM, Saturday, October 1

Join us for a taste of the transformative spirituality of Meister Eckhart, a radical mystic who lived in medieval Germany. He teaches letting go, our already given unity with God, and the change that comes from breaking through all obstacles to God's love.

We will explore Meister Eckhart's mysticism with prayer, spiritual exercises, discussion, and excerpts from his engaging sermons.

Register in advance for this meeting:

https://us06web.zoom.us/meeting/register/tZYrfuqvpjgvHdebghkyMW081FyKkUFVayjY After registering, you will receive a confirmation email containing information about joining the meeting.

All are invited to this event, free of charge. Led by L.J. Milone.

For more information, please contact L.J. Milone, Director of Faith Formation, <u>ljmilone@stmatthewscathedral.org</u>