

BENEDICTION

Tantum ergo Sacramentum
Veneremur cernui,
Et antiquum documentum
Novo cedat ritui,
Praestet fides supplementum
Sensuum defectui.

Genitori, Genitoque
Laus et iubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.

CELEBRANT: Panem de coelo praestitisti eis;
ALL: **Omne delectamentum in se habentem.**

CELEBRANT: Oremus; Deus, qui nobis sub Sacramento
mirabili Passionis tuae memoriam reliquisti; tribue, quaesumus, ita nos
Corporis et Sanguinis tui sacra mysteria venerari, ut redemptionis tuae
fructum in nobis iugiter sentiamus: Qui vivis et regnas in saecula
saeculorum. Amen.

THE DIVINE PRAISES

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be His Most Sacred Heart
Blessed be His Most Precious Blood..
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His angels and in His Saints.

Page 614 – Red Book
“Holy God, We Praise Thy Name”

REPRODUCTION

**The Reparation Society of the
Immaculate Heart of Mary**



1917 Apparition of Our Lady of Fatima
to Lucia, Francisco, Jacinta

FIRST SATURDAY DEVOTION: “I promise to assist at the hour of
death with all the graces necessary for salvation, whoever, on the first
Saturday of five consecutive months, *confess, receive Holy Communion,*
recite 5 decades of the Rosary, and keep me company for 15 minutes,
while meditating on the Mysteries, with the intention of making
reparation to my Immaculate Heart.”

**The Cathedral of St. Matthew the Apostle
1725 Rhode Island Avenue, NW
Washington DC 20036**

HOLY HOUR

HYMN FOR EXPOSITION

O Salutaris Hostia
Quae coeli pandis ostium
Bella premunt hostilia
Da robur fer auxilium

Uni trinoque Domino
Sit sempiterna gloria
Qui vitam sine termino
Nobis donet in patria.

Amen.

PRAYER OF THE ANGEL

My God, I believe, I adore, I hope, and I love You. I ask Your pardon for those who do not believe, do not adore, do not hope, and do not love You.

Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly, and offer You the Most Precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the earth, in reparation for the outrages, sacrileges, and indifferences by which He Himself is offended. And by the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg of You the conversion of poor sinners.

THE HOLY ROSARY

After each decade: O my Jesus, forgive us our sins,
save us from the fires of hell and lead all souls to Heaven,
especially those in most need of Your mercy.

call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one shepherd.

Grant, O Lord, to Your Church, assurance of freedom and immunity from harm; to all nations give an ordered tranquility; bring it to pass that from pole to pole the earth may resound with one cry: Praise to the Divine Heart that wrought our salvation; to it be glory and honor forever. Amen.

PRAYER FOR OUR HOLY FATHER

ALL: Lord Jesus, shelter our Holy Father, the Pope, under the protection of Your Sacred Heart. Be his light, his strength, and his consolation.

O God, the Pastor and Ruler of all Your faithful people, mercifully look down upon Your servant, Pope _____, whom You have chosen as the Chief Shepherd to preside over Your Church; grant that he may so edify, both by word and example, those over whom he has charge, that he may attain everlasting life, together with the flock committed to his care. Through Christ Our Lord. Amen.

PRAYER FOR PRIESTS

ALL: O Jesus, eternal High Priest, Divine Sacrificer, You Who in an unspeakable burst of love for men, Your brethren, caused the Christian priesthood to spring forth from Your Sacred Heart, pour forth upon Your priests continual living streams of infinite love.

O Blessed Mother, by the sorrow your soul experienced when you met your Jesus bent beneath His heavy cross and followed His bloodstained footsteps to Calvary; obtain for priests the grace to bear their crosses willingly and joyfully in union with their Divine Master. Amen.

**MARY IMMACULATE, PATRONESS OF
THE UNITED STATES, PRAY FOR US.**

LITANY OF THE SACRED HEART

Lord, have mercy on us.
Lord have mercy on us. Christ hear us.
God the Father of heaven,
God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, one God,

Christ, have mercy on us.
Christ, graciously hear us.
have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.

God the Father of Heaven,
God the Son, Redeemer of the world,
God, the Holy Spirit,
Holy Trinity, One God,

have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.

Heart of Jesus, Son of the Eternal Father,

have mercy on us. [ETC.]

Lamb of God, You take away the sins of the world,
Lamb of God, ...
Lamb of God, ...

spare us, O Lord.
graciously hear us, O Lord.
have mercy on us, O Lord.

Jesus, meek and humble of heart.

**make our hearts like to
Thine.**

CELEBRANT: Let us pray. Almighty and eternal God, look upon the Heart of Your most beloved Son and upon the praises and satisfaction which He offers You in the name of sinners; and through Your great goodness, grant them pardon when they seek Your mercy, in the name of the same Jesus Christ, Your Son, who lives and reigns with You forever and ever. Amen.

ACT OF CONSECRATION TO THE SACRED HEART OF JESUS

ALL: Most sweet Jesus, Redeemer of the human race, look down upon us, humbly prostrate before Your altar. We are Yours and Yours we wish to be; but to be more surely united with You, behold each one of us today freely consecrates himself to Your Most Sacred Heart. Many, indeed, have never known you; many, too, despising your precepts, have rejected You. Have mercy on them all, most merciful Jesus, and draw them to Your Sacred Heart.

Be Thou King, O Lord, not only of the faithful who have never forsaken You, but also of the prodigal children who have abandoned You; grant that they may quickly return to their Father's house, lest they die of wretchedness and hunger. Be King of those whom heresy holds in error, or whom discord keeps aloof;

PRAYER FOR OUR GOVERNMENT & COUNTRY

Most Holy Trinity, we put the United States of America into the hands of Mary Immaculate in order that she may present the country to You. Through her we wish to thank You for the great resources of this land and for the freedom which has been its heritage. Through the intercession of Mary, have mercy on the Catholic Church in America. Grant us peace. Have mercy on our president and on all the officers of our government. Grant us a fruitful economy born of justice and labor. Protect the family life of the nation. Guard the innocence of our children. Guard the precious gift of many religious vocations. Through the intercession of our Mother, have mercy on the sick, the poor, the tempted, sinners, on all who are in need.

Mary, Immaculate Virgin, our Mother, Patroness of our land, we praise you and honor you and give ourselves to you. Protect us from every harm. Pray for us, that acting always according to your will and the Will of your Divine Son, we may live and die pleasing to God. Amen.

PRAYER TO ST. MICHAEL

St. Michael the Archangel, defend us in battle; be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world for the ruin of souls. Amen.

LITANY OF LORETO

Lord, have mercy on us...

Lord, have mercy on us; Christ hear us...

God the Father of heaven,

God the Son, Redeemer of the world,

God the Holy Spirit,

Holy Trinity, one God,

Christ, have mercy on us.

Christ, graciously hear us.

have mercy on us.

have mercy on us.

have mercy on us.

have mercy on us.



Holy Mary, **(Pray for us)**
 Holy Mother of God,
 Holy Virgin of Virgins,
 Mother of Christ,
 Mother of divine grace,
 Mother most pure,
 Mother most chaste,
 Mother inviolate,
 Mother undefiled,
 Mother most amiable,
 Mother most admirable,
 Mother of good counsel,
 Mother of our Creator,
 Mother of our Savior,
 Virgin most prudent,
 Virgin most venerable,
 Virgin most renowned,
 Virgin most powerful,
 Virgin most merciful,
 Virgin most faithful,
 Mirror of Justice,
 Seat of Wisdom,
 Cause of our joy
 Spiritual vessel,
 Vessel of honor,

Singular vessel of devotion,
 Mystical Rose,
 Tower of David,
 Tower of Ivory,
 House of Gold,
 Ark of the Covenant,
 Gate of Heaven,
 Morning star,
 Health of the sick,
 Refuge of sinners,
 Comforter of the afflicted,
 Help of Christians,
 Queen of Angels,
 Queen of Patriarchs,
 Queen of Prophets,
 Queen of Apostles,
 Queen of Martyrs,
 Queen of Confessors,
 Queen of Virgins,
 Queen of all Saints,
 Queen conceived without original sin,
 Queen assumed into heaven,
 Queen of the Most Holy Rosary,
 Queen of peace,

Lamb of God, You take away the sins of the world, **spare us, O Lord.**
 Lamb of God,... **graciously hear us, O Lord.**
 Lamb of God,... **have mercy on us.**

LEADER: **Pray for us, O Holy Mother of God.**
 ALL: **That we may be made worthy of the promises of Christ.**

LEADER: Grant, O Lord God, unto us, Your servants, that we may rejoice in continual health of mind and body, and, by the glorious intercession of Blessed Mary, ever Virgin, may we be freed from present sadness, and enter into the joy of Your eternal gladness. Through Christ our Lord. Amen.

ACT OF CONSECRATION OF THE IMMACULATE HEART OF MARY

O Immaculate Heart of Mary, Queen of Heaven and Earth, and tender Mother of men, in accordance with your ardent wish made known at Fatima, I consecrate to your Immaculate Heart myself, my brethren, my country and the whole human race.

Reign over us and teach us how to make the Heart of Jesus reign and triumph in us even as It has reigned and triumphed in You.

Reign over us, dearest Mother, that we may be yours in prosperity and in adversity, in joy and in sorrow, in health and in sickness, in life and in death. O most compassionate Heart of Mary, Queen of virgins, watch over our minds and hearts and preserve them from the impurity which you so sorrowfully lamented at Fatima. We want to be pure like you. We want to atone for the many crimes committed against Jesus and you. We want to call down upon our country and upon the whole world the peace of God in justice and charity.

Therefore, we now promise to imitate your virtues by the practice of a Christian life without regard to human respect. We resolve to receive Holy Communion on the first Saturdays of every month, and to offer five decades of the Rosary each day, together with our sacrifices, in the spirit of reparation and penance. Amen.

PRAYER FOR WORLD PEACE

Oh, Immaculate Heart! Help us to conquer the menace of evil, which so easily takes root in the hearts of the people of today, and whose immeasurable effects already weigh down upon our modern world and seem to block the paths towards the future!

From famine and nuclear war, deliver us! From incalculable self-destruction, from every kind of war, deliver us! From sins against the life of man from its very beginning, deliver us! From hatred and from the demeaning of the dignity of the children of God, deliver us! From every kind of injustice in the life of society, both national and international, deliver us! From readiness to trample on the commandments of God, deliver us! From attempts to stifle in human hearts the very truth of God, deliver us! From sins against the Holy Spirit, deliver us!

(Pope John Paul II, May 13, 1982 – Fatima)